SWIM LESSONS

Our non-profit provides aquatics programs for our community at Rocklin High School pool. Register www.rocklinswimteam.org or call 916-975-5130!

SUMMER LESSONS

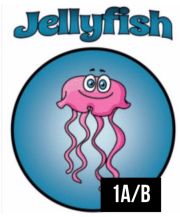
Weeknight 30 minute sessions (generally Monday to Thursday) over a 2-week period at Rocklin High School pool at 4:30, 5, 5:30, 6, or 6:30pm (8 classes). We also offer adult lessons as well as adaptive lessons for those living with disabilities.

Session I: June 10-21 (no class 6/18) **Session II**: June 24-July 5 (no class 7/4)
Session III: July 8-18 **Session IV**: July 22-August 1
Group: $85, Private: $225, Adaptive: $110

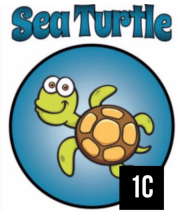
Parent/Tot Ages 6-36 mo

Preschool Ages 3-5

Advanced Preschool Ages 3-5

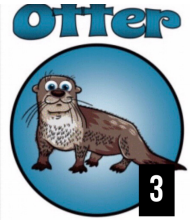


Beginner Ages 5-9

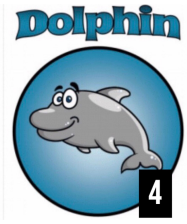


Advanced Beginner Ages 6-14

Intermediate Ages 6-14



Develop Strokes Ages 6-14



Refine Strokes Ages 6-14

Pre-Competitive Ages 4-6

Adaptive Ages 3+

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