



# *2019 NCSA Summer Swimming Championships*

*Meet Announcement  
Summer Championships – Indiana University Natatorium  
Indianapolis, IN  
August 6-10, 2019*

<https://www.teamunify.com/Home.jsp?team=recndncaa>

**2019 NCSA SUMMER SWIMMING CHAMPIONSHIPS**  
**Indiana University Natatorium - Indianapolis, IN**  
**Tuesday-Saturday, August 6-10, 2019**

**SANCTIONED BY:** USA Swimming & Indiana Swimming - TBD; Time Trial – TBD

**HOST/SPONSOR:** National Club Swimming Association, Inc. (NCSA)

**MEET REFEREE:** Dave Olack; [daolack@yahoo.com](mailto:daolack@yahoo.com); 980-406-9509

**ADMIN REFEREE:** Lisa Olack; [olack.lisa@gmail.com](mailto:olack.lisa@gmail.com); 704-577-5002

**MEET DIRECTOR:** Ahern Naylis; [NCSASummerchamps@gmail.com](mailto:NCSASummerchamps@gmail.com); 248-798-4187

**ENTRY COORDINATOR:** Kevin Milak; [kevinmilak@gmail.com](mailto:kevinmilak@gmail.com); 832-233-0234

**FACILITY:** Indiana University Natatorium  
On the campus of IUPUI  
901 West New York Street  
Indianapolis, IN 46202  
Facility Contact: Ed Merkling; 317-274-6783; [emerklin@iupui.edu](mailto:emerklin@iupui.edu)

The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

Competition Pool: Eight-lane, 50-meter pool with a depth ranging from 9' - 10', Kiefer-McNeil non-turbulent lane lines with custom designed starting blocks, Colorado electronic timing equipment, and Daktronics scoreboard.

Diving Well: Seven-lane, 25-yard pool; water depth 17'

Instructional Pool: Six-lane, 50-meter pool; water depth ranging from 4.5' – 10'

Locker rooms are located on both the east and west sides of the pool deck. The IU Natatorium has a seating capacity of approximately 4,700 spectators which includes a handicap accessible section in the west seating area. Concessions will be sold on the main concourse of the facility, and parking is available in the attached garage. The meet and local hosts have no control over pricing for concessions or parking, both of which are managed by IUPUI, nor does the host receive any revenues from either source.

**ELIGIBILITY:**

USA Swimming Registered athletes, aged 18 years of age and younger, as of the first day of the meet. Relay only swimmers must be included in the athlete registration with your team; please designate these swimmers as "relay only".

**QUALIFYING TIMES:**

Times must be achieved between January 1, 2018, and July 29, 2019, dates inclusive. Long Course Meters (LCM) qualifying times will be seeded first, followed by Short Course Meters (SCM) qualifying times, then Short Course Yards (SCY) qualifying times. Swimmers may compete in no more than three (3) individual events per day. All qualifying individual and relay times must be provable in the USA Swimming SWIMS database. There are no Upper Time Limits for this meet. Swimmers may qualify for the distance freestyle events with either the 800, 1500, 1000, or 1650 time standard. Swimmers entering with alternate distance standards will be seeded last. Times not provable in the USA Swimming SWIMS database will be subject to a fine established by NCSA and the swimmer or relay will be scratched and not seeded into the event.

**BONUS EVENTS:**

Bonus entries are permitted if a swimmer has at least one individual event qualifying time. A swimmer with one (1) qualifying time may enter up to three (3) bonus swims; two (2) qualifying times, a swimmer may enter up to two (2) bonus swims; three (3) qualifying times, up to one (1) bonus swim may be entered, and swimmers with four (4) or more qualifying times receives NO bonus swims.

ALL bonus swims must be in events that are 200 meters or less in distance except for the 400 free and 400 IM. To enter the 400 freestyle or 400 IM events as a bonus, the swimmer must have the qualifying time as stated below and verified in the USA Swimming SWIMS database:

Women		Event	Men	
SCY	LCM		SCY	LCM
5:04.99	4:32.89	400/500 Free	4:44.59	4:14.79
5:34.99	5:10.99	400 Individual Medley	4:13.09	4:48.89

ALL bonus swim entries must be in LCM times and verifiable in the USA Swimming SWIMS database except the 400 free and 400 IM. A swimmer entering the 400 free or 400 IM may enter in SCY if they meet the qualifying time as stated above and it is verified in the USA Swimming SWIMS database

**TIME TRIALS:**

Open to any swimmer who swims in any event (including relays). Swimmers are limited to two (2) time trial events for the meet. Time trials count towards a swimmer's individual daily total. Time Trial entries are \$10/individual events and are payable with CASH ONLY on deck at the Clerk of Course. Time Trial participants must provide their own timer and counter, if applicable. Time Trials will be run long course meters and will begin 15 minutes following the conclusion of each day's preliminary session with the current day's events swum first followed by subsequent days' events then any preceding days. The 800 and 1500 freestyle will be offered on a day decided upon by the meet referee and will be announced prior to or during the general meeting.

There will be a time cap on time trials each day dependent upon timelines for the preliminary sessions. The caps will be announced at the general meeting. Time trials will be offered on Tuesday, Wednesday, Thursday, and Friday, with daily sign-ups for that day's events only between 7 AM and 10 AM or until the time cap is reached.

**DEADLINE AND MEETING SUMMARY:**

<b>For:</b>	<b>Date:</b>	<b>Time (all times are EST):</b>
<b>Athlete Registration:</b>		
Tier One: Begins Ends Registration payment due	Tuesday, May 7, 2019 Friday, May 10, 2019 Sunday, May 12, 2019	10:00 AM 11:59 PM 11:59 PM
Tier Two: Begins Ends Registration payment due	Tuesday, May 14, 2019 Friday, May 17, 2019 Sunday, May 19, 2019	10:00 AM 11:59 PM 11:59 PM
Tier Three: Begins Ends Registration payment due	Tuesday, May 21, 2019 When meet reaches cap 48 hours after acceptance	10:00 AM -- --
<b>Entries:</b>		
OME Opens OME Closes	Tuesday, July 23, 2019 Tuesday, July 30, 2019	10:00 AM 11:59 PM
Late Entry Due (for new swimmers qualifying between July 24 and July 29 - OME)	Monday, August 5, 2019	9:00 AM
General Meeting-Hospitality Room	Monday, August 5, 2019	5:00 PM
Scratch deadline for Tuesday's events	Monday, August 5, 2019	15 min. after general meeting
Scratch deadline for Wednesday, Thursday, Friday, and Saturday's events	Night before the scheduled events	30 minutes after the final session begins

## **MEET ENTRY**

### **ATHLETE RESERVATIONS:**

#### **Tier One:**

Athlete registration – for teams that attended the Summer Champs in 2018. Registration will begin and end according to the Deadline and Meet Summary above. Reservation form is on the website, once you submit the form, an invoice will be sent to pay online with a credit card. Reservation payment must be completed by the date and time listed in the Deadline and Meet Summary above, so we can calculate space for future reservations.

#### **Tier Two:**

Athlete registration – for teams that attended the Summer Champs in 2014-2017. Registration will begin and end according to the Deadline and Meet Summary above. Reservation form is on the website, once you submit the form, an invoice will be sent to pay online with a credit card. Reservation payment must be completed by the date and time listed in the Deadline and Meet Summary above, so we can calculate space for future reservations.

#### **Tier Three:**

Athlete registration – for all other teams; first come, first serve

#### **Additional Athletes:**

Any athlete who wishes to enter the 2019 NCSA Summer Championships and their team has NOT been accepted may enter as an individual if they have the 2020 Olympic trial qualifying standards in the events they wish to enter during the qualifying period for the meet. Please contact the entry coordinator listed above for instructions.

*Note: ALL qualified athletes that plan to participate must be registered during one of the athlete reservation periods. ONLY FIRST TIME QUALIFYING ATHLETES FROM TEAMS WITH PAID RESERVATIONS MAY BE ADDED AFTER THE REGISTRATION DEADLINE LISTED ABOVE.*

#### **TEAM ENTRIES:**

All entries for reserved/accepted teams must be completed through the USA Swimming OME system. This is the only accepted way to enter this meet. OME will open/close for entries at the date and time listed in the Deadline and Meet Summary above.

*Note: Once your team is reserved, there is no rush to get entries done as long as they are completed and checked out of OME by the entry deadline listed above. Please wait until your athletes have exhausted all of their chances to qualify or improve seed times to finalize your entry and check out. The OME system does not allow for swimmers to change or delete a bonus swim.*

#### **LATE ENTRIES:**

Late entries are for first time qualifiers (swimmers and/or events; also for changing nonconforming times to conforming times for TIMED FINAL events) who achieved the qualifying times after the entry deadline. This is not a procedure to update times. You may submit an updated time for a swim that upgrades a swim from a bonus to a regular standard cut; this will allow for an additional bonus entry if applicable. Late entries will be accepted according to the Deadline and Meet Summary above. New qualifiers who are NOT already in the meet are to enter using OME. **If a swimmer is already entered in the meet** and has achieved an additional qualifying time or upgrading from a bonus to a qualifying time standard, please send an email to the entry coordinator listed above.

#### **ENTRY FEES:**

Individual - \$2.00 per event

Relays - \$5.00 per relay team

Late entry fees (new cuts made after entry deadline): Individual - \$5; Relays - \$10

NCSA Membership Fee - \$67.00 per swimmer (including relay only swimmers) – Will be billed separately and **not** paid through the OME system.

***There are no refunds except for non-acceptance into the meet.***

***All event entry fees shall be paid by credit card in the OME system.***

#### **DECK PASSES:**

Deck passes for USA Swimming Registered coaches are available for \$15 each. Please indicate number of coach passes requested and include with final entry payment. Number of deck passes allowed for each team is dependent on the number of qualified athletes. Additional coach passes may be purchased for \$50 (proof of USA Swimming non-athlete membership, coaching certifications, APT, and background check required for pass/deck access).

# of Swimmers	# of Deck Passes
1 - 4	1
5 - 9	2
10 - 16	4
17 - 21	5
22 - 30	6
31 - 40	7
41 - 50	8
51 - 60	10

### **ADMISSIONS**

All session passes	\$75	includes heat sheet
Preliminary session	\$10	includes heat sheet
Finals session	\$10	includes heat sheet
Children 10&under	Free	

## **RULES AND PROCEDURES**

### **MEET REFEREE and MEET COMMITTEE:**

The Meet Referee will be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person. The NCSA Summer Championships Meet Committee and/or Meet Referee may find it necessary to change some meet variables in order to provide the best possible situations and conduct of the meet for the athletes; including, but not limited to start times, breaks, distance event procedures, weather related disruptions, time trial capacity, session formats, chase starts, etc. A General Meeting will be held at IUPUI Natatorium, Hospitality Room, at the date and time listed in the Deadline and Meet Summary above. All athletes must be represented by a coach or representative. Any additional meetings will be at the discretion of the Meet Referee or Meet Director and announced during the meet.

### **RULES:**

USA Swimming, Inc. Technical Rules and National Championship procedures will govern. Meet entry times must be designated LCM for long course meters, SCY for yards, or SCM for short course meters. The National Championship scratch procedures will be used for prelims and finals. In order, there will be D, C, B, and A Finals (4 heats) for all individual events, except the 800 & 1500 freestyle and all relays. Positive check-in for the 800 & 1500 freestyle events is required by each day's scratch deadline to be seeded into the event.

***NOTE: There will be no positive check in for relays. Scratches for relays must take place by the scratch deadline for that day's event.***

### **USA Swimming Rules:**

- At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
- Deck changes are prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.
- There will be no on-deck registrations accepted at this meet.

### **SCRATCH RULE:**

Summarized from USA Swimming Rule 207.11.6:

A swimmer, after the heats have been seeded, who fails to scratch and no shows a preliminary or timed final event, for which the swimmer has been positively checked in, will be barred from all further individual and relay events of that day (application of penalty shall pertain to the order in which the events/heats are swum, not the numerical order of the events). Additionally, that swimmer must positive check in for all subsequent individual events prior to the close of the scratch box for that day's events. A swimmer who fails to scratch and 'no shows' a final event shall be barred from further competition for the remainder of the meet.

### **DISTANCE EVENTS:**

The Women's and Men's 800 and 1500 freestyle will be conducted on a timed finals basis. All heats will be seeded and swim slowest to fastest, alternating women and men. The 800 and 1500 will be scheduled so that the second fastest heat of each will finish at the start of each evening finals warm-up. See the order of events for when the events will swim in finals. Swimmers must provide their own timers and counters for these events.

### **400 FREESTYLE:**

The 400 freestyle will be seeded and swum fast to slow, alternating women and men in preliminaries. It will be the final event in the preliminary session before the relay heats and the first individual event of the finals session. Please make note of the event order for Friday's preliminaries and final sessions.

### **RELAYS:**

A team may enter no more than two relays in each relay event. Relays must be pre-entered and relay times must be provable by team or aggregate. A swimmer may be used only once to prove a relay in each relay event. Relay only swimmers must be listed on the team entry. Aggregate relays may be proven by any four (4) swimmers ELIGIBLE to swim (must be 18 & under American citizens), but any four (4) swimmers may swim on the day of the event. All relays are timed finals and will be seeded and swum fast to slow in preliminaries with the top 24 seeded relays swimming at finals, slow to fast.

*NOTE: There will be no positive check in for relays. Scratches for relays must take place by the scratch deadline for that day's event.*

### **AWARDS:**

Individual Event Medals 1-8; Relay Medals 1-8.

Scoring: 24 places (32-28-27-26-25-24-23-22-20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1); relays double points.

### **WARM-UPS:**

Please refer to the NCSA website for updates and times.

### **CREDENTIALS:**

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration at the time of check in to receive their deck credentials. A registration card or Deck Pass are acceptable proofs of certification/registration. Meet management and/or the meet referee reserve the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid/current.

Participating athletes will be issued a deck pass credential that must be displayed and/or presented to the deck security personnel upon each entry to the deck.

As per Indiana University policy, all volunteers must present a photo ID to gain deck entry.

### **OFFICIATING:**

Officials wishing to volunteer or having questions may contact the Meet Referee prior to the meet at the contact information given above. Dress will be white over khaki shorts, skirts, capris, slacks for preliminary sessions and black polos over khaki slacks for finals.

All officials on deck must be registered and certified with USA Swimming. Officials will be required to show proof of certification/registration to the meet referee or designee at the time of check in to receive their deck credentials. A registration card or Deck Pass are acceptable proofs of certification/registration. Officials will be required to display their credentials to deck security personnel upon each entry to the deck.

As per Indiana University policy, all volunteers must present a photo ID to gain deck entry.

### **HOTELS:**

All hotel information will be posted on the NCSA web site.

### **VOLUNTEERS:**

*All teams accepted into these championships are **required** to provide timers for the preliminary sessions each day. Once entries have been received, teams will be notified regarding the number of timers they need to provide on which day(s).*

Anyone wishing to volunteer for this event should contact Ahern Naylis, Meet Director, at the contact information given above for more information regarding all volunteer opportunities.



# 2019 NCSA SUMMER SWIMMING CHAMPIONSHIPS

Order of Events

Summer Championships – Indianapolis, IN

August 6-10, 2019

Tuesday August 6	Wednesday August 7	Thursday August 8	Friday August 9	Saturday August 10
<b>Morning Session</b> Warm-Up: 6:00-8:20 Start: 8:30	<b>Morning Session</b> Warm-Up: 6:00-8:20 Start: 8:30	<b>Morning Session</b> Warm-Up: 6:00-8:20 Start: 8:30	<b>Morning Session</b> Warm-Up: 6:00-8:20 Start: 8:30	<b>Morning Session</b> Warm-Up: 6:00-8:20 Start: 8:30
1. W 4 x 50 MR 2. M 4 x 50 MR 5. W 100 Freestyle 6. M 100 Freestyle 7. W 200 Backstroke 8. M 200 Backstroke 9. W 50 Butterfly 10. M 50 Butterfly 11. W 4 x 50 FR 12. M 4 x 50 FR  3. W 800 Freestyle 4. M 800 Freestyle	13. W 200 Freestyle 14. M 400 IM 15. W 100 Breaststroke 16. M 100 Breaststroke 17. W 200 Butterfly 18. M 100 Backstroke 19. M 4 x 200 FR	20. W 400 IM 21. M 200 Freestyle 22. W 50 Breaststroke 23. M 50 Breaststroke 24. W 100 Backstroke 25. M 200 Butterfly 26. W 4 x 100 FR 27. M 4 x 100 FR	30. W 100 Butterfly 31. M 100 Butterfly 32. W 200 Breaststroke 33. M 200 Breaststroke 28. W 400 Freestyle 29. M 400 Freestyle 34. W 4 X 200 FR	35. W 50 Backstroke 36. M 50 Backstroke 39. W 200 IM 40. M 200 IM 41. W 50 Freestyle 42. M 50 Freestyle 43. W 4 x 100 MR 44. M 4 x 100 MR  37. W 1500 Freestyle 38. M 1500 Freestyle
<b>Evening Session</b> Warm-Up: 4:00-5:20 Start: 5:30	<b>Evening Session</b> Warm-Up: 4:00-5:20 Start: 5:30	<b>Evening Session</b> Warm-Up: 4:00-5:20 Start: 5:30	<b>Evening Session</b> Warm-Up: 4:00-5:20 Start: 5:30	<b>Evening Session</b> Warm-Up: 4:00-5:20 Start: 5:30
<b>D, C, B, &amp; A Finals</b>	<b>D, C, B, &amp; A Finals</b>	<b>D, C, B, &amp; A Finals</b>	<b>D, C, B, &amp; A Finals</b>	<b>D, C, B, &amp; A Finals</b>
1. W 4 x 50 MR 2. M 4 x 50 MR 3. W 800 Freestyle 4. M 800 Freestyle 5. W 100 Freestyle 6. M 100 Freestyle 7. W 200 Backstroke 8. M 200 Backstroke 9. W 50 Butterfly 10. M 50 Butterfly 11. W 4 x 50 FR 12. M 4 x 50 FR	13. W 200 Freestyle 14. M 400 IM 15. W 100 Breaststroke 16. M 100 Breaststroke 17. W 200 Butterfly 18. M 100 Backstroke 19. M 4 x 200 FR	20. W 400 IM 21. M 200 Freestyle 22. W 50 Breaststroke 23. M 50 Breaststroke 24. W 100 Backstroke 25. M 200 Butterfly 26. W 4 x 100 FR 27. M 4 x 100 FR	28. W 400 Freestyle 29. M 400 Freestyle 30. W 100 Butterfly 31. M 100 Butterfly 32. W 200 Breaststroke 33. M 200 Breaststroke 34. W 4X 200 FR	35. W 50 Backstroke 36. M 50 Backstroke 37. W 1500 Freestyle 38. M 1500 Freestyle 39. W 200 IM 40. M 200 IM 41. W 50 Freestyle 42. M 50 Freestyle 43. W 4 x 100 MR 44. M 4 x 100 MR

**A, B, C & D Finals for all individual events, except the 800 and 1500 Free, which are conducted as timed finals**

**All relays will be seeded and swum fastest to slowest in the preliminary session with the top 24 relay teams swimming in finals, slowest to fastest. Relay cards will be due by 10:30 AM for the prelim session and 6:30 PM for the final session.**

**NOTE: There will be no positive check in for relays. Scratches for relays must take place by the scratch deadline for that day's event.**

**Positive check-in for the 800 & 1500 freestyle events is required by each day's scratch deadline to be seeded into the event.**





# 2019 NCSA SUMMER SWIMMING CHAMPIONSHIPS

## TIME STANDARDS

Summer Championships – Indianapolis, IN  
August 6-10, 2019

WOMEN			EVENT DESCRIPTION	MEN		
SCY	SCM	LCM		SCY	SCM	LCM
24.39	27.19	27.59	50 FREE	21.69	23.99	24.79
52.39	57.99	59.89	100 FREE	47.09	52.09	53.99
1:53.19	2:04.89	2:08.09	200 FREE	1:43.09	1:54.19	1:58.09
4:59.99	4:18.89	4:27.89	400/500 FREE	4:39.59	4:02.09	4:09.79
10:15.99	8:54.99	9:08.99	800/1000 FREE	9:39.79	8:26.99	8:40.79
17:12.89	17:02.59	17:34.59	1500/1650 FREE	16:13.69	15:55.79	16:41.69
<b>100 Back Qualifying Times</b>			<b>50 BACK</b>	<b>100 Back Qualifying Times</b>		
57.99	1:04.39	1:07.19	100 BACK	52.89	59.09	1:01.39
2:05.99	2:19.79	2:24.99	200 BACK	1:54.79	2:07.49	2:12.39
<b>100 Breast Qualifying Times</b>			<b>50 BREAST</b>	<b>100 Breast Qualifying Times</b>		
1:06.39	1:14.19	1:16.29	100 BREAST	59.49	1:06.09	1:08.29
2:23.29	2:40.39	2:41.89	200 BREAST	2:09.79	2:25.59	2:29.79
<b>100 Fly Qualifying Times</b>			<b>50 FLY</b>	<b>100 Fly Qualifying Times</b>		
57.29	1:03.79	1:05.29	100 FLY	51.69	56.89	58.89
2:06.39	2:18.99	2:23.19	200 FLY	1:54.89	2:05.79	2:10.59
2:07.99	2:21.89	2:26.59	200 INDIV. MEDLEY	1:56.29	2:08.49	2:13.59
4:29.99	4:58.19	5:05.99	400 INDIV. MEDLEY	4:08.09	4:34.69	4:43.89
<b>400 Free Relay Qualifying Times</b>			<b>200 FREE RELAY</b>	<b>400 Free Relay Qualifying Times</b>		
3:32.09	3:57.79	4:00.99	400 FREE RELAY	3:12.79	3:24.29	3:41.89
7:40.79	8:36.09	8:44.89	800 FREE RELAY	7:05.69	7:53.20	8:07.49
<b>400 Medley Relay Qualifying Times</b>			<b>200 MEDLEY RELAY</b>	<b>400 Medley Relay Qualifying Times</b>		
3:55.09	4:25.89	4:30.99	400 MEDLEY RELAY	3:36.09	3:01.99	4:08.89

**BONUS EVENTS: 1 QUALIFYING TIME, ADD 3 BONUS EVENTS; 2 QUALIFYING TIMES, ADD 2 BONUS EVENTS; 3 QUALIFYING TIMES, ADD 1 BONUS EVENT, 4 OR MORE QUALIFYING TIMES, NO BONUS EVENTS ALLOWED.**

**Bonus events MUST be 200M or less in distance. The 400 freestyle or 400 IM may be added if the bonus qualifying time is achieved (see above). ALL bonus swim entries must be in LCM times and verifiable in the USA Swimming SWIMS database. A swimmer entering the 400 free or 400 IM may enter in SCY if the qualifying time as stated above is met and it is verified in the USA Swimming SWIMS database.**