

Hercules Piranhas Swim Team – 2021

Swim Center Info:

Address: 2001 Refugio Valley Road, Hercules, CA 94547

Web Site: www.ci.hercules.ca.us

Phone: (510) 799-8296 Fax: (510) 799-8288

Contact Person For Team Information:

Rolo Lacanlale herculespiranhas@gmail.com

Meet Director & League Reps:

Maye "I am Awesome" Pedrosa herculespiranhas@gmail.com

Melissa Malonzo

Marites Le

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Coaches:

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Computer Tech:

Rolo Lacanlale herculespiranhas@gmail.com

***Our Meets are run with HY-TEK Meet Manager; we request that each team provide our Computer Techs with a complete list of their team's entries prior to the scheduled meet. (No later than 9pm on Monday for Wednesday evening meets, and 9pm on Wednesday for Saturday morning meets).**

***The Hercules Piranhas Swim Team will not accept any/all changes to a team's swim meet entries less than 24 hours prior to the scheduled meet. (No later than 8pm on Tuesday for a Wednesday meet and no later than 10am on a Friday for a Saturday meet). Absolutely no changes 15 minutes before the start of any swim meet.**

Swim Meet Info: The Hercules Swim Center doors will open at the designated time; parents who arrive early will not be allowed in the facility until the designated times.

Swim Meets will be broken up into 3 Competing Sessions

- ***Pool will open at 6:45am***
- ***Saturday Meets: 7:30am-12:50pm***

- ***Session 1 : 6 & under and 7-8***
Warm-ups : 7:00am - 7:20am
Meet 7:30am - 8:30am

- ***Session 2 : 9-10 and 11-12***
Warm-ups : 8:40am - 9am
Meet : 9:10am - 10:40am

- ***Session 3 : 13-14 and 15-18***
Warm-ups : 10:50am - 11:10am
Meet : 11:20am - 12:50am

- ***Lane Assignments:***
Hercules Piranhas: Lanes 1 thru 3

Visiting Team: Lanes 4 thru 6

- ***Parent Participation:*** to ensure a successful swim meet, we need parent participation to fill jobs and responsibilities:
 - Timers/Recorder: 9 (Each person will be using a plunger, stopwatch and/or recording time.) Visiting team will provide 1 plunger/stopwatch for each lane and 1 Plunger/Recorder for every odd numbered lane.
 - Ribbon writers: Due to limited pool deck capacity, ribbons and labels will be provided later in the week
 - Stroke & Turn: 2 per Team
 - Shepherds: 2 per Team

Pool Facility Capacity:

To accommodate both the Hercules Piranhas and the visiting team, **the max capacity per team is 45 swimmers per competing session.** Due to County and City regulations, if we are at max capacity for swimmers, only swimmers and active volunteer workers will be allowed on the pool deck for that competing session. If capacity limits allow, we can accept a parent/guardian per family to watch at that competing session.

Visiting Team Area:

When you enter the pool the area located on the far side of the pool to the left of the diving boards are for visiting competitors. There will also be a visiting team area outside of the pool for families that are waiting to compete or have finished their session.

Parking:

The Hercules Swim Center provides parking in our parking lot outside of the facility; please respect all fire lanes and only park in designated parking spaces. Once the parking lot is full, there is additional parking located at the Hercules Middle School, and Hercules residential streets on Redwood and Falcon.

Ribbons:

Ribbons are provided for individual events with the first six placements (1st – 6th place) and for relays top two placements (1st and 2nd place). Due to limited capacity on the pool deck, ribbons and labels will be provided later in the week.

Order of Events:

There will be **NO CHANGES** allowed to the below Order of Events.

MR 1 Heat / Age Group

IM 1 Heat / Age Group

Free 3 Heats / Age Group

Breast 2 Heats / Age Group

Fly 2 Heats / Age Group

Back 2 Heats / Age Group

FR 1 Heat / Age Group

Snack Bar: The Hercules Piranhas Snack Bar is open for Saturday morning meets from 7:30am-12:50pm. For safety precautions the Hercules Piranhas have elected not to have meals to sell during the meets. We will only have drinks and small pre-packaged snacks.

Team Bio: The Hercules Piranhas is a recreational swim team that is designed for children 4 to 18 years of age. Each swimmer participates in sanctioned practices, clinics, invitational swim meets, and monthly team socials & events.

Direction to Pool: Directions: Hwy 4 all the way into Hercules (end of Hwy); turn left onto San Pablo Ave. Turn left onto Sycamore, turn right onto Refugio Valley Road, turn left on the Swim Center.

Pool Rules at a Swim Meet:

- **Play Pool:** The Play Pool is closed during swim meets; parents are responsible for keeping an eye on their swimmers and children. Children, Swimmers, Teen and Adults are not permitted to swim in the play pool during a swim meet.
- **Beginning level swimmers & swim meets:** All swimmers are encouraged to participate in home and away swim meets; children who need assistance with a kickboard, a coach in the water, or is unable to complete one full lap will be asked not to compete in the swim meet until that swimmer is capable to complete and finish a race on their own.
- **Difficult Swimmers:** Swimmers who delay races by stopping on the wall or in the middle of the lane will be suspended from one full competition meet; if the swimmer continues to be difficult by delaying competition races, the swimmer is subjected to be suspended from the team longer than the one day or asked to leave the team.
- **None swimmers:** Only registered swim team members are allowed on the pool deck; parents with children need to supervise them at all times. Adults 14 years and up are welcome to pay a drop in fee for lap swim during designated lap swim hours; please speak with the Sr. Lifeguard before entering the pool.