



We are excited to host your team at Meadowbrook and hope this information will assist you and help the meet run smoothly. Please reach out if you have any additional questions.

makos.communications@gmail.com

DIRECTIONS

The pool address is: 13200 Superior Ct. Manassas, VA 20112

From the Manassas Area: Take VA-234 South. Turn left onto Meadowgate Dr. (watch for the green Meadowgate Drive sign in the median approx. 1 mile from the light at Purcell Rd). Take the first right onto Superior Ct. The pool is at the end of the court.

From the Ashland/Montclair/Dumfries Area: Take VA-234 North past the Woodbine Plaza (watch for the green Meadowgate Drive sign in the median). Turn right onto Meadowgate Dr. Take the first right onto Superior Ct. The pool is at the end of the court.

From the Woodbridge Area: Take Hoadly Rd south and turn right onto VA-234 North. Travel approx. 6/10 mile and turn right onto Meadowgate Dr. (watch for the green Meadowgate Drive sign in the median). Take the first right onto Superior Ct. The pool is at the end of the court.

PARKING

There is no general parking by the pool. Clubhouse parking is only available to cars with pre-arranged passes. Visiting teams will have 2 reserved spaces typically for the head coach and computer operator. Handicap parking will also be available. Street parking is available in the adjacent neighborhood. Please respect owners' driveways and mailboxes by parking **at least 15 feet** from each allowing sufficient access by mail carriers and residents. Park vehicles off the road as much as possible without parking on lawns.

VISITING TEAM AREA

Setting Up: Visiting teams may set up in the grassy area in the circle in front of the clubhouse. We will close the parking area and create a walkway for safe passage to the circle. There will be a speaker there so that your team can hear all announcements. This area provides great shade. We are not allowed on the tennis courts or the pool deck for any swim team set-up. Please gather all belongings and pick up all trash before leaving.

Viewing: There is roaming/standing only viewing at the back end of the pool, behind the yellow tape. Spectators are also welcome to watch through the fence and stand and watch at the shallow end of the pool. We ask that no spectators be present at the start and finish ends of the pool as it gets very

crowded and interferes with both the swimmers and the timers/recorders/runners. No tent, chairs/family area set-up is allowed on the deck.

WARM-UPS

Visiting team warm-ups are from 6:30 – 6:50 am. The meet will start promptly at 7:00 am and we generally finish by noon.

RELAYS

Visiting team relays are in lanes 1, 3, and 5.

VOLUNTEERS

Officials – All officials will meet at 6:30am to go over assignments. Visiting teams should provide a minimum of 4 Stroke and Turn officials (2 per shift) plus a Starter and Referee. Please bring your starting equipment as a backup.

Timers/Recorders – We have a six-lane pool. This year due to team size we are running two shifts 7-9:30 and 9:30 – 12 or end. These times are approximate and may vary once timeline is published. Your team is welcome to run three shifts—just let our announcer know when you want your shift changes, and they will announce it.

Visiting teams should provide one (1) timer and for lanes 1, 3 5 and (2) timers and (1) recorder for lanes 2, 4, 6. The visiting team will have a total of 9 timers per shift needed. There should also be a designated Head Timer. Just FYI – we rotate timers and recorders rather than starts for the 8 & under events. A meeting of timers & recorders will be called at 6:40am.

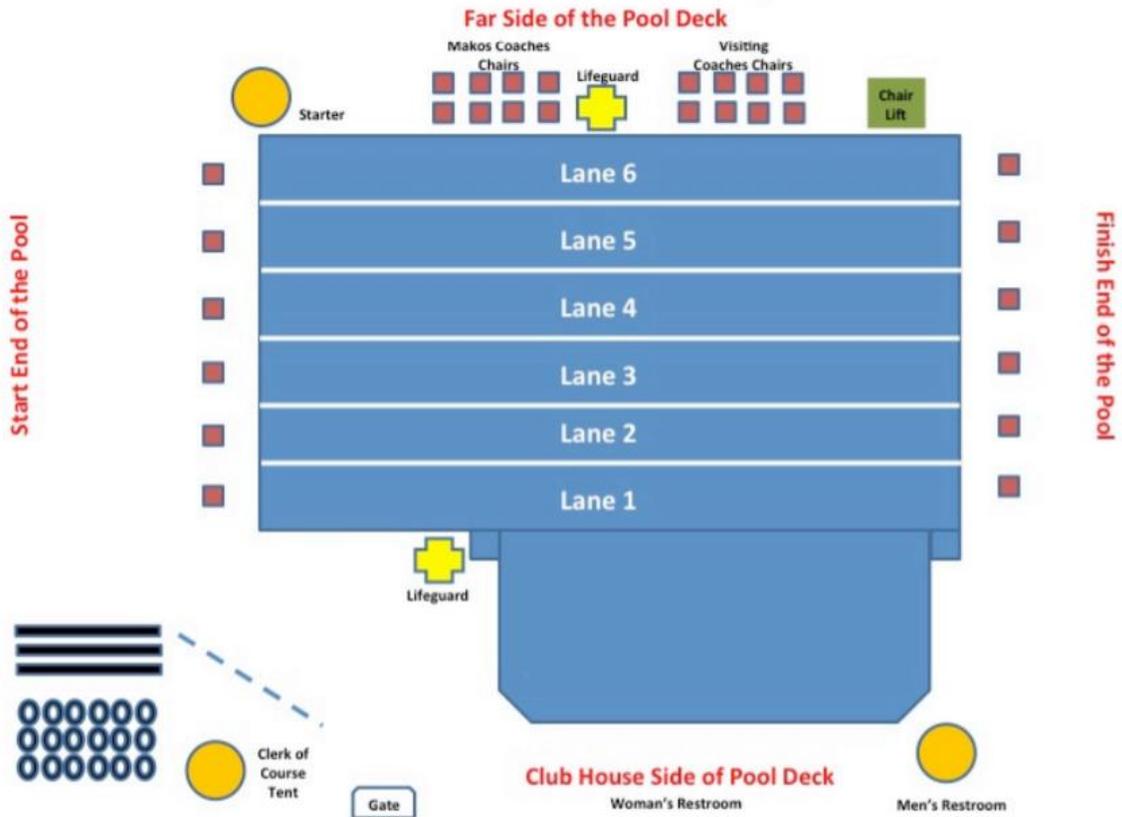
Other volunteers – We would like 2 Runners to assist during 8 and under events, a Ribbon Writer, at least (1) Clerk of Course throughout the meet to aid in identifying visiting swimmers, and a Heat Ribbon person for the 2nd shift. At least one (1) Scorer and Verifier should be provided throughout the meet.

CONCESSIONS

Concessions are available throughout the meet and will be located just off the pool deck by Clerk of Course. Drinks include hot coffee, water, soda, and Gatorade. The grill should be fired up by 8:00 am. Hamburgers and hotdogs are available. We offer meal deals that include chips and drink. Other assorted candies, snacks, donuts, pastries, and fresh fruit are on sale. Concessions accepts cash or card. We will also have a 50/50 raffle that is cash only.

Contacts: For contact information visit our website at: <http://www.meadowbrookmakos.com>

Swim Meet Pool Deck Setup



***Note: our shallow end is 3 ½ feet. According to PWSL rules, at that depth swimmers have the option of a water start. This end is only used during relays.