

**Summer 2021:**  
**Is the Stillwater Starz Swim Team Right for Your Child?**

*If you love summertime fun, the answer is YES!*

The Stillwater Starz Swim Team is open to all children ages 5-18 (the summer after 12th grade). No past competitive swim experience is necessary; the only requirement is that children be able to swim across the pool. If you're not sure of your child's swimming ability, come out and give it a try! Our coaches will help you decide if your child is ready.

The team participates in eight dual meets (Tuesday or Thursday evenings or Saturday mornings), one invitational meet, and two exciting championship meets (swimmers enter one of the two) at the conclusion of the season. Before dual meets begin, we offer an intrasquad Time Trial at our own pool; it's a great chance for all swimmers to warm up for the season—and for new swimmers and families to learn how a swim meet is run. We'd love for your family to join the fun!

Preseason evening practices for all swimmers begin Tuesday, June 1, and continue daily through D204's last day of school, Friday, June 4.

Regular practices begin on the first weekday after school ends, June 7, and continue Monday-Friday (mornings) or Monday and Wednesday (evenings) until the Classic Championship Meet (or City Championship Meet, for qualified swimmers).

**Starz Practice Schedule (Morning Option)**

6 & under (and those requiring extra assistance)	10:00 am to 10:30 am
7 & 8	9:20 am to 10:00 am
9 & 10	8:30 am to 9:20 am
11 & over	7:30 am to 8:30 am

**Can't join us in the morning?**

No problem! If enrollment permits, we offer an evening option. Swimmers who chose the evening option will practice on Monday and Wednesday evenings only. Evening swimmers are eligible to swim all meets and attend all social events— just like their morning counterparts! Space for this group is limited, and swimmers **MUST** be able to swim one length of the pool unassisted (any stroke) in order to join the evening practice group.

**Starz Practice Schedule (Evening Option)**

8 & under	6:15 pm to 7:00 pm
9 & over	7:00 pm to 8:00 pm

**How do we join?**

Registration will open online Monday, March 15. Visit [www.stillwaterstarz.org](http://www.stillwaterstarz.org), and click on the "Online Registration" tab. Watch your e-mail for online Job Sign-up information the end of May. Meet participation is optional, and schedules/parent work obligation will be dictated by transmission levels and related guidance/restrictions. Parents should expect to work at most or all of the meets for which their swimmer is registered (one parent worker per registered family, per meet). If your child swims at a championship meet or an invite, you will need to work those meets as well.

## How much does all this fun cost?

### Early Bird (until May 15)

**Full Team Registration** \$200 for the first swimmer      \$185 for each additional swimmer  
**Evening Registration**                      \$130 per swimmer

### Regular Registration (May 16-May 31)

**Full Team Registration** \$230 for the first swimmer      \$215 for each additional swimmer  
**Evening Registration**                      \$155 per swimmer

## Can my friends join if they don't live in Stillwater?

Absolutely! Non-residents are welcome! Non-residents are assessed a nominal \$25 per family registration fee in addition registration fees listed above. This fee is swim team-only fee and does not provide non-Stillwater residents access to the pool beyond scheduled practices, meets, and other team events (unless accompanied by a Stillwater resident).

## Do you know someone who would like to swim this summer?

If you refer a new family and they join the Stillwater Starz, have them list your name as a referral when registering. You will receive \$10 in Concessions Cash that can be used at any home meet. There is no limit to the number of new families you can refer!

## Swimsuits and Apparel

Team suit and other Starz apparel can be purchased at Urban Tri Gear in Westmont. Visit the store for help with sizing, or order online from our team store at <https://stillwaterstarz.itemorder.com/sale>. If you don't wish to order a team suit, any one-piece navy blue suit is acceptable for meets (jammers are suggested for boys).

## Coaching Opportunities

Applications are now being accepted! Please see the refer to the "Coach Application" tab at [www.stillwaterstarz.org](http://www.stillwaterstarz.org).

## COVID Precautions

As in 2020, the Starz remain committed to safe summer fun. We will continue to follow USA Swimming distancing protocols during all practices and reserve the right to cap registration in order to reduce risk to our swimmers and coaches. This summer's meets, as always, are optional for all swimmers. They may run normally, or they may be run in split sessions or as dual-site time trials in order to adhere to current CDC and Will Co. Health Dept. guidance. Options for spectating and concessions may look different than in the past, but we'll do our best to ensure that Starz meets continue to be a fun family activity!

## Still have questions?

Contact Lea Fortkamp by e-mail at [lea.fortkamp@gmail.com](mailto:lea.fortkamp@gmail.com)