



## ***Meet Information for Saturday, July 10th***

Another great meet last month. Congrats to the new MOC qualifiers. Two more meets to earn some medals on the tracker. The biggest difference this week is the heat. It will be hot, hot, hot, so plan accordingly. Bring lots of water! Here are more details for this week's meet.

### **Check In:**

All swim team participants must enter through the rolling gate in the parking lot. The club asks that we refrain from entering through the front desk. Gate will open and check in will start at 6:30am and close at 7am. **Any swimmer NOT checked in by 7 a.m. will be scratched from the meet/relays. DON'T BE LATE!**

**Warm ups** will be as follows:

7:05am-7:20am is 13 and up; 7:20am-7:35am is 9-12; 7:35-7:50 is 8 and under

Please listen closely to the announcer for calls to the pool for warm ups.

### **Psych Sheet / Check-in Sheet:**

Please check the event page on the website for the Psych Sheet. Heat and lane assignments are included. Because the other team isn't here, those assignments will not change. Relays can change after check in, so please double check the final sheets on the fence by the team area.

### **Relays:**

*Please make sure you check if your kid(s) are in a relay, both medley relay in the beginning of the meet AND free relay at the end.* Last meet we had a number of kids missing from relays which causes massive confusion when the meets are running so fast. If you do have to leave early, make sure you mark the sign in sheet so the coaches can rearrange the relays in the morning scratch session BEFORE the meet starts.



**Can't make it to the meet? Let us know ASAP!**

For swimmers, send an email before 7:00 a.m. on Saturday to [coachwendy928@gmail.com](mailto:coachwendy928@gmail.com). For volunteers, email Ryan Tice at [rytice@sbcglobal.net](mailto:rytice@sbcglobal.net).

If you have to leave early, please notify Coach Wendy as soon as possible so she can rearrange the relay teams.

**Team Area Setup:**

***Families will continue to set up on the back lawn.*** To try and keep distance and flow to and from the pool, no families will be permitted to set up on the pool deck, deck tables, on the lawn around the family pool, or the lawn behind the shade structure of the main pool. The exception is that board members and volunteer chairpersons will be permitted to use the grass area behind the computer ops due to their heavy involvement in the meet operations. **This week, the other exception is parents working hospitality, spirit tent, and snow cone jobs.** You can set up near those stations on the front lawn.

Ages 10 and under CAN utilize the ready bench near the family pool. If parents want to make sure their kids get to their spots without the ready bench, that's fine also since the lane and heat assignments won't change. Please use it for relays, however, so we can get the teams to the proper lanes together.. Parents can watch races from the spectator areas near the shallow end. . Parents will not be able to congregate behind the block areas. Team volunteers (clerk of course, ready bench, etc.) will help kids in the block area get to the proper lane and to help them exit the pool. The kids will exit towards lane 8 and walk to the shallow end to meet their parents.

After the race is complete, swimmers and parents will exit the pool area through the gate by the adult spa, returning to the lawn area via the main pathway between the tennis courts and pool area.

Spectator areas will be like normal years, both sides of the pool at the shallow end. Watching from under the tents on the shallow end is fine when the timers are not present for 25-yard races. ***We will not have bleachers again this week.***



### **Ready Bench:**

We will have a ready bench for the 10 & under age group. The ready bench will be located near the family pool. Ready bench volunteers will check in swimmers and then walk the heats along the marked path to the blocks to start their races.

### **Spirit Tent:**

We want to keep celebrating personal best swims. Grab a candy and take a spin for a free snow cone. Don't forget to bang the gong so everyone hears that the kids are swimming fast. The Spirit Tent will be in the same spot as last week, next to the adult spa along the exit route.

### **Volunteers:**

Our parent volunteers are the key to running a successful meet. Please check in when checking in the swimmers for the meet. Listen to the announcements for specific group meetings (i.e. timers, clerk of course, etc.) and be at your positions by 8am sharp. Any extra help is greatly appreciated. Our goal this week is to get done quickly to avoid the massive heat in the afternoon.

**Job Meetings this week are as follows for everyone signed up for the jobs (no AM/PM this week):**

**7:30am - Hospitality: meet at the hospitality table near the adult spa**

**7:45am - Ready Bench: meet at the ready bench**

**7:45am - Timers & Clerk of the Course: behind the blocks**

**7:45am - Stroke and turn: next the announcer/computer ops**

**7:45am - Sprit Tent: at the sprit tent**



### **Pace of Meet:**

We will try to keep the pace quick to beat the heat. We will take a break after backstroke to recognize the rest of our seniors. Please listen carefully to the announcements of the events so your kids do not miss their races. We will do our best to make multiple calls from the ready bench or in the team area announcing upcoming event numbers. We will have relays so make sure your kids don't miss those.

### **Family Pool:**

We will allow parents and families to cool off in the family pool if needed. Please just be aware of other members who may be in a lane or need a lane. Swimmers can hop in or out, but it's not for warm up or cool down swimming.

### **Meet Results:**

We will not be printing and posting results at the meets. We will continue to use Meet Mobile and those results will post quickly on the app after races and DQ slips are completed by the computer ops team.

### **Snow Cones:**

They are back and they are a fundraiser for the team again. **Snow Cones will be in the pool area this week (in the normal spot for those familiar) in front of the record board.** \$1 each and we'll have the favorites: Blue Raspberry, Root Beer, Lime, Watermelon, and Tiger's Blood.

### **Blue Rice Cafe:**

The Cafe will be set up for outside service in the team area and will have a variety of options including breakfast sandwiches in the morning and BBQ burgers/dogs and Thai curry and noodle dishes. They will also have some salads, drinks, and snacks.