Friday, July 11 - 6&under Warm-ups

1st Warm-up 1:00-1:15

Shallow Pool

1 Wildwood

2 Wildwood

3 Wildwood

4 Indian Lake

5 Indian Lake

6 Cages Bend + Gallatin CC

7 Bluegrass

8 Bluegrass

Deep Pool

1 7 Hills

2 7 Hills

3 7 Hills

4 JCC

5 JCC

6 Willoughby + Langford Farms

7 Old Hickory + Donelson YMCA

8 Traceside

2nd Warm-up 1:15-1:30

Shallow Pool

1 Cottonwood

2 Cottonwood

3 Cottonwood

4 Sequoia

5 Sequoia

6 Fairvue

7 Fairvue

8

Deep Pool

1 Hillwood

2 Hillwood

3 Belle Meade

4 Richland

5 Richland

6 West Meade + Metro

7 Whitworth

8 Whitworth

Saturday, July 12 - 7-10 Warm-ups

1st Warm-up 8:30-9:00

Shallow Pool

1 7 Hills

2 7 Hills

3 7 Hills

4 7 Hills

5 Sequoia

6 Sequoia

7 Sequoia

8 OldHickory

Deep Pool

1 Bluegrass

2 Bluegrass

3 Indian Lake

4 Indian Lake

5 Cages Bend

6 Gallatin CC + Donelson YMCA

7 Willoughby

8 Metro

Warm-up Pool

1 Traceside

2 Traceside

3 JCC

4 JCC

5 JCC

6

2nd Warm-up 9:00-9:30

Shallow Pool

1 Langford Farms

2 Whitworth

3 Whitworth

4 Whitworth

5 Belle Meade

6 Belle Meade

7 Hillwood

8 Hillwood

Deep Pool

1 Fairvue

2 Fairvue

3 Wildwood

4 Wildwood

5 Cottonwood

6 Cottonwood

7 Cottonwood

8 Cottonwood

Warm-up Pool

1 West Meade

2 West Meade

3 Richland

4 Richland

5 Richland

6

Sunday, July 13 - 11&up Warm-ups

1st Warm-up 8:30-9:00

Shallow Pool

1 Indian Lake

2 Indian Lake

3 Indian Lake

4 Gallatin CC

5 Wildwood

6 Wildwood

7 Wildwood

8 Wildwood

Deep Pool

1 Richland

2 Richland

3 Hillwood

4 Hillwood

5 West Meade

6 West Meade

7 Cages Bend

8 Cages Bend

Warm-up Pool

1 Fairvue

2 Fairvue

3 Langford Farms

4 Belle Meade

5 Metro

6

2nd Warm-up 9:00-9:30

Shallow Pool

1 7 Hills

2 7 Hills

3 7 Hills

4 7 Hills

5 7 Hills

6 Cottonwood

7 Cottonwood

8 Cottonwood

Deep Pool

1 Whitworth

2 Whitworth

3 Traceside

4 Traceside

5 JCC

6 JCC

7 Bluegrass

8 Bluegrass

Warm-up Pool

1 Willoughby

2 Donelson YMCA

3 Old Hickory

4 Sequoia

5 Sequoia

6