

DECK COACHES



Ashlynn Smith

Hello, my name is Ashlynn Smith. I am fifteen years old and will soon be a sophomore at Benicia High School. I am currently a member of the High School's Swim Team and this past Fall Season I played on the Junior Varsity High School Water Polo Team where I served as a team co-captain. This school year I held the position of class treasurer and next year will hold the position of ASB Public Relations Commissioner through the BHS Leadership Class.

I have participated on the Benicia Stingrays Swim Team for five years. This season will be my third year assisting Coach Steve and Coach Joe. Last summer I earned a deck coaching position with the Stingrays and feel I helped the team prosper. Also last summer, I spent extra time in the water privately coaching some of the younger swimmers. With my firm, sometimes strict, and effective coaching style, I was able to help these swimmers improve their basic and complex skills which resulted in them shaving time off in their races. I am looking forward to deck and private coaching this year as well as sharing my love for swimming with all Stingrays.

Let's Go Stingrays!



Sophie Silberman

This is my 10th year on the Benicia Stingrays as a swimmer and my 2nd year as a coach. I'll be a sophomore at Benicia High school this year and am on the BHS Water polo and Soccer teams. I also play Water polo for the Bay Area Sunset Aquatic Team. I absolutely love working with kids and often babysit in my free time. I'm looking forward to helping young swimmers become better swimmers and become as passionate about swimming as I am.

Go stingrays!



Skyelar Clouse

I am currently in the 9th grade at Benicia High School. I have been swimming for the Stingrays for 7 years, going on 8 and I have been coaching for 2 years going on 3. My favorite things about coaching our younger swimmers, is seeing their faces light up when they know they've done something right with their strokes. I also find it fun when we (the swimmer and I) find things in common outside of swimming, so that we can connect better! Some other things that I am interested in are Science, English and Musical Theatre (singing, dancing and acting at the same time). I look forward to coaching the new swimmers this year and hopefully making new friends. :)

JUNIOR COACHES



Jessica Scott

Jessica has been swimming for seven years; she is a freshman in high school and is swimming for the Benicia Panther's team. She has been coaching for three years and she loves watching the kids grow from young boys and girls who were scared out of their minds to even get in the water into strong swimmers who are excited to come to practice and swim all the way across the pool. Besides coaching and swimming Jessica also is interested in acting and writing and hopes to one day score a roll in a big TV or film project.



Gabriella Tenret

I have been coaching with the Stingrays for the past three years. I too began ten years ago as a six and under swimmer. I always had a great bond with the junior coaches and I want to give other kids the experience I had. I love teaching and being around kids.

Outside of swimming I love to mountain bike, craft, dance, and I have a passion for musical theater which I would like to pursue this as a career. I am looking forward to a great swim season this year!



Alyssa Mainini

This year will be my 9th year as a stingray. I am in eighth grade at Benicia Middle School. I have volunteered as a coach for one year and I am entering my second year as a junior coach, and helped coach the Stingrays fall swimming program for the last two seasons. What excites me about coaching is helping the swimmers learn the strokes and to see the smiles on their faces once they learn something new. I also enjoy playing basketball, hanging out with my friends and going to the beach. I am very excited for this season!

GO STINGRAYS!



Jayme Davis

This is my fourth year swimming for the Stingrays and my second year coaching. I am currently in 8th grade. My favorite things about coaching are that I love watching the younger kids improve their times and learn new things. It's fun to watch their confidence grow throughout the season. My summers are spent coaching and swimming.

When I'm not swimming I play basketball for the Middle School team, watch the Warriors whenever I have time, teach myself Spanish and spend time with my family and puppy Max.