

Meet Files / Entry Deadlines for Computer Teams

Our Meets are run with HY-TEK Meet Manager. Please send entries and roster to computerteam@pinoleseals.org no later than 9 pm on Monday for Wednesday evening meets, and 9 pm on Thursdays for Saturday morning meets.

Pinole Swim Center

- Address: 2554 Simas Ave., Pinole, CA 94564
- Mailing Address: P.O. Box 516, Pinole, CA 94564

Contacts

Email address: president@pinoleseals.org

Website: www.pinoleseals.org

President:

Rochelle Muffett,, president@pinoleseals.org

Head Coach:

Kyle Berry headcoach@pinole.com

League Reps:

Katie Nash - tubby9699@gmail.com

Kristy Ramirez- fxdx2005@att.net

Computer Team:

Mike Stokowski , computerteam@pinoleseals.org

Swim Meet Times

The Pinole Swim Center gate will open at the designated time; parents who arrive early will not be allowed into the facility until the designated time.

	Saturday	Wednesday
Meet Time	9–12 pm	6–9 pm
Doors Open	7:15 am	5 pm
Visiting Team Warmup	8:00–8:25 am	5:30 pm
Seals Warmup	7:30–7:55 am	5:15–5:30 pm

•Lane Assignments

- Visiting Team: Odd number lanes
- Seals Team: Even number lanes

Pool Facility:

- Home Camp: Under solar panels
- Visitor Camp area: Grassy area on side of pool

• Visiting Team Work Assignments

- Timers/Recorders: 9 (2 per even # lanes and 1 per odd # lanes)
- Ribbons Writers: 1 (report to computer desk after IM events are completed)
- Stroke & Turn: 2 (rotate)
- Shepherds: Team's own parent volunteers

Ribbons

Ribbons are provided for individuals placing 1st-6th place overall, heat winners for individual events with multiple heats and 1st and 2nd for relays. Participation ribbons are provided for all swimmers not placing for 8 and unders only. Scoring will follow league rules.

No ribbons for 15-18's.

Order of Events—Number of Heats

- Medley Relay—1 heat
- IM—1 heat
- Freestyle—3 heats
- Breaststroke—2 heats
- Butterfly—2 heats
- Backstroke—3 heats
- Free relay—1 heat

Snack Bar

The Seals Team Snack Bar is open on Saturday mornings and on Wednesday evenings for meal items. We will also sell a wide variety of drinks, snack items and candy.

Directions

From Concord

- West on Highway 4
- Merge to I-80 West
- Exit Pinole Valley Road
- Turn Left onto Pinole Valley Road
- Turn Left on Simas Ave. (past Pinole Valley High school)
- The pool is on the left side of the street

Parking

Parking is available in lot next to the pool; you may also park on the street next to the pool in the neighborhood.