



## Loomis Basin Dolphins 2022

### Visiting Team Meet Information

Welcome to the home of the Loomis Basin Dolphins! This letter will provide you with information regarding our facilities, schedule, team areas, parking, and volunteer responsibilities.

#### **Schedule**

- Check-in (we will have a table for you in your team area)
- **Scratch: 6:55 a.m.**
- Warm up: LBD 6:55 a.m.; Visitors 7:20 a.m.
- Team cheers \ National Anthem: 7:50 a.m.
- Start of meet: 8:00 a.m.
- Estimated end of meet: 1:30p.m.

#### **Ready Bench**

LBD uses the joint ready bench system for 6&U, 7/8, and 9/10 age groups. The ready bench is located in the southwest corner of the pool deck. Each team should provide 5 volunteers for each event for these age groups. Please designate a **Ready Bench Coordinator** to coordinate your ready bench volunteer staff. Please, no thru traffic in the ready bench area (swimmer drop-off only).

#### **Visiting Team Area**

Visiting teams set up is on the newly constructed Quad area north of the pool and immediately west of the gymnasium. Unlike during Championships, we DO NOT have access to the soccer field during the dual meet season, please help us maintain a positive relationship with the school district by not setting up on the soccer field. In addition, the tennis courts were recently resurfaced and may not be used as a team area. Please note that the Quad area is mostly concrete, so blankets and chairs are highly recommended.

There are gates at the north end and northwest corner of the complex where swimmers and spectators can access the pool deck, ready bench, and starting blocks – *No visitor tent set-up on the pool deck, tennis courts or soccer field (See Pool Area Map).*

#### **Restrooms**

Bathrooms are located at the North Entrance to the pool area.



## **Pool**

We utilize touchpads for all events and will utilize “fly-over” starts for individual races.

## **Stroke & Turn**

Stroke & Turn/Official meeting is around 7:30 – please listen for announcements. The meeting will be behind the Computer Ops/Coaches Area on the Pool Deck. We run six judges for all strokes except freestyle, where we run 4; visitors must provide 3 officials for all non-freestyle events and 2 for freestyle events.

## **Timers**

Two shifts of 24 timers (each team provides 12 timers per shift – 10 Lanes).

## **Directions & Parking**

Our home pool is Del Oro High School. The most convenient location for Visiting Team parking is in the upper lot off Taylor Road (3301 Taylor Road, Loomis 95650).

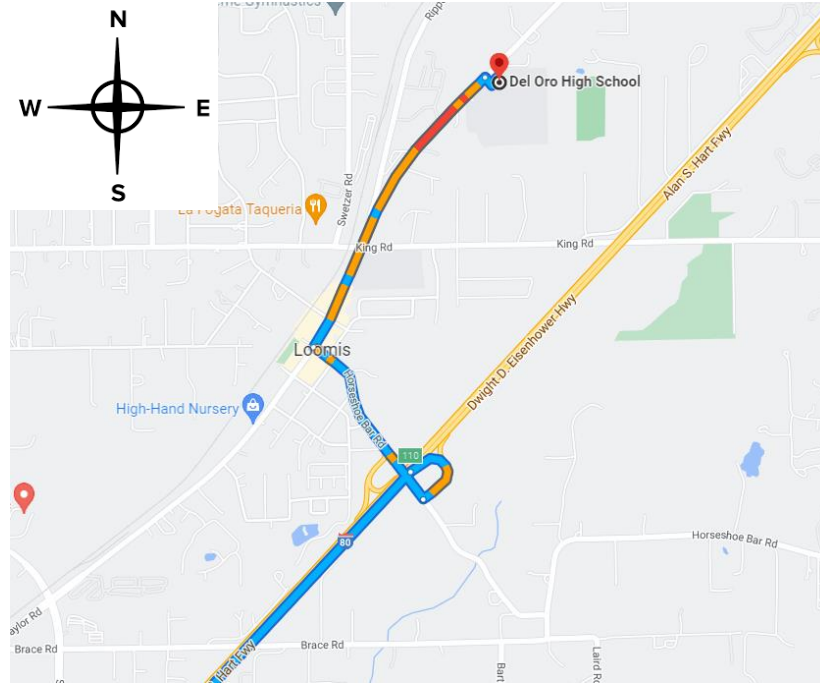
From Sacramento:

- Take I-80 East (Reno)
- Take Exit 110 for Horseshoe Bar Road
- Turn right onto Horseshoe Bar Road
- Turn right onto Taylor Road
- After 1.4 miles turn right into the Del Oro parking lot



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Recreational Swim Team | PO Box 773 - Loomis, CA 95650 | loomisdolphins.org

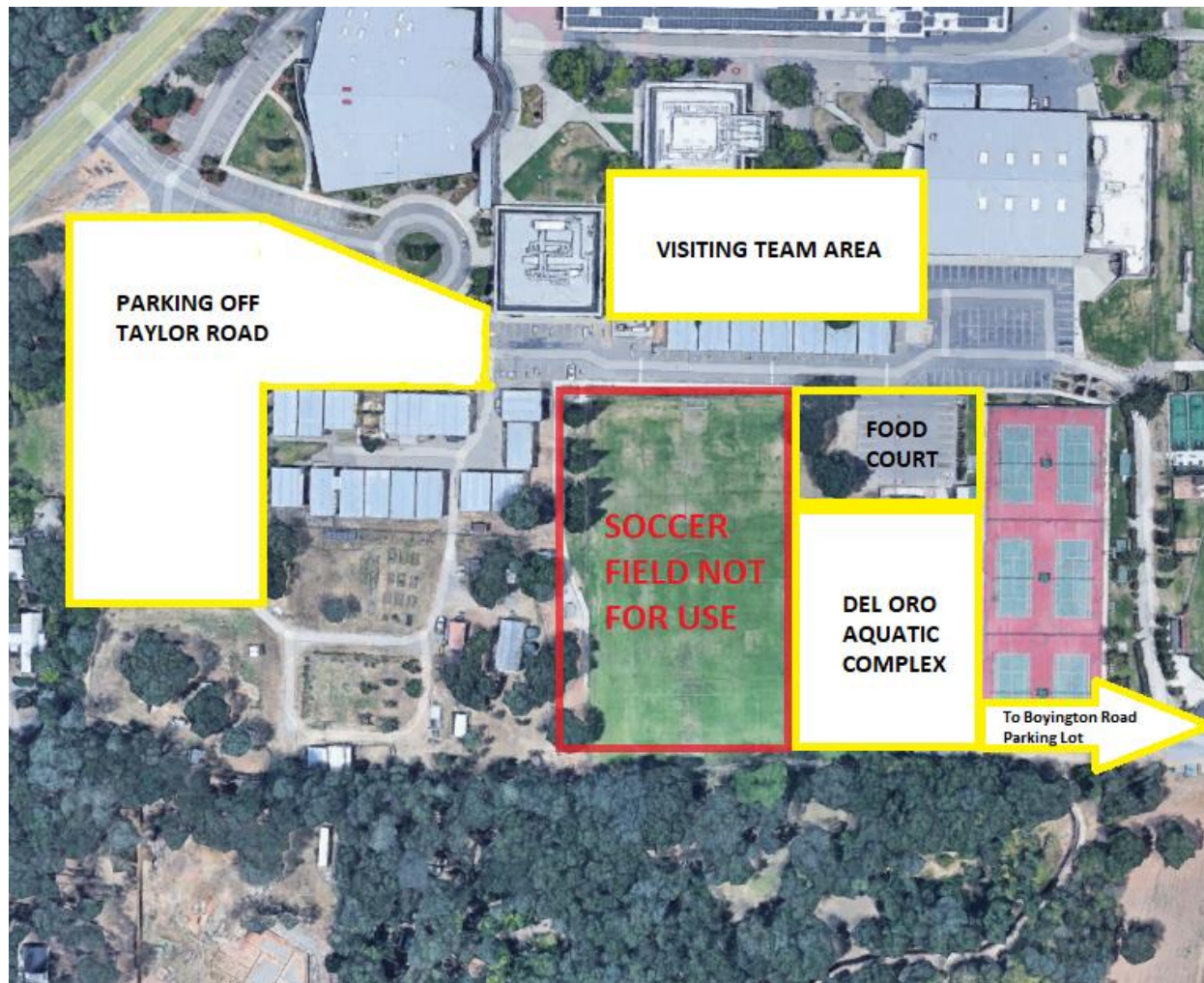


Parking and pool location:



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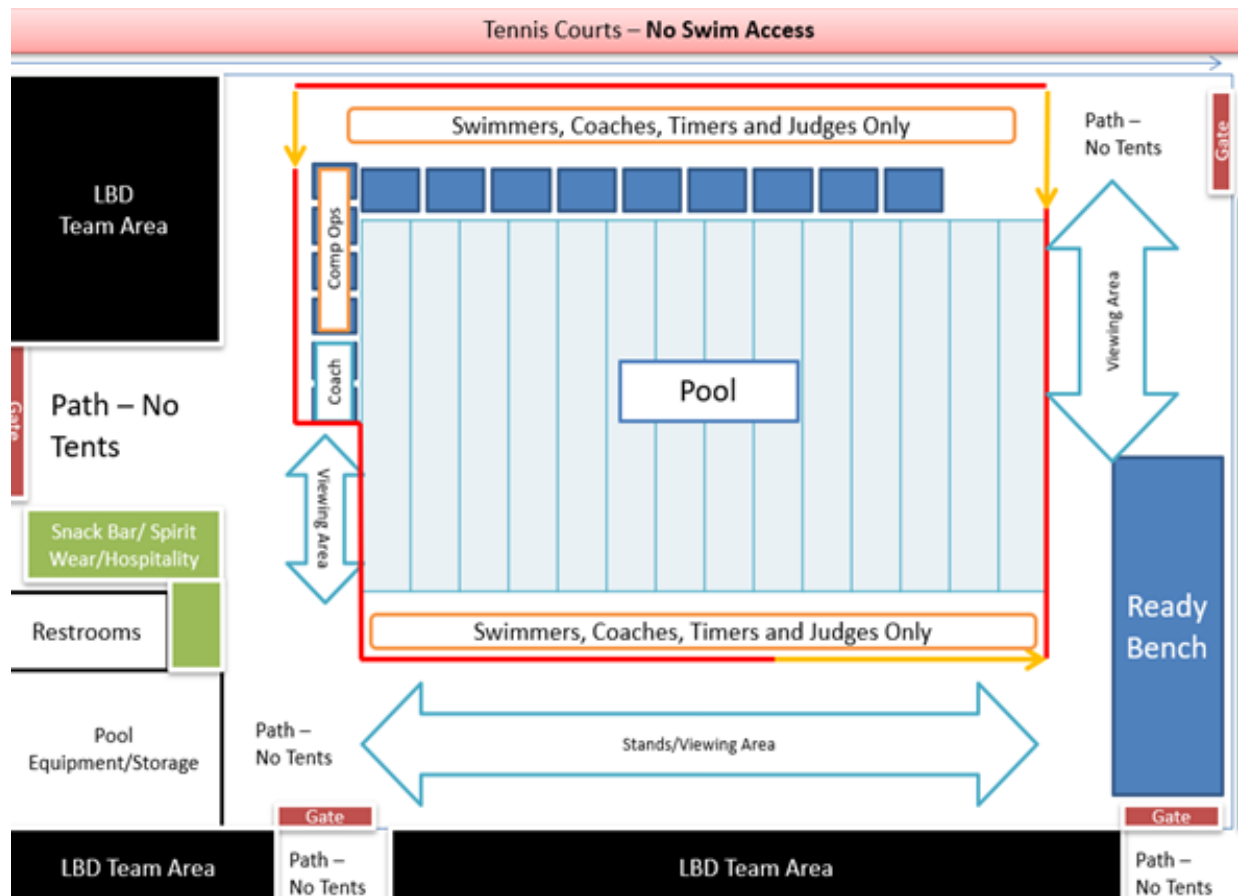




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Pool Area Map:



Contacts	Role	Phone	Email
<b>Jodie and Josh Brown</b>	LBD Board Presidents	916-677-9208 916-759-1650	jodieb@smcbybrown.com joshb@smcbybrown.com
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