

# 2018 Assistant Coaches

## Ashlynn Smith, Senior Coach

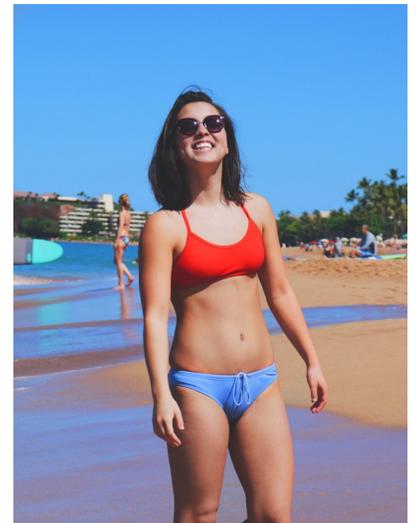


Hi Stingrays! My name is Ashlynn Smith and I'll be your Senior Coach for the 2018 Swim Season. I am seventeen years old and will soon be a Senior at Benicia High School. I am currently a member of the High School's Swim Team, an active member of the Interact club, and the ASB Vice President for Benicia High School's Leadership Class. I have swum on the Benicia Stingrays Swim Team for seven years now and this season will be my fifth year assisting Coach Steve and Coach Joe. With my firm, sometimes strict, and effective coaching style, I have helped numerous swimmers prosper, in the past, and hope to continue this work with them this season. I am looking forward to coaching this year as well as sharing my love for swimming with all of you. Let's go Benicia!

## Jessica Scott, Assistant Senior Coach

Hi, my name is Jessica Scott and I have been swimming with the Stingrays for nine years; I am going to be a senior in high school, and have been swimming for the Benicia High Swim Team for all of my high school career. This will be my fifth year coaching— and I'm proud to see all of the littles that I have coached before age up into the harder groups and become strong swimmers that are excited to get in the water. Besides coaching and swimming, I am also very passionate about movies and filmmaking. Out of the pool you can probably find me in the movie theater, raving about a possible Oscar nominated film, or creating my own world through script-writing and directing. I plan to one day attend USC's film program and edit or direct a major motion picture in my future.

Let's make this a great season! See you in the pool!



## Alyssa Mainini, Assistant Senior Coach

Hi! My name is Alyssa Mainini, I am 16 years old and I love to swim. I am currently a sophomore at Benicia high school. I have swam varsity on the high school team for the last two years. I have been swimming for the Benicia stingrays for 10 years, this will be my 11th season. As a coach I started off as a volunteer for one year, then I was a junior coach for 3 years and I am now an assistant senior coach. I have also helped with coaching the stingrays fall program for the last 4 seasons. What excites me most about coaching is helping the swimmers improve and bonding with them in the process. Out of the water I enjoy listening to music and hanging out with friends and family. I am very excited for this season! Go Stingrays!!!!



## Skyelar Clouse, Assistant Senior Coach



Hey there! My name is Skyelar Clouse and I'm an Assistant Senior Coach with the Benicia Stingrays. I've been coaching on the team for five years and I've been swimming on the team for 10. My favorite strokes are Breaststroke and Butterfly. I'm returning to coaching because I love watching the improvement in the swimmers I get the chance to coach and because it's a sport I hold dear to my heart.

I'm 16 years old and I'm going to be a senior at Benicia High School next year. Other than swimming, I take part in live theatrical productions around the community and practice Sign Language. One day, I hope to achieve my interpreting license and work with more people in the deaf community.

## Amber Iniguez, Junior Coach

My name is Amber, I'm sixteen years old and I am currently a Junior in high school. I have been swimming for eleven years with the Stingrays and this team is like family to me. When I was little, my junior coaches were my best friends and some of them are still present in my life. I became a coach so that I could try to do the same for the kids on the team. I hoped to not only teach them how to swim but how to love swim like my coaches taught me. Outside of swim, I play water polo as well and I love it. I hope to continue to swim and play water polo after high school and through college.



## Elian Salindong, Junior Coach



Hello, my name is Elian Salindong, I'm 16 years old, and I am a junior at Benicia High School. I also swim for the varsity team at Benicia High School and have been swimming for 8 years. I have been coaching for the past 2 years and am going into my 3rd year as a junior coach. When I'm not in the pool I enjoy drawing, working out, and photography. I enjoy seeing our swimmers be successful on the Stingrays and I intend to make that happen for the kids I coach. Last season was fantastic and full of fast times so let's keep that up going into this season! Go Stingrays!

## Ava Mainini, Junior Coach

Hi, I'm Ava Mainini. I am currently 14 years old, and I will be starting my 9th grade year at Benicia High School. I have been on the Stingrays swim team for 10 years. I started as a volunteer coach 3 years ago and I am now currently a junior coach. What I like most about coaching is working with the young swimmers and helping them learn and improve each practice. I also really enjoy making a relationship with a lot of the swimmers. In my free time I like to hangout with my friends and family. In the future I would love to go to UC Davis to become a veterinarian.



## Carmela Vitale, Volunteer Coach



I am Carmela Vitale and I am a Stingrays volunteer coach. I am thirteen and in seventh grade at Benicia Middle School. I am part of the BMS marching program as a member of the color guard. I also ski in the winter and am starting water polo this summer. This will be my fifth year on the Stingrays, as I joined in the nine-ten age group. The coaches helped me a lot and made me a better swimmer and I want to do the same for anyone I can. I currently work with the six & under age group but help out wherever I can. I love working with the six and unders because I feel that I make a difference in the team and in them. I want to help them to be the kind of swimmer that they dream of being. My future goal for the Stingrays is to coach as many swimmers as I can and give them the help they need to get better.

## Emily Fade, Volunteer Coach

My name is Emily Fade. I am 13 years old. I am in 8th grade and I have been swimming on the stingrays for 6 years. I started swimming because I wanted to try something new and I needed something to do during the summer. I decided to swim because I love the water. Ever since 2 years ago I have wanted to be a coach. It looked like a lot of fun to help the younger kids learn how to swim because I remember when I was just coming onto the team and I wasn't very good at swimming and I want every kid to have all the help they can get. I also think it helps that they have someone in the water with them. It is a lot easier to teach the stroke when you have someone to physically help you learn. And it helps that there are only a few kids per coach so they get a lot of one on one time with the coach. After my first year on the swim team, I had made a lot of friends and I had a lot of fun. All of my best friends I met because of swimming. Every year I look forward to swimming and coaching. I think that the coaches are fun and their way of coaching is very unique but effective. If you are looking to join a sport or you are thinking of joining the swim team, you definitely should. It is so much fun and you meet so many new people and learn so much. It was one of the best decisions of my life.



## Graham Randolph, Volunteer Coach



Hi, my name is Graham Randolph. I am one of the coaches on the swim team. I wanted to be a coach so I could have people look up to me as a role model for the swim team. I do many sports after school, such as cross-country and track. I also do water polo in the summer. I play the tuba in symphonic band, the sou-saphone in marching band, and the baritone in jazz band. I'm in 8th grade and 14 years old. My future goals are to know every single person on the swim team this year by the end of the season and to get at least 3 County times.

## Jayden Randolph, Volunteer Coach

Hi, my name is Jayden Randolph, and I am thirteen years old. I have been swimming on the Stingrays for a little over a year now, but I've been swimming since I was seven. I wanted to become a coach because it is AMAZING to coach other people, and it helps me memorize the names of all my teammates, too. I also participate in the Benicia Middle School Marching Band, Track and Field, and Cross Country team.

