

Crockett Swim Team 2021 Team Bio

Welcome Visiting Swim Team!

Head Coach: Alisa Airoidi 510-260-4281 alisaairoidi@yahoo.com

Computer Contact: computercontact.CST@gmail.com

Our Meets are run with HY-TEK Meet Manager; we request that each team provide our Computer Coordinator with a complete list of their team's entries 48 hours prior to the scheduled meet. **(No later than 5 pm on Sunday for Wednesday evening meets, and 5 pm on Wednesdays for Saturday morning meets). **We will not accept changes to a team's swim meet entries less than 24 hours prior to the scheduled meet****

Masks are required for all in the pool area. Swimmers will wear masks and remove before stepping up on the block, after swimmer exits pool immediately wipe face and place mask back on.

Swim Meet Information:

Saturday Swim Meets: 8:30AM- 12:00PM

CST WARM UPS: 7:30AM-7:55AM

VISITING TEAM WARM UPS: 8:00AM-8:20AM

Wednesday Swim Meets: 5:30PM- 9:00PM

CST WARM UPS: 4:30PM-4:55PM

VISITING TEAM WARM UPS: 5:00PM-5:20PM

Volunteer Coordinator/Contact person between teams should check in a minimum of 30 minutes before the start of the meet at the computer table near showers.

Lane Assignments:

CST is assigned even lanes (2, 4, and 6)

Visiting Team is assigned odd lanes (1, 3, and 5)

Order of Events & # of Heats: (subject to change)

- | | | |
|----|-----------------|---------|
| 1. | 50 Free (15-18) | 1 Heat |
| 2. | Medley Relay | 1 Heat |
| 3. | IM | 1 Heat |
| 4. | Freestyle | 4 Heats |
| 5. | Breaststroke | 2 Heats |
| 6. | Butterfly | 3 Heats |
| 7. | Backstroke | 2 Heats |
| 8. | Free Relay | 1 Heat |

Meets will be pre-seeded, fastest swimmers placed in the first heat.

The number of heats will be reduced by combining heats whenever possible.

Swimmers are limited to 3 individual events plus relays.

Note regarding Relay events for 8 and under swimmers:

There will be no diving from the shallow end of the pool (3 ½ foot depth) & the 2nd and 4th swimmers in Relay events will use "in-water starts."

Scoring Information:

Individual Scoring

Relays

- 1st = 5 pts
- 2nd = 3 pts
- 3rd = 1 pt
- 1st = 6 pts
- 2nd = 3 pts
- No Sweeps

Ribbon Information:

Ribbons will be awarded for 1st through 6th place **ONLY**.

Participation ribbons for 8 & under swimmers will be given for each stroke swam where a place ribbon was not earned.

Visiting Team Work Requirements:

2 - Stroke & Turn Judges (1 on deck at a time)

9 - Timers/Recorders with watches. Timers may be required to be recorder as well

1 - Ribbon labelers

Shepherds for your own team.

All timers & recorders are required to mute cell phones/tablets during the meet

Team Camp Areas:

Crockett team area in pool facility by diving well. Visiting team may use Alexander Park beside the pool socially distanced with own team. Tennis courts are off limits.

Snack Bar: Limited Menu

Restrooms in pool area: Open to CST and visiting team no changing allowed

Directions to Crockett Pool:

FROM HIGHWAY 4: Exit Cummings Skyway toward Vallejo. Right on Crockett Blvd. Right on Pomona St., the pool is on the left.

FROM HIGHWAY 80: Exit 27, Pomona St. Left on Pomona St. Follow road to stop sign, Rolph Ave. the pool is on the left, corner of Rolph and Pomona.

PARKING: Parking is street parking, along Rolph Ave. & Pomona St., please be courteous and do not block driveways.