

2017 Stingrays Coaches

Deck Coaches

Ashlynn Smith



Hello, my name is Ashlynn Smith. I am sixteen years old and will soon be a Junior at Benicia High School. I am currently a member of the High School's Swim Team, an active member of the Interact club, and the ASB Public Relations Commissioner for Benicia High School's Leadership Class. I have swum on the Benicia Stingrays Swim Team for six years now and this season will be my fourth year assisting Coach Steve and Coach Joe. With my firm, sometimes strict, and effective coaching style, I have helped numerous swimmers prosper, in the past, and hope to continue this work with them this season. I am looking forward to deck and private coaching this year as well as sharing my love for swimming with all of you.

Let's go Stingrays!

Jessica Scott



Jessica has been swimming for eight years; she is a sophomore in high school and is swimming for the Benicia High School swim team. She has been coaching for four years and loves watching her little stingrays grow into strong swimmers that are excited to compete and swim. Besides coaching and swimming Jessica also is interested in makeup. She hopes to one day develop her own makeup products and do special effects for stage and TV. Jessica is excited for this coming swim season and will see you in the pool.

Nate Freeman



Hello, my name is Nate Freeman. I am fifteen years old and a sophomore this year at Benicia High School. I have swam every year of my life up to now since I was four and this will be my tenth year on the Benicia Stingrays as a swimmer. As a coach this will be my second year. Swimming was once something that my parents made me do (for a life skill), but it has grown into something I can have fun with and really enjoy doing with my friends and teammates throughout the summer. I really hope to bond with the young swimmers that I will be coaching and want to help them beat their times in the process.

Skyelar Clouse



Hello! My name is Skyelar and I'm 15 years old. I've been swimming on the Benicia Stingrays for 8 years going on 9 and coaching for 3 years going on 4. Swimming is a sport that I love and I want to spread my passion for with other people; which is one of the reasons why I coach. One of my favorite things about coaching is meeting new people and helping them improve in their strokes. Last year, I had the opportunity to work with swimmers in private lessons. As our sessions went on, I saw major improvement with their times and their swimming technique. This gave me great confidence in being a Deck Coach last year, and I intend to carry that confidence into this year. Besides swimming, other things I'm interested in are: Live Theatre, Science, English and ASL (American Sign Language). I look forward to meeting you and I can't wait to start coaching!

Junior Coaches

Abigail Seaman



I am currently a freshman at Benicia High School, and have competed on the high school's swim team. This will be my third year on the Stingrays team, as well as my first year officially coaching. Last year I was a volunteer coach, but I enjoyed every minute of it. I recently discovered competitive swimming after moving from Utah to Benicia three years ago. Thanks to my mom forcing me to go, I fell in love with the sport and every aspect there was. Reflecting on how I have become a better swimmer, become more confident, and become a better, all around person has further influenced me to become a junior coach so I can watch how the younger swimmers excel both in and out of the pool.

Besides swimming, I love to play water polo, read, write, play instruments, and listen to music. I used to try almost every sport in the sun, basketball, wrestling, T-ball, dance, gymnastics, without finding one I liked. Swimming became the perfect fit for me, being both an individual and team sport. I love my dogs Norma (standard poodle) and Enid (boxer), and enjoy playing with them as much as I can. Swim has become a positive outlet in my life, where I can take out my frustrations and swim away any problems, or make a good day even better.

Alyssa Mainini



Hi! My name is Alyssa, I am 15 years old and I love to swim. I am currently a freshman at Benicia High school. I swim varsity for the high school swim team. I have been swimming for the Benicia Stingrays for 9 years, this will be my 10th season. I have volunteered as a coach for one year and I am now entering my third year as a junior coach. I have also helped with coaching the Stingrays fall program for the last three seasons. What excites me about coaching is helping the young swimmers improve and bonding with them in the process. Out of the water I enjoy listening to music and hanging out with friends and family. I am very excited for this season!

GO STINGRAYS!

Amber Iniguez



My name is Amber and I will be a junior in high school. I am on the High School swim team and water polo team. This is my second year coaching and eleventh year swimming. I joined the Stingrays when I was five and I remember having so much fun with the junior coaches. I still see two of my junior coaches almost every day and they inspired me to keep swimming and I am hoping to have that impact on the kids I coach.

When I'm not in the water I enjoy playing the ukulele, creating henna tattoos, doing makeup, doing science experiments, and spending time with friends and family.

Elian Salindong



Hello, my name is Elian Salindong and I'm currently a sophomore attending Benicia High School. I am also a member of the Varsity Swim Team for the high school. In my free time I love sketching out superhero characters and listening to music. Last year I was a coach in training and absolutely loved it and I am happy to come back as a Junior Coach. A few things I love about coaching are seeing the young kids improve, bonding with them, and watching them enjoying swimming. I had a lot of fun with the kids last year and am excited to see new faces this coming season! Go Stingrays!

Jayme Davis



Hello, my name is Jayme Davis. I am fifteen years old and a freshman at Benicia High School. I am on the High School swim team. This is my fifth year swimming and my third year coaching.

My favorite things about coaching are that I love watching the kids improve their times and learn new things. It's fun watching their confidence grow throughout the season.

When I'm not swimming I like to spend time with my family, friends, and puppies Maximus and Minimus.