

Summer 2022 Season Schedule

MAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 6U 4:00-4:45 7/8 4:45-5:30 9/10 5:30-6:15 11 UP 6:15-7:00	3 6U 4:00-4:45 7/8 4:45-5:30 9/10 5:30-6:15 11 UP 6:15-7:00	4 6U 4:00-4:45 7/8 4:45-5:30 9/10 5:30-6:15 11 UP 6:15-7:00	5 6U 4:00-4:45 7/8 4:45-5:30 9/10 5:30-6:15 11 UP 6:15-7:00	6	7
8	9 6U 4:00-4:45 7/8 4:45-5:30 9/10 5:30-6:15 11/12 6:15-7:00 13 UP 7:00-8:00	10 6U 4:00-4:45 7/8 4:45-5:30 9/10 5:30-6:15 11/12 6:15-7:00 13 UP 7:00-8:00	11 6U 4:00-4:45 7/8 4:45-5:30 9/10 5:30-6:15 11/12 6:15-7:00 13 UP 7:00-8:00	12 6U 4:00-4:45 7/8 4:45-5:30 9/10 5:30-6:15 11/12 6:15-7:00 13 UP 7:00-8:00	13	14 Time Trials at Del Oro
15	16 6U 4:00-4:45 7/8 4:45-5:30 9/10 5:30-6:15 11/12 6:15-7:00 13 UP 7:00-8:00	17 6U 4:00-4:45 7/8 4:45-5:30 9/10 5:30-6:15 11/12 6:15-7:00 13 UP 7:00-8:00	18 6U 4:00-4:45 7/8 4:45-5:30 9/10 5:30-6:15 11/12 6:15-7:00 13 UP 7:00-8:00	19 6U 4:00-4:45 7/8 4:45-5:30 9/10 5:30-6:15 11/12 6:15-7:00 13 UP 7:00-8:00	20	21 Swim Meet at Del Oro
22	23 6U 4:00-4:45 7/8 4:45-5:30 9/10 5:30-6:15 11/12 6:15-7:00 13 UP 7:00-8:00	24 Picture Day No Swim	25 6U 4:00-4:45 7/8 4:45-5:30 9/10 5:30-6:15 11/12 6:15-7:00 13 UP 7:00-8:00	26 6U 4:00-4:45 7/8 4:45-5:30 9/10 5:30-6:15 11/12 6:15-7:00 13 UP 7:00-8:00	27	28 No Meet
29	30 Memorial Day No Swim Practice	31 6U 4:00-4:45 7/8 4:45-5:30 9/10 5:30-6:15 11/12 6:15-7:00 13 UP 7:00-8:00	1 6U 4:00-4:45 7/8 4:45-5:30 9/10 5:30-6:15 11/12 6:15-7:00 13 UP 7:00-8:00	2 6U 4:00-4:45 7/8 4:45-5:30 9/10 5:30-6:15 11/12 6:15-7:00 13 UP 7:00-8:00	3	4 Swim Meet at Del Oro

JUNE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 JD 12:00-12:30 JD 12:30-1:00 JD 4:30-5:15 FAMILY FUN NIGHT 5:30-7:30 pm at Del Oro	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 JD 12:00-12:30 JD 12:30-1:00	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 JD 12:00-12:30 JD 12:30-1:00 Make Up Pictures 5:15-6:30 JD 4:30-5:15 6U 5:15-5:45 7-10 5:45-6:30 11 UP 6:30-7:45	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00	Swim Meet at College Greens
12	13	14	15	16	17	18
	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 JD 12:00-12:30 JD 12:30-1:00 JD 4:30-5:15 6U 5:15-5:45 7-10 5:45-6:30 11 UP 6:30-7:45	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 JD 12:00-12:30 JD 12:30-1:00	GO THE MILE event 11/12 7:45-8:45 9/10 8:45-9:45 9/10 9:45-10:45 6 U 10:45-11:45 JD 12:00-12:30 JD 12:30-1:00 JD 4:30-5:15 6U 5:15-5:45 7-10 5:45-6:30 11 UP 6:30-7:45	GO THE MILE event 13&up to Folsom Lake. 12&unders come cheer on your teammates! 8:00am - 10:00am	Swim Meet at Folsom
19	20	21	22	23	24	25
	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 JD 12:00-12:30 JD 12:30-1:00 JD 4:30-5:15 6U 5:15-5:45 7-10 5:45-6:30 11 UP 6:30-7:45	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 JD 12:00-12:30 JD 12:30-1:00	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 JD 12:00-12:30 JD 12:30-1:00 JD 4:30-5:15 6U 5:15-5:45 7-10 5:45-6:30 11 UP 6:30-7:45	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00	Swim Meet at Del Oro Float-In Movie The Meg 13&Ups Del Oro Pool @ 8:30
26	27	28	29	30	1	2
	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 All Age Groups Lake Day!!	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 JD 12:00-12:30 JD 12:30-1:00 JD 4:30-5:15 6U 5:15-5:45 7-10 5:45-6:30 11 UP 6:30-7:45	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 JD 12:00-12:30 JD 12:30-1:00	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 JD 12:00-12:30 JD 12:30-1:00 JD 4:30-5:15 6U 5:15-5:45 7-10 5:45-6:30 11 UP 6:30-7:45	No Swim Practice	Off - No Meet

JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
	No Swim Practice	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 JD 12:00-12:30 JD 12:30-1:00 JD 4:30-5:15 6U 5:15-5:45 7-10 5:45-6:30 11 UP 6:30-7:45	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 JD 12:00-12:30 JD 12:30-1:00	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 JD 12:00-12:30 JD 12:30-1:00 JD 4:30-5:15 6U 5:15-5:45 7-10 5:45-6:30 11 UP 6:30-7:45	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00	Swim Meet at Del Oro 50th Anniversary Party!!!! 6:00pm-10:00pm
10	11	12	13	14	15	16
	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 JD 12:00-12:30 JD 12:30-1:00 JD 4:30-5:15 6U 5:15-5:45 7-10 5:45-6:30 11 UP 6:30-7:45	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 JD 12:00-12:30 JD 12:30-1:00	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 JD 12:00-12:30 JD 12:30-1:00 JD 4:30-5:15 6U 5:15-5:45 7-10 5:45-6:30 11 UP 6:30-7:45	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00	Swim Meet at Park Terrace
17	18	19	20	21	22	23
	Spirit Week!!! Activities during all morning practices to gear up for CHAMPS!!					
	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 6U 5:15-5:45 7-10 5:45-6:30 11 UP 6:30-7:45	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 The Rise of Gru Movie Event	11/12 7:45-8:45 13 U 8:30-9:45 9/10 9:45-10:30 7/8 10:30-11:15 6 U 11:15-12:00 Spaghetti Feed Dinner	Champs	Champs
24	25	26	27	28	29	30
Champs		Banquet				