



## Old Dominion Swim League Code of Conduct for Swimming Coaches

All ODSL Coaches must:

- Put the well-being, health and safety of swimmers above all considerations, including developing performance.
- At all times, adhere to the ODSL rules.
- Consistently display high standards of behavior and appearance.
- Treat all swimmers with respect and dignity, value their worth, and treat everyone equally, recognizing their needs and abilities within the context of their sport.
- Develop an appropriate swimmer/coach relationship based on mutual trust and respect.
- Always ensure that all teaching, coaching, and competition programs are appropriate for the age, ability, and experience of the individual swimmer.
- Always identify and meet the needs of the individual swimmer, as well the needs of the team.
- Be fair and equal in team and training group selection.
- Never exert undue influence to obtain personal benefit or gain. This includes coaches not using their position to establish or pursue a sexual or improper relationship with a swimmer.
- Encourage and guide swimmers to accept responsibility for their own behavior and performance.
- Treat all information of a personal nature about individual swimmers as confidential, except in circumstances where to do so will allow the swimmer to be placed at risk of harm or continue to be at risk of harm.
- Encourage all swimmers to obey the spirit of the ODSL rules both in and out of the pool.
- Cooperate fully with other coaches and officials in the best interests of the swimmers.
- Never encourage or condone swimmers, volunteers, officials, or parents to violate the rules of the ODSL, the team, or the sport, and report any violations appropriately.
- Observe the authority and the decision of the officials, and only question those decisions in the appropriate manner.
- Treat all competitors and other teams with respect, whether that is in victory or defeat, and encourage all team members and parents to do the same.

Printed name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Team: \_\_\_\_\_