

SOUTHEAST OHIO / WEST VIRGINIA CLUSTER YMCA SWIM LEAGUE RULES AND REGULATIONS FOR COMPETITIVE SWIMMING

This set of Rules and Regulations are modifications necessary for age group competition. A current NCAA Swimming Manual is a necessity for proper implementation.

It is the intention of the Southeast Ohio/ West Virginia Cluster YMCA Swim League to comply with the "RULES THAT GOVERN YMCA COMPETITIVE SPORTS" and the "GUIDELINES FOR YMCA COMPETITIVE TEAMS" adopted concerning National YMCA Age Group competitive swimming.

From this page on the words " League" or "Cluster" refer to the Southeast Ohio / West Virginia Cluster YMCA Swim League. The word "Association" means the local YMCA.

REVISION OF SEPTEMBER 2002

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YMCA OF THE USA

RULES THAT GOVERN YMCA COMPETITIVE SPORTS

Everyone wants, and should have, an equal opportunity to compete and a fair chance to win. Rules are needed to specify conditions that must be met by all players, coaches, managers, and administrators.

The following rules apply to closed formal YMCA sports competition. When a YMCA athlete or team enters open competition, the eligibility requirements of the governing body of the sport concerned apply.

These rules provide definitions and procedures for holding sports competitions. They do not forbid specific dishonorable practices.

We look to the integrity of the player, coach, manager, and administrator to follow the spirit of the rules developed for healthy competitive sports in a Christian setting. Lapses in this spirit may be considered on an individual basis.

FAIR PLAY

Interpretation of the "Rules that Govern YMCA Competitive Sports" is based on the fair play concept. The YMCA believes that fair play is the very essence of competition. This fundamental virtue is a special attribute of sport and inherent in it. Competition should be marked by a spirit of truth and honesty, with strict observance of all rules, whether written or unwritten. Fair play implies respect for oneself, one's opponent, and others involved in conducting the competition. Players, coaches, officials, and spectators share a responsibility for fair play. Fair play sets the game above the prize.

Competition can provide an excellent means of developing a predisposition to play fairly. As this virtue develops, it can influence behavior in everyday life. It is for the development of such virtues that the YMCA promotes competitive sports.

Character Development in YMCA Sports

Values are basic beliefs about what is good or ought to be, that actually serve as guidelines for decision making and action. Values education is the process of helping people develop values, becoming conscious of those values, and using them to make decisions.

The YMCA believes that character development, focusing on the values of caring, honesty, respect, and responsibility, is an essential element of its sports program.

Caring: To love others and be sensitive to the well being of others involved in the sports program.

Honesty: To have integrity, making sure that one's actions match one's values through participation in sports.

Respect: To value the worth of every person, including oneself, one's teammates, opponents, and officials.

Responsibility: To be accountable for one's behavior and obligations.

YMCAs have a responsibility for training volunteers to be sensitive to the appropriate values which may be developed through sport, and to create an environment conducive to values development.

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Rule I. DEFINITIONS

Section 1. An Amateur.

An amateur is one who engages in sports solely for the pleasure of competition and physical, mental, and social benefits derived therefrom.

Section 2. A YMCA Member.

A YMCA member is a person, who, after due application, is enrolled by the Association as an annual member, entitled to full privileges, activities and services of that Association. In Metropolitan YMCAs where association-wide memberships entitle the individual to full privileges, activities and services of more than one unit, the person must compete for the unit in which he/she enrolls for the membership or designates at the time of enrollment the unit for which he/she will be competing.

Section 3. Dual Representation.

An individual or team has dual representation when representing more than one organization during the current season whether in the same or different sports.

Section 4. Current Season.

Current Season is defined by each sports National Event Committee.

Section 5. National YMCA Competition.

National YMCA competition consists of the championships authorized by the Program Development Division.

Section 6. Field/Cluster/State Competition.

Field/Cluster/State YMCA competition consists of the championships authorized by YMCAs in those groupings desiring such competition.

Section 7. Closed Competition.

Closed competition occurs when individuals or units of the YMCA movement (recognized members of the World Alliance of YMCAs) compete among themselves.

Section 8. Open Competition.

Open competition occurs when individuals or units of the YMCA compete with representatives of non-YMCA organizations or units.

Section 9. Formal Competition.

Formal competition is closed or open contests in which teams or individuals are officially designated by a local YMCA to represent that YMCA and for which entry fees are charged, standings are kept, awards given, and records and championships are contested.

Section 10. Competition Other than Formal.

Competition other than formal is that in which fellowship, recreation, and practice are the principle objectives. It includes events and activities in which no championships or officially recognized titles or standings are at stake, no entry fee is charged, no award is given, and no admission is charged for spectators. It may be intramural competition (contests within an Association or Branch), inter-Association competition (social competition between neighboring Associations or Branches), competition under YMCA auspices or supervision, or competition with non-YMCA groups.

Exception: Any competition conducted solely for members of one Branch or single-unit Association may be considered other than formal even though championships of officially recognized titles or standings are at stake, entry fees are charged, awards are given, or admission is charged for spectators. For example: house leagues, church or Sunday School leagues, industrial leagues.

Section 11. Eligibility.

Only certified Associations are eligible to compete in events involving other Associations.

Section 12. An Association.

An Association is a YMCA unit which is certified by the National Board, holds an Association branch or unit number, and is eligible for separate listing in the YMCA Directory. A Branch, Department, or Center of a Metropolitan Association shall be considered an Association for the purposes of competition.

Section 13. Terminated Association.

A terminated Association is one that has failed to meet the standards established by the National Board of YMCAs and has been removed from the list by action of the National Board's Committee on Member Associations. It is no longer considered a YMCA.

Section 14. Disqualified Association.

A disqualified Association is one that has been removed by the Field/Cluster/State or National Event committee responsible for the competitive activity in which the Association was involved. The Association shall be removed from the list of the Associations eligible for sports competition in one or more sports at the Field/Cluster/State or National level because of violation or negligence in sports administration.

Rule II. ELIGIBILITY OF INDIVIDUALS

(Please Note Rule IV, Section 3)

Section 1.

An individual who fulfills the following conditions shall be eligible to represent his/her Association in formal closed competition:

- a. A YMCA member in good standing for the past 30 days (90 days for Field/Cluster/State/National Championship. See Rule IV, Section 3).
- b. An amateur athlete in the competitive season in the sport in which the individual desires to represent the YMCA. A competitor may be a professional in another sport.
- c. Eligible under the Permissible Dual Representation Rule (See Section 2).
- d. Not in violation of any of the provisions of Rule V.
- e. Certified by an authorized staff member of the Association as meeting the above conditions.

Section 2. Permissible Dual Representation Rule.

Dual representation shall be permitted when:

- a. An individual is eligible to represent his/her YMCA in closed competition, in addition to other organizations he/she has represented or is representing, providing he/she has not competed for another YMCA during the previous four months.
- b. An individual is eligible to represent his/her YMCA in open competition provided he/she has not represented another YMCA in open competition during the previous four months and meets the eligibility requirements of the governing body of the sport concerned.

NOTE: Event committees may reserve the right to restrict dual representation. National event committees must have the written approval of the YMCA of the USA Program Committee.

Transfers by Consent.

An individual wishing to transfer from one YMCA unit to another is eligible to represent the new YMCA immediately upon the written consent of the YMCA unit he/she previously represented. This includes transfer from one metropolitan branch to another. The membership transfer must be completed before the individual competes for the new Association. Once an individual transfers by consent to another YMCA, that person cannot transfer back and compete for the YMCA unit he/she previously represented for one year from the date of the original transfer.

Rule III. ELIGIBILITY OF ASSOCIATIONS

An Association that fulfills the following requirements shall be eligible for representation in formal competition:

- a. Is a certified YMCA.
- b. Is in good standing with its own State/Cluster/Field Committee/Individual administering the YMCA sports program.
- c. Confines its formal YMCA competition to Associations that are certified and comply with the provisions set forth in the "Rules that Govern YMCA Competitive Sports".

Rule IV. CHAMPIONSHIPS

Section 1.

State/Cluster/Field and National Championships must be conducted as formal competition. (See Rule I, Section 9).

Section 2.

Event Committees or groups of YMCAs which operate State/Cluster/Field/National Championships shall have the authority to establish rules and regulations governing such sports competition so long as they remain in accord with the Rules That Govern YMCA Competitive Sports (established November, 1996 and as amended from time to time). Any changes in such rules and regulations shall be made known at least 90 days in advance of any competition to which they apply. Where there is a conflict between those rules and the Rules That Govern YMCA Competitive Sports, the Rules That Govern YMCA Competitive Sports take precedence.

Section 3.

For State/Cluster/Field or National YMCA Championships, each competitor shall have represented his/her Association in formal competition during the current season in the same sport and been a YMCA member in good standing for a period of 90 days prior to the date of the event entered except as provided in Rule II. Section 2. Transfers by Consent . In instances where an Association does not sponsor representative teams in formal competition in a certain sport, an athlete of the Association may be permitted to enter State/Cluster/Field or National competition in that sport provided the entry is approved by the committee or individual administering that State/Cluster/Field/National competition.

Rule V. VIOLATIONS

Section 1. Violations which May Lead to Disqualification of an Association.

The Field/Cluster/State or National Event committee responsible for any competitive activity in which an Association is participating may disqualify that association for:

- a. Failure to enforce and maintain the "Rules that Govern YMCA Competitive Sports" as herein set forth.
- b. Being a party to or condoning violations which disqualify an amateur under these rules.
- c. Being suspended by the National Board for failure to meet requirements for recognition as a member Association.
- d. Misconduct or poor sportsmanship by athletes, coaches, or other local Association officials preceding, during, and after the competition.

Section 2. Violations which May Disqualify an Athlete from Representing a YMCA in Sports Competition:

- a. Exhibiting unsportsmanlike conduct.
- b. Competing under an assumed name.
- c. Misrepresenting facts regarding eligibility or performance.
- d. Involvement in substance abuse.
- e. Failing to meet the conditions stated in Rule II "Eligibility of Individuals".

Rule VI. PROTESTS

Section 1.

Protests affecting the eligibility of any individual or Association must be made in writing and must be made within 30 days of the conclusion of the event. Whenever possible, issues that may lead to protests should be discussed and resolved prior to competition.

Section 2.

Protests shall be considered by the Event Committee in charge of the competition.

Section 3.

A protested player or Association may be permitted to compete under protest.

Section 4.

The Event Committee shall have power to reject any entry.

Section 5.

Upon receipt of protests supported by reasonable proof alleging violations by an Association, the State/Cluster/Field/National Event Committee responsible for the competition in which the Association was participating, or Program Services Division, upon recommendation of the National Event Committee, may declare the Association concerned not eligible for formal competition in any sport until such time as a thorough investigation is made and final decision rendered.

Section 6.

The Event Committee responsible for the competition in which the individual or Association was participating shall render judgment regarding further eligibility at that competitive level in that sport. For example, a Cluster Event Committee cannot render eligibility decisions that affect events at other competitive levels, such as at the Field or National level.

However, when an individual or Association is ruled ineligible, this decision shall be reported to Event Committees at other levels. These Event Committees are authorized to support the eligibility ruling if they so choose.

Section 7.

Awards or trophies acquired by individuals or Associations under conditions for which they are subsequently disqualified shall be returned to the proper committee.

Rule VII. REINSTATEMENTS

Section 1. Reinstatement of Associations.

- a. Any Association which has been disqualified may apply for reinstatement by writing to the committee issuing the sanction, stating reason for such application.
- b. Reinstatement of an Association that violates Rule V, Section 1, c, may be made by the committee issuing the sanctions when requirements for recognition as a member Association of the National Board of the YMCA of the USA have been met.

Section 2. Reinstatement of Individuals.

- a. Applications for reinstatement must be approved and signed by the Chairperson of the local YMCA committee related to program and the Executive Director of the Association of which the applicant is a member in good standing.
- b. The committee issuing the sanctions shall pass upon all applications for reinstatement of individuals.
- c. An athlete shall be ineligible to compete while his/her application for reinstatement is pending.

- d. An individual whose application for reinstatement has been rejected initially may apply again for reinstatement, subject to the policy developed by the committee issuing the sanctions.

Rule VIII: Rules for Cluster/ State / Field / National Committees Conducting Interassociation Championships

All Interassociation Championship events must be conducted in accord with these Rules That Govern YMCA Competitive Sports.

All funds accumulated by the committees for the purpose of administering the championships must be maintained in custodial accounts of local YMCAs or in the case of National Event Committees in custodial of the YMCA of the USA. Committees will be self supporting.

All interassociation Championships should be hosted by local YMCAs. Committees should not assume responsibility for conducting the championships themselves.

Issues involving eligibility of individuals and associations should be resolved by the committee related to the event in accord with these "Rules That Govern YMCA Competitive Sports."

Any new YMCA Championship must be approved by the YMCA of the USA Program Committee.

Where there is interest in particular sports for interassociation championships events by groups of clusters or states, committees should be appointed to administer and coordinate the championships.

- a. All clusters or states desiring to participate in the championships should be represented on the committee.
- b. All representatives to the committee from the clusters should be appointed by either the cluster level organization of physical and program directors or of executive directors.
- c. The committee members should have one year terms and may serve consecutive terms but should not serve more than three consecutive terms.
- d. The chairpersons of the committees must be appointed by the National Field Consultants related to physical education and program.
- e. All events should adhere to the national rules set forth by a national committee.

Rule IX. AMENDMENTS AND REVISIONS

Section 1.

Any proposed amendment must be submitted to the YMCA of the USA Program Committee.

Section 2.

The YMCA of the USA Program Committee will review any proposed revision to the "Rules that Govern YMCA Competitive Sports" at its regular meeting. These will be subject to approval by the National Board of the YMCA of the USA or authorized committee of the Board.

INTERNATIONAL COMPETITION

The Amateur Sports Act, approved by Congress in 1978, designates the United States Olympic Committee as the official coordinating body for amateur sports in the United States.

The Sports Act further provides that each sport included in the Pan American and Olympic Games be controlled by a National Sports Governing Body with authority to sanction international competition in that sport.

YMCAs either sending teams abroad or hosting foreign teams in sports competition (whether involving YMCA or non-YMCA teams from abroad) should comply with the sanction procedure of the appropriate National Governing Body for the particular sport.

Questions about sanction procedures should be addressed to the Program Services Division.

YMCA of the USA
Program Services Division
101 North Wacker Drive
Chicago, Illinois 60606
Revised November 1996

YMCA OF THE USA

GUIDELINES FOR YMCA COMPETITIVE TEAMS

The "Rules That Govern YMCA Competitive Sports" have been established to serve as the guiding document for YMCA competitive sports. The following guidelines have been developed to help YMCAs manage their competitive sports teams in a responsible manner in accord with these rules. These guidelines also address issues that may arise when YMCA teams participate in competition provided by other organizations.

It is strongly recommended that YMCAs establish written policies that define their management practices for their associations.

YMCA IDENTIFICATION AND CONTROL

Teams representing local YMCAs in both YMCA competition and open competition should be identified with and remain under the complete control of the sponsoring YMCAs. Joint sponsorship of teams by a YMCA and an outside organization is not recommended.

If a YMCA team must obtain a charter from a National Governing Body (NGB) for a specific sport in order to participate in open competition in that sport, the name on the charter should include the name of the sponsoring YMCA.

When YMCA teams participate in Closed Competition (competition among YMCAs), they are governed by the "Rules That Govern YMCA Competitive Sports" and any rules established by the YMCA committee responsible for that competition.

When YMCA teams participate in Open Competition (competition sponsored by National Governing Bodies involving teams from various organizations) they are governed by the rules and regulations set forth by those NGBs except where the rules and regulations of the NGB are in conflict with YMCA safety and insurance standards.

RISK MANAGEMENT

When there is a difference in rules related to safety in competition (i.e. the difference in the minimum depth of water for use of starting blocks) the YMCA should first follow the YMCA regulations and then, the most conservative rules.

MEMBERSHIP REQUIREMENTS

YMCA teams and members of YMCA teams that desire to participate in open competition sponsored by a National Governing Body (NGB) must register with that NGB, pay the appropriate registration fees and adhere to the rules and regulations established by the NGB for the competition.

The athletes must also be full privilege members of the local YMCA as determined by the "Rules That Govern YMCA Competitive Sports".

According to the rules, a YMCA member is a person, who, after due application, is enrolled by the association as an annual member, entitled to full privileges, activities, and services of that association. This means that the members of YMCA competitive teams must have annual full-privilege memberships that entitle them to the same activities and services as all other annual full-privilege members.

If a YMCA has established a special membership category for the participants on its competitive teams that is different from the annual memberships provided for other youth and adults, those individuals are in violation of the "RULES THAT GOVERN YMCA COMPETITIVE SPORTS" and are ineligible for YMCA competition.

Members of YMCA teams who do not participate in open competition sponsored by a National Governing Body should not be required to register with that organization. Only those athletes who compete in the open competition should register with the NGB.

PERSONNEL

Coaches of YMCA inter-association teams and in-house teams should be employees or volunteers of the YMCA, hired and supervised by a member of the YMCA Staff, not a Parents' organization or an independent club. The coaches are subject to either the personnel policies or volunteer policies of the YMCA.

A clear line of communication should be established between the coaches, the Parents' Organization and the YMCA Staff to be certain that all parties are aware of the team's accomplishments, progress and requirements.

PARENTS' ORGANIZATIONS

Participants in Parents' Organizations are program volunteers responsible for assisting YMCA Staff in conducting the competitive program. They should be responsible to the YMCA Staff and should not be viewed as a policy-making committee for the association.

All policy decisions affecting the competitive sports program and teams should be made by the Physical Education Committee, Program Committee, Aquatic Committee or other committee assigned that responsibility by the YMCA Board of Directors. The Parents' Organizations should have representation on the appropriate committee.

FINANCIAL MANAGEMENT

All funds for competitive teams should be channeled through the YMCA accounting system where they are under the direct control of the YMCA. This will enable the YMCAs to report these funds on their 990 forms as required by law and will help to prevent the misuse or inappropriate use of the funds and the YMCA's Federal Tax Exemption.

Funds raised "in the name of" or "utilizing the name of the YMCA" are legally YMCA funds and should be under the control of the association. A careful understanding should be established with the groups affected, concerning how they might access funds for approved use.

Funds earmarked as "custody" accounts should become the property of the YMCA if a group disbands or leaves the sponsorship of the association.

Equipment purchased in the name of the YMCA (especially when the YMCA's tax exemption is utilized or discounts are obtained through use of the YMCA's name) are the property of the YMCA. It is unlawful to purchase equipment in the name of the YMCA if it is not to be the property of the YMCA.

YMCA of the USA
Program Services Division
101 North Wacker Drive
Chicago, Illinois 60606
December 1997

SOUTHEAST CLUSTER BY LAWS AND ADDENDUM TO NATIONAL RULES

I. NAME

The name of this organization shall be the Southeast Ohio / West Virginia Cluster YMCA Swim League.

II. PURPOSE

The purpose of this organization shall be to provide fair play (as according to the “YMCA of the USA Rules that Govern YMCA Competitive Sports”) for girls and boys and an opportunity to participate in competitive swimming under conditions that will foster skillful aquatic ability, good fellowship, team and association loyalty, a finer appreciation of swimming for its own sake, and sportsmanship of high caliber on the part of swimmers as well as spectators and officials.

III. MEMBERSHIP AND MEETINGS

- A. Any YMCA participating in the Southeast Cluster and listed in the YMCA directory is eligible for membership. All associations must pay annual dues and any accrued fines, satisfy the dual meet requirements, and participate in the League Championships.
- B. The League shall hold regular meetings: the Spring meeting date to be announced and the second Saturday in September.
- C. Notice of all League meetings shall be made at the direction of the League President and to the Coach, Executive Director, the Parent Representative and Y Program Director of record of each member association.
- D. The association's representative shall be the Program Director and/or another person appointed by the local association.
- E. Any YMCA not represented at League meetings shall be fined \$25.00 per meeting. The Fall fine must be paid prior to the League Championships entry deadline or the entries will not be accepted. The Spring fine must be paid prior to the League Fall Meeting or the association is ineligible for membership.
- F. Voting power shall be limited to one vote per member association by someone appointed by the Executive Director for that association. The League President must be notified by a member of the professional staff of that association prior to the meeting of any changes in the voting representative or that association will not have voting power. SEE FORM ON PAGE 32
- G. The annual dues will be established at the September meeting. Teams not paying by November 1 will be assessed a \$25.00 fine. Payments must be received to be eligible for the League Championships.

- H. A typed swim team roster (see Page 29) listing each swimmer's name, birth date, age as of December 1 and membership expiration date shall be filed with the League President and Secretary by November 1 for the winter season and June 15 for the summer season or the team will be assessed a \$25.00 fine. Additions to the roster must be filed in writing with the League officers before those swimmers can represent their association in YMCA competition. Included with this roster are to be copies of all coaches certification cards (front and back). If Certification expires before the Championship meet copies of the recertification must be sent before championship entries are due.
- I . Meetings will be conducted according to Robert's Rules of Order (abridged edition) unless otherwise superseded by SEC rules.

IV. LEAGUE OFFICERS

- A. Officers of the League shall be the President, Vice President and Secretary/Treasurer. The Secretary /Treasurer must be a YMCA Professional.
- B. A President shall be elected by the League membership at the spring meeting for a two-year term. Nomination of candidates for the offices of President, Vice President, and Secretary shall be made by a nominating committee. This committee shall be appointed by the current President at the September meeting and consist of one representative each from the Parent, Coach and Y-Professional communities. The responsibilities of the committee shall include: (A) identify and secure the agreement of appropriately qualified candidate(s) to serve if elected, (B) communicate in writing, not later than twenty (20) days in advance of the September meeting the name(s) and qualifications of the candidate(s) to the coach, parent and Y-professional of record of each association and to the president of the Physical Committee.
- C. The President shall schedule and preside over the League meetings.
- D. The Secretary/Treasurer shall be financial officer of the League. All dues shall be sent to this officer. All disbursements of monies shall be approved by the President. The Secretary/ Treasurer shall issue a bi-annual financial statement to all league members.

V. LEAGUE RULES AND REGULATIONS

- A. The League is under the control of the Great Lakes Zone YMCA Competitive Swim Committee. Notification of all elections, amendments to the Rules and Regulations and other pertinent matters will be made to the Chairman of the Great Lakes Zone YMCA Competitive Swim Committee.
- B. A quorum for league meetings will be two-thirds of the Associations participating in swimming.

- C. The League Rules and Regulations may be changed by a majority affirmative vote of the League members present provided a quorum has been satisfied.
- D. A Rules and Regulations Committee shall be appointed by the President. It will be the responsibility of this committee to review the League Rules and Regulations before the September meeting.
- E. The League Rules and Regulations will be published by the President or Secretary and distributed originally in a binder given to each YMCA's Executive Director, coach and parent representative. Annual page updates will be furnished and it will be the responsibility of each team to maintain its binder with the annual updates.
- F. The championship committee chaired by the president shall consist of two representatives from each team, one being the representative and one being the designated alternate.

VI. GREAT LAKES ZONE COMPETITIVE AQUATIC COMMITTEE

The League shall be represented on the Great Lakes Zone Competitive Swim Committee by one YMCA Professional and one lay person. The League President shall be one representative and the other shall be the Secretary/Treasurer.

VII. DUAL MEET SCHEDULE

"What constitutes a swim meet":

- Must be at one pool site;
 - Minimum of 6 swimmers from each team;
 - At least two teams;
 - Must have six events one of which shall be a four person relay (same sex);
 - Both teams must participate in all six events;
 - Certified coach must be present for each team
 - a. Meets YMCA Guidelines
 - b. Current Certification in CPR, First Aid, Coaches Safety Training or Lifeguarding;
 - Two YMCA officials one of which must be Level II (currently certified);
 - Results of meet must be recorded and signed by the meet referee.
- A. Coaches and Professional Staff shall determine each year's Inter-Association meet schedule, at the designated time during the Spring meeting, using the Designated form on page 27 with prior approval by the Executive Director and with Executive's Signature on form.
 - B. Each team shall swim League teams to make a minimum of four(4) meets. Up to two of these meets may be inter-League invitational meets.
 - C. New teams added to the League during the season shall schedule as many meets as possible. Article VII B will be waived the first year.

- D. A team canceling a meet will be subject to a fine unless the cancellation is made within one (1) month of the Fall meeting or weather prohibits the traveling team from making the trip. Meets canceled are subject to review by the Rules and Regulations Review Committee.
- E. A \$50.00 fine may be charged for the first cancellation and \$75.00 for every cancellation thereafter. Fines must be paid prior to the entry deadline for the League Championship or entries shall not be accepted; or prior to the Fall meeting or the Association is ineligible for membership.

VIII. COMPETITIVE RULES - DUAL MEETS

A. Current Season

1. The YMCA winter season is from September 1 to April 30.
2. The YMCA summer season is from May 1 to August 31.

B. Swimmers

1. A swimmer must be a full privilege annual member of the YMCA he/she represents.
2. A swimmer's age for the entire season shall be determined as of the first day of December for the winter season and the first day of June for the summer season and swimmers shall swim in their own age group for all individual events.
3. A swimmer must have represented only his/her YMCA in any open competition during the current season (Sept. 1 - April 30) or (May 1 - August 31). (note: A swimmer or diver may compete in open competition unattached but may not represent any team other than his/her local YMCA.

C. Age Group

Teams are to be divided into five age groups as follows:

- 8 and under
- 10 and under
- 11-12
- 13-14
- 15 and over (see note)

Note: In order to score points, the swimmer must (1) not yet have graduated from high school or (2) if 19 or over must be enrolled in high school as of December 1.

D. Awards

Teams shall not award place ribbons for dual meets.

E. Events

1. Distances shall be the same as the Zone Championship Meet except as noted below.
2. By mutual consent of the coaches, the 200 free relay or 800 free relay may be substituted for the 400 free relay.
3. 8 and under events and order are: 100 MR., 100 F, 100 IM., 25 F, 25 Fly, 50 F, 25 BK, 25 BRST, 100 FR to be swum prior to each corresponding Zone event.

4. Swimmers may swim two (2) individual events, one (1) medley relay and one (1) freestyle relay or three (3) individual events and one (1) relay for a total of four (4) events. Senior events for 12 and over swimmers (National events that are not swum in League Competition) may be swum in dual meets upon the mutual consent of both coaches and the meet referee. The order in which the event(s) is/are swum will be at the discretion of the referee. Senior events will be scored on an individual basis and will be counted in the team score. Participation in a senior event counts toward the total number of events in which the swimmer may participate in the dual meet.
5. A team may enter as many swimmers or relays as it desires. The event counts as one swim per Art. VIII E (4) whether or not the swim scores. Multiple heats will be conducted as needed. See ART. VIII. I. for scoring.
6. Swimmers may swim up to fill a relay which has at least 2 individuals in that age group relay. The oldest swimmer determines the age group of the relay. It is the responsibility of the coach, as a courtesy, to notify the opposing coach and scorekeeper.
7. Exhibition swims are permitted in scoring events only upon the mutual consent of coaches from both teams and the meet referee. NCAA Rule 2, Section 1, Article 3 I regarding false starts states that the swimmer may not swim the race. For league dual meets the swimmer may swim the race but the swimmer remains disqualified and shall not score in that race.

F. ENTRY CARDS

Entry cards for dual meets shall conform to the example. The cards shall be color coded, blue representing boy swimmers, pink representing girl swimmers and white representing non-scoring exhibition swimmer. Card size shall be 3x5 or computer card.

* SEE PAGE 22 FOR SAMPLE OF CARD*

G. PROTESTS

Protests concerning the conduct of the meet must be made in writing to the referee within 30 minutes of the conclusion of the meet. An appeal may be made in writing to the League President within 48 hours. All other protests must be made in writing within 48 hours to the League President.

H. OFFICIATING

1. The current NCAA rules shall be followed except where superseded by a League Rule. Any NCAA or league rule changes will be e-mailed or mailed to all coaches and parent representatives within the league by the league president. It will be their responsibility to give the changes to all the officials within their team. All changes will take effect immediately upon the coaches/parent representatives receiving them.
2. The Referee, Starter and Stroke and Turn Judges should be Certified Officials. There shall be at least one (1) YMCA Certified Level II Official at dual meets. (It is recommended that each team have four (4) to six (6) Level II YMCA Certified Officials and six (6) to eight Level I YMCA Certified Officials.

3. The host team shall be responsible for all officials for dual meets. Visiting teams are welcomed and encouraged to provide officials.
4. It is recommended, for safety purposes, that a deck official be present and in control during all warm-up periods.
5. The following statement shall supersede Article 3a on page 24 of the 1988 NCAA Rule Book (or the corresponding article and page number in later editions of the Rule Book). In the butterfly stroke, both arms must be brought forward together over the water and backward simultaneously. For 8& under swimmers only, if any part of the hand or arms break the surface of the water, the swimmer will be judged as having the arms "over the water".
6. The following statement shall supersede Rule, Section 23, Article 4 on page 41 of the 1988 NCAA Rule Book (or the corresponding article and page number in later editions of the Rule Book). When completely automatic or semi-automatic judging and timing equipment is used, the official order of finish shall be determined in the following manner. All valid primary times are to be used. If a primary time is not available or valid then the secondary time is to be used. If the secondary time is not available or valid then the tertiary time is to be used.

I. SCORING

Scoring is optional at dual meets by the mutual consent of the coaches. Any given team may score only three (3) places in an individual event or two (2) places in a relay event irregardless of finish order. Scoring will be Relays:

11, 4, 2, and individuals 9, 4, 3, 2, 1.

J. OFFICIAL MEET RESULTS

1. Score sheets will be provided by the League which will include triple part score sheets for each age group and one for all non-scoring swims. Computer generated meet results will also be accepted if signed on each page by a meet official and a coach from each team.
2. Only point scoring swims shall be recorded on the age group score sheets and shall include the swimmer's first and last name.
3. All non-scoring and exhibition swims shall be recorded on the special non-scoring sheet. This is to include a complete event description (11-12 50 yd. free, not just event number), team name, swimmer's first name, swimmer's last name and official time.
4. A minimum of three (3) copies of every sheet shall be made with the original copy going to the League President, the first copy to the visiting team, and the second copy to the host team.
5. All copies shall be signed by a Certified Level II official, and a coach from each team.
6. Meet results shall be sent to the League President by the host team. These results must be postmarked within one (1) week of the meet or a fine of \$25.00 will be assessed against the host team. The President will maintain a central file of all league meet results for a period of at least one year from date of the meet.
7. All result sheets must be legibly printed in ink.

8. All times must be recorded to one-hundredths; see rule book for proper procedure.
9. All copies must be legible. The visiting team can request a copy of the original score sheet if necessary. The request should be made at the time for signing the final result sheets and should be noted on the final result sheets. If copies are not received within one (1) week a copy can be requested from the League President. A copy charge of \$5.00 will be assessed to the host team.
10. Meet results for Invitationals must include name of meet, date and official signature on each page.

IX. INVITATIONAL MEETS

Scoring, Age-up date, order of events and false start exception will be determined by the host team, but in order to count the meet for League Championships, NCAA rules and League Bylaws must be followed.

X. LEAGUE RECORDS

League records shall be maintained by the league secretary for 25 yard pools, 25meter pools and 20 yard pools. These records may be set in any YMCA inter-association or YMCA sanctioned swim meet(s) by any swimmer representing a team in the League swimming either for points or exhibition. Performances (with appropriate supporting evidence) bettering League Records must be submitted to the League Secretary by May 31 of each season to be accepted. The League Secretary will publish the League Records annually for distribution at the fall meeting of the league. Each record breaker will be presented with a 4x6 plaque which contains the name, date, event, age group, time and location where made.

XI. SOUTHEAST CLUSTER ALL-STARS

SEC All-Stars will be determined by each association at the conclusion of each season. Time standards will be established at the September meeting. Swimmers who have met the time standards from any meet where they have represented their YMCA either for points or exhibition shall be awarded All-Star certificates signed by the League President and the team Coach. The conversion times for meters to yards shall be the same as those used to determine qualifying times of the Zone Championship meet. Conversion times for 20 yard pools are based on the attached table (pg 23).

XII. CLUSTER CHAMPIONSHIP MEET

A. A Cluster Championship Meet shall be held at the end of each season.

B. The exact date and site shall be determined at the September meeting.

C. ELIGIBILITY

1. All swimmers shall have represented their association in three (3) YMCA meets during the winter season for winter Championships and two (2) meets during the summer season for summer Championships and shall have been a YMCA member in good standing who holds an annual, full privilege membership,. The three meets MUST be minimum of one (1) interassociation dual meet and two (2) other YMCA dual meets or YMCA closed invitationals.

2. All regular season swim meets that are concluded in a single day count as one meet regardless of the scoring procedure used or the number of teams competing.
3. Entry forms must be signed by an association professional Staff member (other than a coach) verifying swimmer eligibility.
4. Teams which have not paid any accrued fines by the Championship meet entry deadline will not be allowed participate in the meet.

D. CONDUCT OF THE MEET

1. The current NCAA Swimming guide shall govern the meet except where superseded by a Southeast Cluster YMCA Swim League Rule. Criteria for disqualification of swimmers will be one of the topics at both the coaches' and the officials' meetings. Article 4. a.(Required Participation of Entrants) of the 2002 NCAA rules will not be enforced.
2. A swimmer's age group participation shall be determined as of his/her age the first day of December for the winter Championships or the first day of June for the summer Championships. Swimmers shall swim in their own age group for all individual events.
3. Distances shall be the same as the Dual meet program as specified in Article VIII. E. items 1,2,and 3.
4. All events shall be swum as Time Finals and shall be seeded as such.
5. There shall be no exhibition swims during the meet. Time trials may be swum at the end of one or both sessions.
6. Protests must be submitted in writing and will be settled by a meet committee consisting of the Meet Referee, Meet Director and 3 others consisting of one coach, one parent representative and one other as chosen at the championship meeting. Members of this committee must be present both days of the championship meet.
7. For safety purposes, at least one official will be present on the deck supervising all warm-up periods.

E. ENTRIES

1. Entry information shall be mailed by the host teams at least three (3) weeks prior to the entry deadline.
2. The entry deadline shall be determined by the host team. Entries received after the deadline shall carry a fine of \$50.00 a day for a maximum of seven days after the deadline at which time the entries will be returned.
3. 'NO TIMES' will not be accepted for individual entries. Swimmers must have swum that event in competition during the current YMCA season. Entry times may be challenged.
4. Entry fees shall be at the discretion of the host teams with individual events not to exceed \$2.00 and relay events not to exceed \$5.00.
5. Swimmers may enter three (3) individual events, one (1) medley relay and one (1) freestyle relay. A swimmer may move up to fill a relay which has at least

two (2) individuals in that age group relay. This will be counted toward that swimmer's one (1) allowed medley relay or one (1) allowed freestyle relay.

6. Senior events will not be scored on an individual event basis and will not be counted in the team score. Participants in a senior event are eligible for awards for the individual event. Participation in a senior event does not count toward the total number of events in which the swimmer can participate at the Championship Meet.

F. SCORING

Scoring shall include age group competition as follows: 8 and under, 10 and under, 11-12, 13-14, 15 and over.

Scoring for the winter Championships shall be as follows:

Individual events: 16-13-12-11-10-9-7-5-4-3-2-1

Relay events: 32-26-24-22-20-18-14-10-8-6-4-2

Scoring for the summer Championships shall be as follows:

Individual events: 9-7-6-5-4-3-2-1

Relay events: 18-14-12-10-8-6-4-2

Note - In order to score points, the swimmer must (1) not yet have graduated from high school or (2) if 19 or over must be enrolled in high school as of December 1. There will be no limit on the number of entries or scoring by a team in individual events; however no team may score more than two relays in each age group regardless of the number of entries.

G. AWARDS

For the winter season, individual, relay, and team awards for the championship meet must meet the following requirements:

1. Ribbioned medals for first through sixth place.
2. Ribbons for seventh through twelfth place.
3. A rotating trophy shall be awarded annually to the winning team.
4. A girl's and boy's plaque approximately 6 by 8 inches shall be awarded in each age group to the team receiving the most points.

For the summer season, individual, relay, and team awards for the championship meet must meet the following requirements:

1. Ribbioned medals for the first through third place.
2. Ribbons for fourth through eighth.
3. Team trophies for first through third place.
4. Individual high point trophies both boys and girls in each age group.

H. COACHES MEETING

Each team shall have a representative at the coaches' mtg. prior to the meet.

I. OFFICIALS

Each team shall supply timers and YMCA Certified officials as determined by the Meet committee. The names shall be mailed with the entries and workers shall be notified of their scheduled time to work prior to the meet.

J. FACILITIES AND MEET INFORMATION

1. The minimum required facilities for conducting the League Championship shall be:
 - a. A six lane, 25 yard or 25 meter pool with non-turbulent type lane lines.
 - b. Electronic timing equipment.
 - c. A spectator area to accommodate at least 250 with full view of the pool.
 - d. Ancillary facilities for a swimmers' rest area for 300 swimmers.
 - e. Hotel/motel accommodations for 500 within a 20 mile radius.
 - f. Starting blocks at both ends of the pool are preferred.
2. Championship information shall be submitted at the Fall meeting for winter and at the Sprint meeting for summer in writing with sufficient copies for representatives noted on the roster. Such information shall include:
 - a. A description of the facilities.
 - b. The proposed entry fees.
 - c. The date of the meet.
 - d. A proposed format for the meet (i.e. number of sessions and age groups participating in each session). The proposed format is subject to alteration by the host team until meet entries are mailed.
 - e. Recommended safety procedures for warm-ups.
 - f. A list of available lodging in the area.
 - g. All other items required by these rules.
3. The host teams should base entry fees on the following general guidelines.
 - a. Pool rental fees, if any.
 - b. Maintenance and staff costs, if any.
 - c. Cost of individual medal awards.
 - d. Cost of ribbon awards.
 - e. Cost of team awards.
 - f. Any other expenses which the hosts might incur.

Deck Entry Card Sample

(For Dual Meets)

Event No. _____		Best Time _____		
Heat _____		Lane _____		
8-U	10-U	11-12	13-14	15-18
Event	Yards / Meters			
20	25	400	Free	IM
40	50	500	Back	MR
80	100	800	Breast	FR
160	200	1650	Fly	
Name _____				
Team _____				
Time _____				

		Official Time	<div style="border: 1px solid black; width: 100px; height: 30px; display: inline-block;"></div>	
PLACE _____				

CONVERSION SHEET

To convert 40's to 50's

40 YD. <u>TIME</u>	50 YD. <u>TIME</u>	40 YD. <u>TIME</u>	50 YD. <u>TIME</u>	40 YD. <u>TIME</u>	50 YD. <u>TIME</u>	40YD. <u>TIME</u>	50 YD. <u>TIME</u>
18.4	23.5	22.7	29.0	27.0	34.7	31.3	40.2
.5	.7	.8	.1	.1	.8	.4	.3
.6	.8	.9	.3	.2	35.0	.5	.4
.7	.9	23.0	.5	.3	.1	31.6	40.6
.8	24.0	.1	.6	.4	.2	.7	.7
.9	.2	.2	.7	.5	.3	.8	.8
19.0	.3	.3	.9	.6	.4	.9	.9
.1	.4	.4	30.0	.7	.6	32.0	41.0
.2	.5	.5	.1	.8	.7	.1	.2
.3	.7	.6	.2	.9	.8	.2	.3
.4	.8	.7	.4	28.0	.9	.3	.4
.5	.9	.8	.5	.1	36.1	.4	.5
.6	25.0	.9	.6	.2	.2	.5	.7
.7	.2	24.0	.7	.3	.3	.6	.8
.8	.3	.1	.9	.4	.4	.7	.9
.9	.4	.2	31.0	.5	.6	.8	42.0
20.0	.5	.3	.1	.6	.7	.9	.2
.1	.7	.4	.2	.7	.8	33.0	.3
.2	.8	.5	.4	.8	.9	.1	.4
.3	.9	.6	.5	.9	37.1	.2	.5
.4	26.0	.7	.6	29.0	.2	.3	.7
.5	.2	.8	.7	.1	.3	.4	.8
.6	.3	.9	.9	.2	.4	.5	.9
.7	.4	25.0	32.1	.3	.6	.6	43.0
.8	.5	.1	.2	.4	.7	.7	.2
.9	.7	.2	.3	.5	.8	.8	.4
21.0	.8	.3	.5	.6	.9	.9	.5
.1	.9	.4	.6	.7	38.1	34.0	.6
.2	27.0	.5	.7	.8	.3		
.3	.2	.6	.8	.9	.4	34.4	44.1
.4	.3	.7	33.0	30.0	.5	34.8	44.6
.5	.4	.8	.1	.1	.7	35.2	45.1
.6	.6	.9	.2	.2	.8	35.6	45.6
.7	.8	26.0	.3	.3	.9	36.0	46.1
.8	.9	.1	.5	.4	39.0	36.4	46.7
.9	28.0	.2	.6	.5	.2	36.8	47.2
22.0	.1	.3	.7	.6	.3	37.2	47.7
22.1	28.3	.4	.8	.7	.4	37.5	48.0
.2	.4	.5	34.0	.8	.5		
.3	.5	.6	.1	.9	.7		
.4	.6	.7	.2	31.0	.8		
.5	.8	.8	.3	.1	.9		
.6	.9	.9	.5	.2	40.0		

*For all star times and informational purposes only

CONVERSION SHEET

80YD TIME	100YD TIME	80YD TIME	100YD TIME	80YD TIME	100YD TIME	80YD TIME	100YD TIME	80YD TIME	100YD TIME
44.0	57.0	49.0	.3	54.0	.7	59.0	.1	64.0	.4
.1	.2	.1	.4	.1	.9	59.1	76.2	.1	.6
.2	.3	.2	.5	.2	70.0	.2	.3	.2	.7
.3	.4	.3	.7	.3	.1	.3	.5	.3	.8
.4	.5	.4	.8	.4	.2	.4	.6	.4	.9
.5	.7	.5	.9	.5	.4	.5	.7	.5	83.1
.6	.8	.6	64.0	.6	.5	.6	.8	.6	.2
.7	.9	.7	.2	.7	.6	.7	77.0	.7	.3
.8	58.0	.8	.3	.8	.7	.8	.1	.8	.4
.9	.2	.9	.4	.9	.9	.9	.2	.9	.6
45.0	.3	50.0	.5	55.0	71.0	60.0	.3	65.0	.7
.1	.4	.1	.7	.1	.1	.1	.5	.1	.8
.2	.5	.2	.9	.2	.3	.2	.6	.2	.9
.3	.7	.3	65.0	.3	.4	.3	.7	.3	84.1
.4	.8	.4	.1	.4	.6	.4	.8	.4	.2
.5	.9	.5	.3	.5	.7	.5	78.0	.5	.3
.6	59.0	.6	.4	.6	.8	.6	.2	.6	.4
.7	.2	.7	.5	.7	72.0	.7	.3	66.0	85.1
.8	.3	.8	.6	.8	.1	.8	.4	66.4	85.6
.9	.4	.9	.8	.9	.2	.9	.6	66.8	86.1
46.0	.5	51.0	.9	56.0	.3	61.0	.7	67.2	86.6
.1	.7	.1	66.0	.1	.5	.1	67.8	67.6	87.1
.2	.8	.2	.1	.2	.6	.2	.9	68.0	87.6
.3	.9	.3	.3	.3	.7	.3	79.1	68.4	88.1
.4	60.0	.4	.4	.4	.8	.4	.2	68.8	88.6
.5	.2	.5	.5	.5	73.0	.5	.3	69.2	89.1
.6	.3	.6	.6	.6	.1	.6	.5	69.6	89.6
.7	.4	.7	.8	.7	.2	.7	.6	70.0	90.1
.8	.5	.8	.9	.8	.3	.8	.7	70.4	90.6
.9	.7	.9	67.0	.9	.5	.9	.8	70.8	91.1
47.0	.8	52.0	.1	57.0	.6	62.0	.9	71.2	91.6
.1	.9	.1	.3	.1	.7	.1	80.1	71.6	92.3
.2	61.0	.2	.5	.2	.8	.2	.2	72.0	92.8
.3	.2	.3	.6	.3	74.0	.3	.3	72.4	93.3
.4	.3	.4	.7	.4	.1	.4	.4	72.8	93.8
.5	.4	.5	.9	.5	.2	.5	.6	73.2	94.3
.6	.5	.6	68.0	.6	.3	.6	.7	74.0	95.3
.7	.7	.7	.1	.7	.5	.7	.8	74.8	96.3
.8	.8	.8	.2	.8	.6	.8	.9	75.6	97.3
.9	.9	.9	.4	.9	.7	.9	81.1	76.4	98.3
48.0	62.0	53.0	.5	58.0	.8	63.0	.2	77.2	99.5
.1	.2	.1	.6	.1	75.0	.1	.3	78.0	1:40.5
.2	.3	.2	.7	.2	.1	.2	.4	78.8	1:41.5
.3	.4	.3	.9	.3	.2	.3	.6	79.2	1:42.0
.4	.5	.4	69.0	.4	.3	.4	.7		
.5	.7	.5	.1	.5	.5	.5	.8		
.6	.8	.6	.2	.6	.6	.6	.9		
.7	.9	.7	.4	.7	.7	.7	82.1		
.8	63.0	.8	.5	.8	.8	.8	.2		
.9	.2	.9	.6	.9	76.0	.9	.3		

***For all star and informational purposes only**

Conversion Sheet

(For I.M. add 1 second to 200 time)

160 Yd.	200 Yd.	160 Yd	200 Yd	160Yd.	200Yd.
<u>TIME</u>	<u>TIME</u>	<u>TIME</u>	<u>TIME</u>	<u>TIME</u>	<u>TIME</u>
1:18.0	1:39.5	1:38.8	2:06.1	1:58.8	2:31.7
1:18.4	1:40.0	1:39.2	2:06.6	1:59.6	2:32.7
1:18.8	1:40.5	1:39.6	2:07.1	2:00.4	2:33.7
1:19.2	1:41.0	1:40.0	2:07.6	2:01.2	2:34.7
1:19.6	1:41.5	1:40.4	2:08.1	2:02.0	2:35.7
1:20.0	1:42.0	1:40.8	2:08.6	2:02.8	2:36.9
1:20.4	1:42.5	1:41.2	2:09.1	2:03.6	2:37.9
1:20.8	1:43.0	1:41.6	2:09.6	2:04.4	2:38.9
1:21.2	1:43.5	1:42.0	2:10.1	2:05.2	2:39.9
1:21.6	1:44.0	1:42.4	2:10.6	2:06.0	2:40.0
1:22.0	1:44.5	1:42.8	2:11.1	2:07.2	2:42.4
1:22.4	1:45.0	1:43.2	2:11.6	2:08.4	2:43.9
1:22.8	1:45.5	1:43.6	2:12.1	2:09.6	2:45.6
1:23.2	1:46.0	1:44.0	2:12.6	2:10.8	2:47.1
1:23.6	1:46.5	1:44.4	2:13.1	2:12.0	2:48.6
1:24.0	1:47.0	1:44.8	2:13.8	2:13.2	2:50.0
1:24.4	1:47.5	1:45.2	2:14.3		
1:24.8	1:48.0	1:45.6	2:14.8		
1:25.2	1:48.5	1:46.0	2:15.3		
1:25.6	1:49.0	1:46.4	2:15.8		
1:26.0	1:49.5	1:46.8	2:16.3		
1:26.4	1:50.0	1:47.2	2:16.8		
1:26.8	1:50.7	1:47.6	2:17.3		
1:27.2	1:51.2	1:48.0	2:17.8		
1:27.6	1:51.7	1:48.4	2:18.3		
1:28.0	1:52.2	1:48.8	2:18.8		
1:28.4	1:52.7	1:49.2	2:19.3		
1:28.8	1:53.2	1:49.6	2:19.8		
1:29.2	1:53.7	1:50.0	2:20.3		
1:29.6	1:54.2	1:50.4	2:20.8		
1:30.0	1:54.7	1:50.8	2:21.5		
1:30.4	1:55.2	1:51.2	2:22.0		
1:30.8	1:55.7	1:51.6	2:22.5		
1:31.2	1:56.2	1:52.0	2:23.0		
1:31.6	1:56.7	1:52.4	2:23.5		
1:32.0	1:57.2	1:52.8	2:24.0		
1:32.4	1:57.7	1:53.2	2:24.5		
1:32.8	1:58.4	1:53.6	2:25.0		
1:33.2	1:58.9	1:54.0	2:25.5		
1:33.6	1:59.4	1:54.4	2:26.0		
1:34.0	1:59.9	1:54.8	2:26.5		
1:34.4	2:00.4	1:55.2	2:27.0		
1:34.8	2:00.9	1:55.6	2:27.5		
1:35.2	2:01.4	1:56.0	2:28.0		
1:35.6	2:01.9	1:56.4	2:28.7		
1:36.0	2:02.4	1:56.8	2:29.2		
1:36.4	2:02.9	1:57.2	2:29.7		
1:36.8	2:03.4	1:58.0	2:30.7		
1:37.2	2:03.9				
1:37.6	2:04.4				
1:38.0	2:04.9				

*For all star and informational purposes only.

**Consent to Transfer
Southeast Cluster YMCA Swim League**

**This is to verify that _____ has
informed the _____
YMCA that he/she intends to transfer his/her membership and swim
team affiliation to _____ .**

We acknowledge that we have been so informed.

Coach

Executive Director

SOUTHEAST CLUSTER YMCA SWIM LEAGUE

Team Meet Winter Schedule 0000-0000

Team _____

	Sat or Sun (Circle one)		Date (Circle one)		Meet Start Time (Write in)	versus Team 1	Team 2
September	Sat	Sun	0	0	_____	_____	_____
	Sat	Sun	00	00	_____	_____	_____
	Sat	Sun	00	00	_____	_____	_____
October	Sat	Sun	0	0	_____	_____	_____
	Sat	Sun	00	00	_____	_____	_____
	Sat	Sun	00	00	_____	_____	_____
November	Sat	Sun	0	0	_____	_____	_____
	Sat	Sun	00	00	_____	_____	_____
	Sat	Sun	00	00	_____	_____	_____
December	Sat	Sun	0	0	_____	_____	_____
	Sat	Sun	0	0	_____	_____	_____
	Sat	Sun	00	00	_____	_____	_____
January	Sat	Sun	00	00	_____	_____	_____
	Sat	Sun	00	00	_____	_____	_____
	Sat	Sun	00	00	_____	_____	_____
February	Sat	Sun	0	0	_____	_____	_____
	Sat	Sun	0	00	_____	_____	_____
	Sat	Sun	00	00	_____	_____	_____
March	Sat	Sun	00	00	_____	_____	_____
	Sat	Sun	00	00	_____	_____	_____
	Sat & Sun		0 & 0		League Championships (tentative)		

*Signed _____ Title _____ Date _____

*Must be signed by a YMCA Professional before the Spring Cluster Meeting. Once scheduled meets are written in, form should be turned in to the league President.

SOUTHEAST CLUSTER YMCA SWIM LEAGUE

Team Meet Summer Schedule 0000

Team _____

Date	Time	versus Team 1	Team 2
June 0	_____	_____	_____
June 00	_____	_____	_____
June 00	_____	_____	_____
June 00	_____	_____	_____
July 0	_____	_____	_____
July 00	_____	_____	_____
July 00	Champs: arrangements to be announced		

*Signed _____ Title _____ Date _____

*Must be signed by a YMCA Professional and once scheduled meets are written in, form should be turned in to the league President.

SOUTHEAST CLUSTER YMCA SWIM LEAGUE

TEAM ROSTER

“ A typed swim team roster listing each swimmer’s name, birthdate, age as of December 1st shall be filed with the League President and Secretary by November 1st or the team will be assessed a \$25.00 fine. Additions to the roster must be filed in writing with the league officers before those swimmers can represent their association in YMCA competition.” (Article III section H.)
 Coaches must attach a copies of their certification cards (front and back). This is for all swim coaches for the association. If the certification expires during the current coaching year, it must be renewed before the League Championship meet to be allowed on deck with the team.

YMCA Name _____ Coach _____

<u>SWIMMERS NAME</u> Last First MI	<u>SEX</u> M / F	<u>AGE</u> Dec 1 st	<u>Birthdate</u> MM/DD/YY	<u>Membership</u> Expiration Date
1.				
2.				
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32.				

<u>SWIMMERS NAME</u> Last First MI	<u>SEX</u> M / F	<u>AGE</u> Dec 1 st	<u>Birthdate</u> MM/DD/YY	<u>Members hip</u> Expiration Date
33.				
34.				
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<u>SWIMMERS NAME</u> Last First MI	<u>SEX</u> M / F	<u>AGE</u> Dec 1 st	<u>Birthdate</u> MM/DD/YY	<u>Membership</u> Expiration Date
77.				
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This is the only format that will be accepted for the team roster. Mail copies of the completed form to the League President, Secretary and Zone Commissioner.

**SOUTHEAST OHIO / WEST VIRGINIA CLUSTER YMCA
SWIM LEAGUE**

**PROXY FORM
APPOINTMENT OF PROXY**

I (We) Hereby appoint _____
(name of proxy)

to represent and vote on behalf of

(name of Association or YMCA)

at meetings of The Southeast Ohio / West Virginia Cluster Ymca Swim League.

Date _____ Signed _____
(Executive Director of the Association)

This proxy supersedes, replaces, and revokes any and all proxies heretofore given to any person or persons for the above purposes. This Proxy is for a single purpose only and, therefore, is final, binding and non-revocable.

This form must be presented to the League President prior to the start of the League meeting. (see Article III. F. of the Southeast Ohio / West Virginia Cluster Swim League By Laws)