

# TAZ TIMES #4



EL DORADO HILLS SWIM TEAM



## HEADLINES

**EDH TAZ 541.5 - GRANITE BAY 241.5**

**6/7 TEAM PHOTOS**

**6/8 FOLSOM SEA OTTERS ~ 6/8 LAPS FOR TAZ**

## COACH BRITTNEY'S BEAT

Great Granite Bay Meet! There were a lot of that swam their personal BEST! We are so Proud of all of the swimmers trying their best and cheering on their teammates!

Congratulations to our TAZ CZAR Recipients!

**\*GRANT STRANGE \*RIANNA DHILLON \*HAILEY PALM \*JAVIEER SINGH**

Summer practice schedule has begun which includes AM and PM workouts! If you are out of school and attend morning practices, please do NOT come in the afternoon. We are limited to 6 lanes in the afternoon... afternoon practices are reserved for swimmers that still are in school or they have working parents without the ability to get them to and from practice. Morning Practice we have all 10 lanes and longer practice times, which allows for a more effective practice.

We are looking forward to LAPS 4 TAZ! Reach out to your Buddy to see if your both are attending, their will be some fun activities!

**BREAKFAST BONANZA Tuesdays MORNINGS!** Bring anything you want to eat after practice for your age group: Fruit, doughnuts, cookies, etc!

**All Coaches are available for private lessons. Please don't hesitate to reach out.**

AKALAKA-CHING!!

COACH BRITT / [brittney.cicchetti@edhtaz.org](mailto:brittney.cicchetti@edhtaz.org)

# SWIM SPIRIT

## HONORABLE TAZ

When you see swimmers doing amazing things - sportsmanship, helping a teammate, working hard or having a great attitude - please let us know. Nomination forms will be in the blue box located at the information table in the team area at home and away meets. You can also email nominations to the Spirit Chairs (Sam DeLeon and Alana White) or PM TAZ on Facebook. Recipients will receive a prize the following week at practice!

## HONORABLE TAZ VOLUNTEER

We could not run this swim team without the incredible help of our parents and extended community. We would like to acknowledge the adult volunteers who give their time and energy to this team with a TAZ TIMES SHOUT OUT and small token of our appreciation.

**This week we are recognizing Pam Kropf!** Thank you for overseeing the spirit wear table, credit card transactions and having a great attitude!

Please email your nominations to Laura Buehler by 5pm on Sundays.



## PERSONAL BEST

Every time a TAZ swimmer hits their personal best, they get to ring the TAZ Spirit Bell! Make sure to stop by the Spirit Tent at each swim meet to ring the bell, sign the Personal Best Banner and spin the Spirit Wheel for a special prize.

We encourage all of our swimmers to try their best each week and will be recognizing swimmers throughout the season for their hard work.

## CALENDAR

6/7: 5:00 PM / TEAM PHOTOS @ CSD  
6/8: EDH TAZ @ FOLSOM SEA OTTERS (AWAY)  
6:30 - 6:50 AM CHECK-IN  
7:20 - 7:45 AM WARM UPS  
(link - [bit.ly/FSOWelcome](https://bit.ly/FSOWelcome))  
6/8: LAPS FOR TAZ @ CSD / 7:00 - 9:00 PM  
6/9: LAST DAY to sign in/out of Sierra Sharks meet  
(link - [bit.ly/SierraSharks2019](https://bit.ly/SierraSharks2019))

## PRACTICE SCHEDULE

**SUMMER PRACTICE SCHEDULE IN EFFECT!** We've moved to dual practices Monday - Thursday, and afternoon-only practices on Friday. We have ALL 10 lanes during morning practice and encourage swimmers to attend AM! We have 6 lanes in the afternoon which can cause crowding.

### MORNING:

7:00 - 8:30 AM: 11 & UP  
8:30 - 9:30 AM: 10 & UNDER

### AFTERNOON:

4:00 - 4:30 PM: 6 & UNDER  
4:30 - 5:15 PM: 7/84  
5:15 - 6:00 PM: 9/10  
6:00 - 7:00 PM: 11 & UP

picture day

Team photos will be held on Friday, June 7 during practice. Individual photos will be taken during your swimmer's practice time. A team photo will be taken at 6:30 inside the gym. Please have swimmers wear their team suit.

Order information available at:  
(link) [bit.ly/TAZteamphotos](https://bit.ly/TAZteamphotos)

# PRACTICE & MEETS

## READY BENCH

We are a work in progress! Your kids did a great job considering how cold it was on Saturday. We have a lot of new volunteers at RB this year, which is very much appreciated. It takes at 1-2 times to get the hang of checking kids in, seating and then running them to the blocks. Thank you for your hard work!

1. Ready bench check-in will be for all swimmers **10 & Under, both individual and relay events**. ALL other age groups should proceed directly to their heat/lane assignment.
2. **PLEASE CHECK THE SCOREBOARD** for the event in progress. We know it's hard to hear the announcer so do not rely on announcements. You can also check out this handy cheat sheet to learn when to bring/send your kid to RB to check-in for their race! ([link](https://bit.ly/TAZReadyBench)) [bit.ly/TAZReadyBench](https://bit.ly/TAZReadyBench)
3. Please send/drop your swimmer off at ready bench with their cap & goggles in place. Our volunteers will check swimmers in and make sure they get to their race.
4. Only coaches and volunteers should be in the ready bench area. We will take care of your swimmers, even the crying and upset ones!

## RELAYS

Please do not leave the swim meet until you've confirmed your swimmer has not been assigned to a relay team or placed as an alternate. Relays can change unexpectedly on meet day so please ask Head Coach Brittney before leaving or if you're unsure. In the event of a last-minute illness or emergency on the day of the meet, please inform the Head Coach or a Deck Coach ASAP. If a coach is not notified, the swimmer will not be eligible for a relay spot the following meet.

In the event that a relay swimmer is late to ready bench check-in, that swimmer will be pulled from the relay and the alternate will swim in their spot. Once an alternate is placed, the original swimmer has lost their relay spot. This means the coaches will NOT pull alternate swimmers from the block if the original relay swimmer comes running up to swim.

If you have questions about relays, please contact Coach Brittney.

## MEET SIGN-IN/OUT & EVENT SELECTION

Every family is responsible for signing their swimmer(s) in or out of a meet by the assigned deadline the Sunday one week prior to the meet. **LATE ENTRIES ARE NOT POSSIBLE.**

Families are responsible for selecting the individual events their swimmer(s) will compete in at the swim meet.

Each swimmer may select three individual races (short or long free, not both) to compete in. Relays are determined by the coaching staff. Coaches have final approval on all selections and may move swimmers around to maximize points as needed.

Information about how to select events is posted in the Team Handbook and meet sign-up email sent out weekly. Please review carefully. If you have questions about which events your swimmer(s) should compete in, please contact Head Coach Brittney at [brittney.cicchetti@edhtaz.org](mailto:brittney.cicchetti@edhtaz.org).

# TEAM EVENTS

\$5000



**BE EXTRAORDINARY  
LAPS FOR TAZ**

## LAPS FOR TAZ THIS SATURDAY - June 8, 2019!!

Our goal is to raise \$5,000 during our annual tradition! We want all of our swimmers to participate, and Coach Brittney has goals for you!

**6 under - 20 laps**

**7/8 - 50 laps**

**9/10 - 70 laps**

**11/12 - 100 laps**

**13/14 - 125 laps**

**15/18 - 150 laps**

Sign up your swimmer(s) the same as you sign up for a meet. This year we will have a silent auction with fantastic prizes that families can bid on, along with great prizes for swimmers to win!

Swimmers will be awarded prizes for their donation pledges!

\$50 - movie tickets

\$150 - a limited edition LAPS for TAZ Sweatshirt

\$300 - a TAZ swim parka

**Silent Auction Baskets will include such items like Go-Pro, Nerf Basket, Gift Cards and a Nintendo Switch.**

**Join your TAZ friends from 7:00 - 9:00 pm on Saturday, June 8 at CSD.**

If you are interested in donating a prize - movie tickets, gift cards, tech products, etc., - we'd really appreciate it. We want to reward our swimmers with some great prizes. Please contact Melissa Carlile with any questions or if you would like to donate [melissathornton22@gmail.com](mailto:melissathornton22@gmail.com)



**bags &  
brews**

EDH TAZ CORNHOLE TOURNAMENT

Bags and Brews cornhole tournament and social! Saturday, July 13 from 6:00 - 10:00 pm. Come play or spectate! Join forces with friends to compete in Taz's 2nd annual cornhole tourney and for all you non players; come spectate and cheer your fellow Taz parents on for an awesome brew grand prize.

There will be great food, music and micro-brews from local breweries, wine and refreshments. For those business owners and families looking for tax deduction opportunities, stay tuned for sponsorship information to come in the next couple of weeks! Tickets go on sale June 1st! Please note this is an adult only event. We can't wait to see you all there!



Join your teammates every Tuesday morning for a quick meal after practice. There will be a table available to place items on and swimmers can select something after their practice to enjoy! Bring something healthy to share. 8:15 - 9:30 a.m. IDEAS: Fresh fruit, granola bars, dry cereal, muffins, bagels/cream cheese, yogurt, orange juice, apple juice, milk or your favorite homemade goodies.

# FUNDRAISING

## MICK and SANDY MALANEY TAZ SCHOLARSHIP

The TAZ organization is proud to announce that we will be offering college scholarships in the amount of \$1,000 each to select 2019 seniors within the TAZ organization.

Prospective applicants must exemplify the "TAZ Leadership" qualities our organization espouses (noted below). Applicants must also provide proof of intent to attend a four-year university, Junior College or Vocational program for the upcoming 2019/2020 school year.

Please visit (link) [bit.ly/2019TAZScholarship](http://bit.ly/2019TAZScholarship)

## SENIOR SEND OFF!

Proud Parents of recent graduates! If you have a swimmer that graduated from high school this year, we would like to honor your swimmer with a traditional TAZ Senior Send-Off!

Will your graduate swim their final home meet:  
Saturday, June 15 against Sierra Sharks or  
Saturday, July 13 against Loomis Basin Dolphins?

Please email Erin Walsh at [erin.walsh@edhtaz.org](mailto:erin.walsh@edhtaz.org).  
You'll receive details about how we'll honor your swimmer! Congrats!



Most of you should be familiar by now with our new fundraising platform **FlipGive** (click the link to sign up, if you haven't done so already). A big thanks to those who have already started using it and earning money for our team!!

With so many participating retailers to choose from, it couldn't be easier to earn cash back for TAZ just by shopping for the popular brands you already know and love. To make it more fun to shop through FlipGive, we're having a contest this season and will be giving away special prizes for the top fundraisers.

The logo for Snackbar, written in a pink, cursive font with a pink underline.

The TAZ snack bar is open for business at every home meet!  
We serve breakfast, lunch and a variety of snack items.  
Hot coffee, hot chocolate, cold water & soda, and sno-cones.

100% of the proceeds from the snack bar are donated back to the team to fund a variety of initiatives, including the Sandy and Mick Malaney Scholarship Program for graduating seniors.

Thank you Malaney Family for sponsoring the 2019 snack bar!

# 2019 TEAM SPONSORS



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