**Seaholm Boys Swimming & Diving Team Handbook**

2019-2020

**ELIGIBILITY CRITERIA FOR MEET PARTICIPATION**

Meet participation means the swimmer/diver is entered in at least one event either as an exhibition or varsity participant depending on the type of meet.

**Dual/Tri Meets**

* Swimmer/diver meets all eligibility and code of conduct requirements established by the school administration (see 2019-2020 Seaholm High School Student Handbook)
* 100% attendance at all scheduled practices  
  + Attendance means the swimmer is present at practice from the time it is scheduled to start to the time it is scheduled to end.  
    - Unless otherwise prohibited by his physician, an injured or ill swimmer/diver that has been instructed by his physician not to swim/dive while recovering from the injury is still expected to attend practice even though he will not be swimming/diving. A swimmer/diver recovering from an injury or illness will not engage in any physical activity while attending practice (on land or in the water) unless or until cleared to do so in writing by his physician.

Documentation of the injury or illness with instructions from the physician regarding when practice attendance and practice participation can be resumed is required.

* + Excused absence  
    - Illness with documentation from physician that swimmer/diver cannot attend practice (versus participate in practice – see explanations of attendance and participation)
    - Recovery from an injury with documentation from physician that swimmer/diver cannot attend practice (versus participate in practice – see explanations of attendance and participation)
    - Religious observance, religious holiday or other religious commitment
    - Required court attendance with documentation from the court
    - School-related function confirmed by the school administration
    - Death in family
    - Other - approved and directed to coaches by school administration
  + Unexcused absence – absence that does not meet any of the criteria for an excused absence
* 100 % participation at all scheduled practices  
  + Participation means  
    - Swimmer/diver is present the entire practice from the time it is scheduled to start to the time it is scheduled to end  
      * Is not tardy/does not leave early  
        + A swimmer/diver will be considered tardy if he is not ready to enter the water at the time practice is scheduled to start
        + A swimmer/diver will be considered to have departed practice early if he leaves practice before it is scheduled to end
        + For every 3 times a swimmer/diver is tardy or leaves practice early he will be issued an unexcused absence the week the third tardy/early departure occurs.
    - Swimmer/diver is properly prepared for practice  
      * Possesses all required equipment and has it with him at practice.   
        + First time swimmer/diver comes to practice unprepared he will receive a warning and will be allowed to practice.
        + Second and subsequent times swimmer/diver comes to practice unprepared he will not be allowed to practice and it will be considered an unexcused absence.
    - Swimmer/diver actively swims/dives and engages in other physical activity during practice as assigned by the coaches
    - In judgment of coaches, swimmer/diver puts forth best effort  
      * Examples of putting forth best effort include, but aren’t limited to  
        + Getting in the water when instructed to do so
        + Finishing/completing assigned sets (starting on time, swimming the entire distance, completing assigned # of repetitions, adhering to the rest interval (no more/no less), performing at the assigned intensity level, etc.)
      * Coaches will meet with swimmers/divers they identify as repeatedly not putting forth their best effort to develop a corrective action plan.  
        + Included in the action plan will be the following consequences

Swimmer/diver will be prohibited from participating in meets (dual meets or otherwise) until the behavior changes. Attendance at meets will still be required. A swimmer/diver who does not attend a meet while on a corrective action plan will be issued an unexcused absence for the meet.

* + Excused non-participation  
    - Illness with documentation from physician that swimmer/diver cannot participate in practice but can attend practice unless attendance is also prohibited by physician (see explanations of attendance and participation)
    - Recovery from an injury with documentation from physician that swimmer/diver cannot participate in practice but can attend practice unless attendance is also prohibited by physician (see explanations of attendance and participation)
    - Religious observance, religious holiday or other religious commitment
    - Required court attendance with documentation from the court
    - School-related function confirmed by the school administration
    - Death in family
    - Other - approved and directed to coaches by the school administration
* Swimmer/diver must attend school the day immediately before a meet unless the meet is held on a day school is not in session or unless the student has a school-related absence for that day.  
  + A swimmer/diver who does not attend school the day immediately before a meet will not be entered to participate in the meet (unless it is an official school-related absence documented by the school administration); however, he is still expected to attend the meet
* Swimmer/diver must attend school the day of a meet unless the meet is held on a day school is not in session or unless the student has a school-related absence for that day.  
  + A swimmer/diver who does not attend school the day of a meet will not be entered to participate in the meet (unless it is an official school-related absence documented by the school administration); however, he is still expected to attend the meet unless prohibited from doing so due to  
    - Illness or injury that prevents him from being present at the meet (supported by documentation from his physician)
    - Religious observance, religious holiday or other religious commitment
    - Required court attendance with documentation from the court
    - School-related function confirmed by the school administration
    - Death in the family
    - Other - approved and directed to coaches by school administration

**Oakland County Swimming & Diving Championship Meet (i.e., County Meet)**

* All criteria established for participating in dual/tri meets apply to participating in the County Meet
* Swimmer/diver achieves required qualifying time/scoring standard within the specified qualifying time period
* Swimmer/diver participates in all dual/tri meets scheduled prior to the County Meet  
  + A swimmer/diver who does not participate in or attend a dual/tri meet scheduled prior to the County Meet will still retain his eligibility to participate in the County Meet (provided he meets all other criteria) if his lack of participation or absence is due to  
    - Illness or injury that prevents him from being present at the dual/tri meet (supported by documentation from his physician)
    - Religious observance, religious holiday or other religious commitment
    - Required court attendance with documentation from the court
    - School-related function confirmed by the school administration
    - Death in the family
    - Other - approved and directed to coaches by school administration

**Oakland Activities Association (OAA) Red Division Swimming & Diving Championship Meet (i.e., League Meet)**

* All criteria established for participating in dual/tri meets apply to participating in the League Meet
* Swimmer/diver participates in all dual/tri meets scheduled prior to the League Meet  
  + A swimmer/diver who does not participate in or attend a dual/tri meet scheduled prior to the League Meet will retain his eligibility to participate in the League Meet (provided he meets all other criteria) if his lack of participation or absence is due to  
    - Illness or injury that prevents him from being present at the dual/tri meet (supported by documentation from his physician)
    - Religious observance, religious holiday or other religious commitment
    - Required court attendance with documentation from the court
    - School-related function confirmed by the school administration
    - Death in the family
    - Other - approved and directed to coaches by school administration
* Swimmer/diver participates in the County Meet (if eligible)  
  + An eligible swimmer/diver who does not participate in or attend the County Meet will retain his eligibility to participate in the League Meet (provided he meets all other criteria) if his lack of participation or absence is due to  
    - Illness or injury that prevents him from being present at the dual/tri meet (supported by documentation from his physician)
    - Religious observance, religious holiday or other religious commitment
    - Required court attendance with documentation from the court
    - School-related function confirmed by the school administration
    - Death in the family
    - Other - approved and directed to coaches by school administration

**Michigan High School Athletic Association (MHSAA) Division 2 Swimming & Diving Championship Meet (i.e., State Meet)**

* All criteria established for participating in dual/tri meets apply to participating in the State Meet
* Swimmer/diver achieves required qualifying time/scoring standard within the specified qualifying time period
* Swimmer/diver participates in all dual/tri meets scheduled prior to the State Meet  
  + A swimmer/diver who does not participate in or attend a dual/tri meet scheduled prior to the State Meet will retain his eligibility to participate in the State Meet (provided he meets all other criteria) if his lack of participation or absence is due to  
    - Illness or injury that prevents him from being present at the dual/tri meet (supported by documentation from his physician)
    - Religious observance, religious holiday or other religious commitment
    - Required court attendance with documentation from the court
    - School-related function confirmed by the school administration
    - Death in the family
    - Other - approved and directed to coaches by school administration
* Swimmer/diver participates in the County Meet (if eligible)  
  + An eligible swimmer/diver who does not participate in or attend the County Meet will retain his eligibility to participate in the State Meet (provided he meets all other criteria) if his lack of participation or absence is due to  
    - Illness or injury that prevents him from being present at the dual/tri meet (supported by documentation from his physician)
    - Religious observance, religious holiday or other religious commitment
    - Required court attendance with documentation from the court
    - School-related function confirmed by the school administration
    - Death in the family
    - Other - approved and directed to coaches by school administration
* Swimmer/diver participates in the League Meet   
  + A swimmer/diver who does not participate in or attend the League Meet will retain his eligibility to participate in the State Meet (provided he meets all other criteria) if his lack of participation or absence is due to  
    - Illness or injury that prevents him from being present at the dual/tri meet (supported by documentation from his physician)
    - Religious observance, religious holiday or other religious commitment
    - Required court attendance with documentation from the court
    - School-related function confirmed by the school administration
    - Death in the family
    - Other - approved and directed to coaches by school administration

**CRITERIA FOR DISMISSAL FROM TEAM**

The Head Coach will recommend to the Athletic Director that a swimmer/diver be dismissed from the team for any of the following reasons

* Violations of the eligibility or code of conduct requirements established by the school administration that warrant dismissal from the team (as specified in the 2019-2020 Seaholm High School Student Handbook)
* 3 unexcused practice absences
* 1 unexcused meet absence
* Conduct not consistent with the high expectations of the coaches and the program.