

Guidance for Parents

Parents, please follow the guidance below, which will help us provide a safe environment for our swimmers and staff. Our organization is implementing numerous policies and procedures to comply with various state, local and industry guidance documents.

Please contact Ryan Jones, Aquatics Director, at director@rocklinswimteam.org with any concerns or questions.

Before Practice:

- Participation in the Summer Clinic or Swim Lessons is voluntary, there is no requirement for any former/current Wave or Mavs swimmer to participate. Please keep your child at home if you are not comfortable with your swimmer participating in our programs at this time.
- Participants that are sick or have any flu-like symptoms must stay home. Written clearance from a physician is required before returning to swim. For a complete and current list of COVID-19 symptoms, please visit www.cdc.gov.
- Participants that have been confirmed to have COVID-19, or have been in close contact with someone that has been confirmed to have COVID-19 must stay home. Written clearance from a physician is required before returning to swim.
- Have your swimmer thoroughly wash their hands before entering the pool facility.
- Water/drink bottles should be clearly marked with your child's name. Drinking fountains will be closed.
- Although restrooms will be provided, we ask that you please have your child use the restroom before arriving at the pool to minimize the use of the public restrooms. Hand sanitizer will be available at both pool locations.
- Locker rooms will be closed. Swimmers must arrive ready to enter the pool.
- Swim bags and other swim equipment (fins, kickboards, etc.) are not required and should be left at home unless instructed by RST staff.

Drop Off and Pick Up:

- We will be using a one-way flow of traffic for swimmers and parents. These will be clearly marked at each location.
- When possible, please drop your athlete and remain in your vehicle to minimize the risk of community spread.
- We understand that with many of our younger swimmers, parents will remain on the premises.
 - There will be a parent waiting area with direct visibility to the pools.
 - We ask that you remain in this area and do not enter the staff/swimmer area unless instructed to do so by RST staff or board member.
 - Always maintain social distancing with others not part of your household.
 - While face coverings are always strongly encouraged, compliance with current state regulations is mandatory.
- Do not arrive early more than 10 minutes early and wait for admittance to the facility. Adhere to social distancing at all times.
- Please depart the parking lot immediately after practice ends. Do not linger after practice ends.
- Have your child wash their hands and/or use hand sanitizer immediately after their lesson or clinic.