



## **CHINOOK SWIM TEAM CODE OF CONDUCT**

**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

**MUST be signed by swimmers and parent/guardian to participate.**

**The purpose of a Code of Conduct policy is to provide every swimmer with an environment that allows them the opportunity to reach their individual goals. A swimmer's conduct at practices and swim meets should support every other swimmer's ability to learn, and the coach's ability to teach other swimmers. Each swimmer should be committed to striving towards their own goals and to the good of the team.**

### **CONDUCT EXPECTATIONS**

- 1. Chinook swimmers are expected to remember that at practice, in the locker room, during swim meets and in public they are representing the YMCA Chinook Swim Team. They should represent themselves with excellence, team spirit, good sportsmanship and politeness.**
- 2. Chinook swimmers are expected to follow the directions of any member of the coaching staff, YMCA staff and any person who is a chaperone.**
- 3. Chinook swimmers are expected to use appropriate language and respect each other. This includes respecting the property of others.**
- 4. Disruption of practice by an athlete will be grounds for removal. This includes touching, pushing or wrestling anyone without permission. Chinook swimmers should not interrupt another swimmer's workout in any manner.**

### **BASIC RESPONSIBILITIES**

- 1. Swim to have fun, not just to please your parents or coaches.**
- 2. Swimmers should be on time to practice and meets.**
- 3. Focus on your workout and do your best.**
- 4. Coaches are there to help you. Pay attention and follow the coach's instructions.**

**Swimmers are expected to follow the spirit of the rules as well as the specific rules. The coach must adapt this philosophy to an infinite number of situations. Swimmers are asked to respect the coach's directions and give their full cooperation. Cooperation with teammates and staff will produce a productive practice environment for all!**

We understand that failure to comply with the Chinook Swim Team Code of Conduct set forth in this document (or additions necessary for the safety and well being of the team members) may result in disciplinary action, which may include, but is not limited to the following:

- |                                 |                                                                                                                                                                                              |
|---------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1<sup>st</sup> Violation</b> | <b>Conference with Coach</b>                                                                                                                                                                 |
| <b>2<sup>nd</sup> Violation</b> | <b>Swimmer will be told to leave for the day and parents will be contacted.</b>                                                                                                              |
| <b>3<sup>rd</sup> Violation</b> | <b>Swimmer will be suspended from the Swim Team for 2 weeks, after which the Swimmer may be re-instated after an apology and meeting with the Coach. This could mean missing swim meets.</b> |
| <b>4<sup>th</sup> Violation</b> | <b>One session expulsion from the team with forfeiture of any dues or fees paid. If expulsion occurs at the end of the session, swimmer will be banned for the following session.</b>        |

If a severe violation occurs, it will be up to the Coach which consequence will be enforced. They will not necessarily go in order.

---

**SWIMMERS SIGNATURE**

---

**PARENTS SIGNATURE**