

PWSL 2018 Green Divisonal Meet - 7/28/2018**PWSL 2018 Green Divisional Meet****MMST - Records**

1	Mixed 8&U 100 Medley Relay	1:30.02	7/30/2005	Meadowbrook Weinberg, Pomajevich, Vanderzyl, Parker
2	Boys 9-10 100 Medley Relay	1:19.56	7/16/2016	Meadowbrook Makos A Kinitz, N Waiss, M Jensen, S Lingafelt
3	Girls 9-10 100 Medley Relay	1:13.44	7/20/2002	Meadowbrook Ralph, Hagen, G Mizerak, R Lund
4	Boys 11-12 100 Medley Relay	1:06.51	7/26/2014	Meadowbrook Makos Swim Team J Smith, C Guice, J Rouffa, M Gerhart
5	Girls 11-12 100 Medley Relay	1:08.28	7/31/2004	Meadowbrook Ferrone, Hagen, Mizerak, Lund
6	Boys 13-14 200 Medley Relay	2:09.50	7/23/2016	Meadowbrook Makos M Gerhart, C Guice, J Rouffa, J Smith
7	Girls 13-14 200 Medley Relay	2:21.29	7/23/2005	Meadowbrook Mizerak, Hagen, Lund, Ferrone
8	Boys 15-18 200 Medley Relay	2:00.51	7/26/2014	Meadowbrook Makos Swim Team M Healey, S Rouffa, B Cudahy, M Weiser
9	Girls 15-18 200 Medley Relay	2:15.45	7/30/2011	Meadowbrook R. Baumstark, C. Mizerak, L. Sargent, A. Rouffa
10	Boys 8&U 25 Free	16.86	7/28/2007	S.Pomajevich - MBW-VA
11	Girls 8&U 25 Free	17.32	7/13/2002	C. Mizerak - MBW-VA
12	Boys 9-10 50 Free	33.88	7/16/2016	Aaron Kinitz - MMST-PW
13	Girls 9-10 50 Free	32.28	7/31/2004	C. Mizerak - MBW-VA
14	Boys 11-12 50 Free	29.94	7/28/2018	Nick Waiss - MMST-PW
15	Girls 11-12 50 Free	30.82	6/29/2002	K. Gaskill - MBW-VA
16	Boys 13-14 50 Free	26.26	7/30/2016	Jason Smith - MMST
17	Girls 13-14 50 Free	28.57	7/29/2006	G.Mizerak - MBW-VA
18	Boys 15-18 50 Free	24.66	7/23/2016	Brock Cudahy - MMST-PW
19	Girls 15-18 50 Free	29.00	7/30/2011	C. Mizerak at Divisionals - MBW-VA
20	Boys 10&U 100 IM	1:26.17	7/30/2016	Aaron Kinitz - MMST
21	Girls 10&U 100 IM	1:23.21	7/31/2004	C. Mizerak - MBW-VA
22	Boys 11-12 100 IM	1:17.90	7/28/2018	Nick Waiss - MMST-PW
23	Girls 11-12 100 IM	1:17.91	7/31/2004	Gabrielle Mizerak at Yellow Di - MBW-VA
24	Boys 13-14 100 IM	1:08.31	7/23/2016	Jason Smith - MMST-PW
25	Girls 13-14 100 IM	1:12.07	7/8/2006	G.Mizerak - MBW-VA
26	Boys 15-18 100 IM	1:00.27	7/16/2016	Brock Cudahy - MMST-PW
27	Girls 15-18 100 IM	1:10.47	7/30/2011	C. Mizerak at Divisionals - MBW-VA
28	Boys 8&U 25 Back	20.84	7/30/2005	K.Parker - MBW-VA
29	Girls 8&U 25 Back	20.13	6/24/2000	Leanne Ralph at FAST - MBW-VA
30	Boys 9-10 50 Back	39.56	6/16/2007	K .Parker @ Ridgewood - MBW-VA
31	Girls 9-10 50 Back	38.74	7/10/2004	Courtney Mizerak vs Ashland - MBW-VA
32	Boys 11-12 50 Back	35.56	6/7/2014	Jason Smith - MBW-VA
33	Girls 11-12 50 Back	34.72	7/20/2002	Kali Gaskill Westridge@MBW - MBW-VA
34	Boys 13-14 50 Back	31.59	7/16/2016	Jason Smith - MMST-PW
35	Girls 13-14 50 Back	33.30	6/24/2006	G.Mizerak - MBW-VA
36	Boys 15-18 50 Back	28.23	7/28/2018	Jason Smith - MMST-PW
37	Girls 15-18 50 Back	32.53	6/25/2011	C. Mizerak at Wellington - MBW-VA
38	Boys 8&U 25 Breast	24.27	7/2/2005	Peter Pomajevich - MBW-VA
39	Girls 8&U 25 Breast	21.72	7/13/2002	C. Mizerak - MBW-VA
40	Boys 9-10 50 Breast	44.46	7/16/2016	Aaron Kinitz - MMST-PW
41	Girls 9-10 50 Breast	45.01	6/26/2004	Courtney Mizerak vs Montclair - MBW-VA
42	Boys 11-12 50 Breast	38.37	7/28/2018	Nick Waiss - MMST-PW
43	Girls 11-12 50 Breast	38.26	7/1/2006	C.Mizerak - MBW-VA
44	Boys 13-14 50 Breast	36.37	7/14/2018	Paul David Quimby - MMST-PW
45	Girls 13-14 50 Breast	39.87	7/30/2016	Angelina Nguyen - MMST
46	Boys 15-18 50 Breast	31.56	8/1/2015	Matthew Healey - MMST -PW
47	Girls 15-18 50 Breast	34.99	7/30/2011	C. Mizerak at Divisionals - MBW-VA
48	Boys 8&U 25 Fly	16.92	6/16/2007	S.Pomajevich @ Ridgewood - MBW-VA

PWSL 2018 Green Divisional Meet - 7/28/2018**PWSL 2018 Green Divisional Meet****MMST - Records**

49	Girls 8&U 25 Fly	17.72	7/27/2002	Courtney Mizerak - Divisionals - MBW-VA
50	Boys 9-10 25 Fly	16.64	6/14/2008	S.Pomajevich - MBW-VA
51	Girls 9-10 25 Fly	15.94	7/31/2004	Courtney Mizerak at Yellow Div - MBW-VA
52	Boys 11-12 50 Fly	33.12	7/26/2014	Jared Rouffa - MMST-PW
53	Girls 11-12 50 Fly	33.78	6/24/2006	C.Mizerak - MBW-VA
54	Boys 13-14 50 Fly	29.22	7/2/2016	Jason Smith - MMST-PW
55	Girls 13-14 50 Fly	30.67	7/29/2006	G.Mizerak - MBW-VA
56	Boys 15-18 50 Fly	27.15	7/28/2018	Jason Smith - MMST-PW
57	Girls 15-18 50 Fly	30.75	7/2/2010	C. Mizerak vs Virginia Oaks - MBW-VA
58	Boys 8&U 100 Free Relay	1:16.70	7/28/2007	Meadowbrook Fearson,Russo,Bellamy,Pomajevich
59	Girls 8&U 100 Free Relay	1:20.88	7/22/2000	Meadowbrook E. Hagen, G. Mizerak, L. Ralph, R. Lund
60	Boys 9-10 100 Free Relay	1:09.16	7/16/2016	Meadowbrook Makos N Waiss, S Lingafelt, M Jensen, A Kinitz
61	Girls 9-10 100 Free Relay	1:03.00	7/20/2002	Meadowbrook E. Hagen, G. Mizerak, R. Lund, L. Ralph
62	Boys 11-12 100 Free Relay	58.93	6/16/2018	Meadowbrook Makos Swim Team A Kinitz, S Lingafelt, M Jensen, N Waiss
63	Girls 11-12 100 Free Relay	1:00.22	7/21/2001	Meadowbrook C. Ralph, S. Baumgartner, J. Lyons, C. Redmond
64	Boys 13-14 200 Free Relay	1:57.24	7/16/2016	Meadowbrook Makos J Rouffa, A Healey, M Gerhart, J Smith
65	Girls 13-14 200 Free Relay	2:02.88	6/17/2006	Meadowbrook Lund,Ferrone,Gully, Mizerak
66	Boys 15-18 200 Free Relay	1:45.56	7/26/2014	Meadowbrook Makos Swim Team M Healey, B Cudahy, K Olsen, M Weiser
67	Girls 15-18 200 Free Relay	2:01.22	7/30/2011	Meadowbrook L. Sargent, A. Rouffa, R. Baumstark, C. Mizerak