

## Tega Cay Breakers Practice Schedule 2022

### Practice M-Th, including meet days

April 25th-28th Dryland – Wear sneakers and clothing for a workout  
AND May 2nd - May 26th Pool Practice

\*May 25th/26th will have an altered schedule with the pool being open to the public. We will post those times when available.

Shrimp (5-6)	4:30-5p
7/8	5:00-5:45p
9/10	5:45-6:30p
11/12	6:30-7:15p
13+	7:15-8:15p

May 31st - June 24th Pool Practice. No practice May 30th, Memorial Day

13+	6:45-7:45a
11/12	7:45-8:30a
9/10	8:30-9:15a
7 /8	9:15-10:00a
Shrimps (5-6)	10:00-10:30a

Starting May 31st, we will have evening practices Tuesday and Wednesday from 4:30-5:30pm for those swimmers 11+ who can't make the morning practice.

Practice Meet May 22, tentatively 7-11am (will be out of the pool no later than noon)