



Cuda Champs

Meet Info

Friday & Saturday, July 23rd & 24, 2021

Theme – Cuda Olympics

Age Group Countries:

6U – Japan; 7-8 – Greece; 9-10 – France; 11-12 – Italy; 13-14 – Jamaica; 15-19 – Brazil

Friday, July 23rd, 4pm-8pm

Schedule of Events:

4:00 pm : Gates open

4:30 pm : check in closes

4:10-4:20 pm : 13U warm up

4:20-4:30 pm : 9-12 warm up

4:30-4:40 pm : 8U warm up

4:40 pm : Team Cheer

5:00 pm : First event starts

Individual Medley (ages 9-19)

~5:30 pm : Short break for Awards

~5:45 pm : Medley relays (all ages)

~6:15 pm: Spaghetti dinner begins – provided by Blue Rice Café

~7:15 pm - 7:30 pm: Additional Awards

Spaghetti Dinner from Blue Rice Café

The Blue Rice Café is putting together carb night dinner which includes pasta and sauces, salad, bread, fruit, and dessert. Cost is \$7 per person, and we ask that you pre-register for your dinners with the number of people eating. The order window is open until Wednesday, July 21st and the café will house charge the cost of the dinners to your club account. Please visit the champs page for the order form link to pre order your dinners.

Saturday, July 24th, 6:30am-1pm

Schedule of Events:

6:30 am : Gates open, Check in Begins

7:00 am : check in closes

7:05-7:20 am : 13U warm up

7:20-7:35 am : 9-12 warm up

7:35-7:50 am : 8U warm up

7:50 am : Parade line up - kids line up by country along lane 8, Parents on the shallow end and opposite the kids on the lane 1 side

8:00 am : Country parade and anthems

8:30 am : First event starts

8:30am - 9:00 am - Short Free

~9:10am -9:40 am - Long Free

~9:50am - 10:20 am - Backstroke (6U done)

~10:20am -10:40 am - Break - parent relays

~10:40am - 11:10 am – Breaststroke

~11:20am - 11:50am – Butterfly

~12:00pm - 12:30pm - Free Relay - *Mixed gender relays*

Volunteer Jobs

We ask for your help for one more meet this year. You have all been great this season with a particularly challenging meet situation. This week is another big ask. We have a lot of jobs to fill (over 60 positions on Saturday) and we have only about 70 families signed up for the meet.

For the Friday night session, we have scaled back the jobs, but Saturday is pretty much a regular meet. We won't have a few positions including Hospitality because of the number of crucial positions to keep the meet running smooth. You can see from the schedules above; we'll have lots of breaks built in. When we did time trials it was pretty much turn and burn for the kids. We learned our lesson so this one will still finish fast, but we will give the parents and kids breaks after every event.

Job meetings: For Friday night, please make your way to your positions by about 4:50pm so we can start about 5pm. On Saturday we will have the various meetings at 8:20am following the parade (timers, stroke and turn, ready bench, snow cones) so we are ready for Short Free to start at 8:30am.

PLEASE SIGN UP FOR JOBS ON BOTH DAYS. Unlike normal champs with 7 teams and tons of shift options, we need to do it all this weekend.

Parent Relays

On Saturday, between backstroke and breaststroke we will take a longer break and have some fun. Like at the end of the league champs meet, we will have parent relays. It's time for our kids to cheer us on for a change. But unlike the league champs meet we're going to have some fun. Nothing serious like doing a 50 butterfly! Grab some friends, something that floats (pool noodle, innertube, water wings, etc.) and watch our kids laugh at us as we "race" across the pool. We'll have some sign ups on the white board at the meet on Saturday. Have fun with it!

Swimmer Relays

Since champs is truly an exhibition this year with no official points, we will have some fun with the kid's relays also. On Friday night, the medley relay will be traditional teams but for the older ages (12 and up) the heats will be mixed. The girls and boys will race side by side in the same heat.

Saturday's relays will be fun also. We decided to let them do something that they will likely never be able to do again in rec swimming, mixed gender free relays. The coaches will set each relay team with two girls and two boys. It will be an incredibly exciting way to end the season.

On Friday night we WILL NOT HAVE A READY BENCH. Instead, we will have a Relay Check In table set up for the littles to check in and get their lane assignments. Parents can help the kids to the block area and our swimmer coaches will help make sure the kiddos get to the correct spots.

For both relay sessions, let's fill the pool deck and cheer for all the kids really loudly!

Check in & Family Setup

Friday Night:

Check in and family set up will begin at 4pm. Check in will close at 4:30pm so we can make sure the relays are set before IM races begin. Please don't be late, if you aren't checked in by 4:30pm your swimmer could be replaced on their medley relay team.

Family tent set up will be on the back lawn. The same exceptions apply for the grass behind computer ops for board members, volunteer chairs, and spirit & snow cone volunteers. After the events on Friday, you can lower your tent, but we can leave the tents set up on the lawn overnight on Friday. Chairs, etc. are ok to leave but do not leave any valuables.

Saturday Morning:

Saturday morning will follow our normal meet check in routine. The gates will open at 6:30am and check in will close at 7am. Make sure your swimmers are all checked in to avoid being scratched from the free relay.

Psych Sheet:

We will post the psych sheet with heat and lane assignments by Thursday evening. Those are located on the website under Events & Sign in. Just click on the name of the event to open the event page where the pdf will be located. Heat and lane assignments will not change for this meet. Please be sure to check relays on Friday and Saturday to make sure they have not changed.

Ready Bench and Spirit Tent

We will have a ready bench for the younger kids on Saturday only. 6 and Unders and 7-8's will use the full ready bench. 9-10 swimmers can check in at the table for their lane assignments and make their way directly to the blocks.

While there will not be a formal ready bench set up on Friday night, we will have a Relay Check in table for the younger kids to check in for lane assignments and be escorted to the blocks. The swimmer coaches will help the kids get in the correct positions at the blocks.

This is the last chance for the kids to set their personal bests. We will have the Spirit Tent on Saturday for the kids to bang the gong and enjoy a sweet treat. Spirit Tent will be in the same place as it has been all year.

Blue Rice Café

The café will serve the pasta dinner following Friday night events (be sure to pre order your meals on the Champs page) and will have Breakfast and Lunch items on Saturday.