Peer Coach Expectations

**Peer Coaches must be at least 11 years old by the start of the Developmental Season. Peer coaches must already be a member of the Virginia Oaks Swim Team. This is a commitment for the development season so attendance is highly important. The Developmental season runs from June 11- July 20, 2016 and Developmental practices are 9:30 – 10:30 every weekday morning.**

The following is a list of expectations that are required of you as a Peer Coach.

1. Whenever you are in the water with a child of any age or age group, you need to focus 100% of your attention on them at all times.
   1. Remember, this is not social hour
   2. Safety is most important!
2. Be committed to your job as a peer coach and please arrive on time.
   1. There will be a schedule for the season that each of you ARE expected to follow.
   2. If something unforeseen occurs and you will not be able to make practice when you are scheduled you must please inform the coach you are directly working with.
   3. Please do NOT ask a parent or friend to relay your message.
3. Please assist coaches when asked for help in such areas as:
   1. putting in and taking out of lane lines
   2. clean up and set up of practices and meets
   3. getting supplies for practices such as pull buoys, kickboards, noodles, etc.
   4. getting in the water to demonstrate a stroke or help with the kids
   5. You may be asked to assist in other ways that aren’t highlighted above
4. Please be courteous, kind and respectful at all times.
   1. Remember, we are role models and everything we say and do is watched and imitated.
   2. This means
      1. no yelling
      2. no vulgar language (cursing of any kind)
      3. no inappropriate lingo/talk (remember the age of which you are coaching!)

* + 1. no rolling of the eyes or any other facial expressions that portray a bad attitude
    2. If a parent is talking to you or you are supposed to be coaching please DO NOT have your cell phone out and using it

1. If there is ever any problem during a practice or meet with a swimmer, parent or fellow coach PLEASE do not address the situation on your own.
   1. please go to the head coach of the age group you are in charge of AND always go to Coach Bobby or Coach Brandon.
2. Remember to always be **encouraging**, **enthusiastic** and **positive**!

Also remember, being a peer coach is a stepping-stone to becoming an official assistant coach or coach of the Virginia Oaks Sea Devils!