



**2020 SWOYSL AA CHAMPIONSHIP**  
**MARCH 13, 14, 15, 2020**

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**2020 SWOYSL AA Championship**  
**MEET ANNOUNCEMENT**

**About the Championship**

Date: March 13, 14, 15, 2020

Location: Miami University, Oxford Ohio

Entry Deadline: Monday, March 9, 2020 – 8 PM

Hosted by: Southwest Ohio YMCA Swim League

Meet Director: Jon Saxton, jsaxton@rendigs.com

Web Site: [www.swyswim.org](http://www.swyswim.org)

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### ABOUT THE CHAMPIONSHIP

This meet is a sanctioned, closed, inter-association championship YMCA meet. This meet and all participants will adhere to the Rules that Govern YMCA Competitive Sports and the Swimming Addendum to the Rules that Govern YMCA Competitive Sports. USA Swimming technical rules will be followed. The meet is YMCA sanctioned and approved by the OH LSC of USA Swimming.

YMCA Sanction number: CAQ-???? USA-S/[OH] Approval number OH-????

### WHAT'S NEW

Individual entry limit is three (3) events per day with a maximum of seven (7) individual events for the weekend.

Senior Pictures will be displayed on the scoreboard during warm-up and Finals. The information must be submitted by February 8. Information in Appendix 4.

### MEET FORMAT WAIVER

**RESERVE THE RIGHT TO MAKE CHANGES:** The Championship Meet Committee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet or due to unforeseen issues of weather or facility problems. Changes will be communicated as far in advance as possible. None of the required elements for a YMCA National Championship and USA-S Approved meet can be changed.

### LOCATION AND FACILITY

Location: Miami University, Corwin Nixon Natatorium,  
750 Oak Street, Oxford, Ohio 45056  
Emergency Phone Number: 513-529-1844

The Corwin Nixon Natatorium is configured as two (2) 9 lane, 25-yard courses. Water depth at start is 6-10 feet (minimum 5 feet required) and at turn end is 6-10 feet. Colorado electronic timing system will be used along with a digital Colorado scoreboard capable of displaying 2 pool swimming with names. The competition course has been certified in accordance with 104.2.2C (4).

Warm-up pool:

Prior to Prelim competition, 18 lanes and 8 lanes in dive well assigned for warm-up. Prior to Finals, 18 lanes in the competition pool and 4 lanes in the 25-meter dive well are available for warm-up. Two assigned sessions.

During Prelims, continuous warm-up/warm-down in the dive well.

During Finals, continuous warm-up/warm-down in the west pool.



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Spectator Seating – 750 seats in raised balcony  
Swimmers – on deck  
Wi-Fi available – free

### WEB SITE

Meet Information can be found at: [www.swyswim.org](http://www.swyswim.org).

Online Meet Results: Meet Mobile will carry UNOFFICIAL meet results not the heat sheet.  
Full meet results will be posted after the meet on [www.swyswim.org](http://www.swyswim.org).

Inclement weather notices and/or cancellations will be posted on [www.swyswim.org](http://www.swyswim.org).

### CONTACT INFORMATION

Meet Director: Jon Saxton, [jsaxton@rendigs.com](mailto:jsaxton@rendigs.com), 513-518-5153  
Entry Chairperson: Claudia Multer, [claudia.multer@gmail.com](mailto:claudia.multer@gmail.com), 513-863-6298  
Meet Referee: Jon Saxton, [jsaxton@rendigs.com](mailto:jsaxton@rendigs.com), 513-518-5153  
Administrative Officials: Claudia Multer, [claudia.multer@gmail.com](mailto:claudia.multer@gmail.com), 513-863-6298  
Terri Shannon, [shannot1@miamioh.edu](mailto:shannot1@miamioh.edu), 513-529-1844  
Officials Coordinator: Jon Saxton, [jsaxton@rendigs.com](mailto:jsaxton@rendigs.com), 513-518-5153

### MEET TIMELINE

*The following times are an initial approximation. A final timeline will be published on the league website.*

FRIDAY PM SESSION: 9 & Over  
(Evening Session: Open Warm-Up) Warm-up: 5:00 PM -5:50 PM  
Two (2) pools for all events (odd, even) Meet Starts: 6:00 PM

SATURDAY & SUNDAY AM SESSIONS: 11 & Over  
(Morning Sessions: Assigned Warm-Up) Warm-up: 7:00 AM - 7:50 AM  
Two (2) pools for all events (odd, even) Meet Starts: 8:00 AM

SATURDAY & SUNDAY PM SESSIONS: 8 & Under, 9 -10  
(Afternoon Sessions: Assigned Warm-Up) Warm-up: TBA  
One (1) pool Meet Starts: TBA

FINALS: 11-12, 13-14, 15 & Over, and Senior (no 8 & under or 9-10)  
(Finals: Open Warm-Up) Saturday Sunday  
Two (2) pools TBA TBA  
Meet Starts: TBA TBA

The fastest heat of the 1000 (on Saturday) will swim first  
The fastest heat of the 1650 (on Sunday) will swim first



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### ELIGIBILITY ATHLETE

YMCA Membership: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 90 days prior to the first day of the meet. An athlete may have only represented that YMCA team in competition for a period of 90 days prior to the first day of the meet, excluding scholastic competition.

Amateur Status: An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.

Unattached Athletes: There is no unattached status in YMCA Swimming.

Age: An athlete must be not older than twenty-one (21) years of age on the first day of the Meet.

YMCA Meet Participation: To be eligible to compete, each athlete must have competed in a minimum of 3 closed YMCA inter-association meets since September 1 of the current season.

Athletes with a Disability: Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition.

### COACH

Required Certifications: Coaches must hold current certifications in the following courses to receive deck credentials: Professional Rescuer CPR, First Aid, Concussion Training, Sudden Cardiac Arrest, Safe Sport, Safety Training for Swim Coaches (a Lifeguard certification may be used if accompanied by completion of the Safety Training for Swim Coaches online content) and Principles of YMCA Competitive Swimming and Diving. A list of the acceptable certifications can be found in the Swimming Addendum to the Rules That Govern Competitive Sport.

Coach Registration: Each coach must have completed the annual YMCA on-line team and coach registration process. Coaches who are not registered and approved will not be permitted on deck.



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Teams without a Coach at the Meet: All athletes and teams must have at least one certified and credentialed YMCA coach designated as being responsible for their supervision during competition. When a YMCA team will not have a coach present, that YMCA may authorize an eligible coach from another YMCA attending the meet to be responsible for their athletes at the meet. The Meet Director and Meet Referee must be notified of this situation.

### TEAM

Team Registration: Each team must have completed the annual YMCA on-line team registration and paid the annual registration fee.

Insurance: Each team that participates in the meet must have a current and correct Certificate of Liability Insurance, in effect through the last day of the meet.

### ENTRY INFORMATION

**ENTRY LIMITS:** Each athlete may enter three (3) individual events per day with a maximum of seven (7) individual events for the weekend. Each athlete may swim one (1) age group 200 Medley relay, one (1) age group 200 freestyle relay and one (1) age group 400 freestyle relay. Senior relays are unlimited.

**NEW EVENT:** We have added a Mixed 200 Medley Relay on Saturday. This event will only be swum at Finals. (See order of events)  
Limited to one (1) entry per team. There is no qualifying time.

**QUALIFICATION PERIOD:** The qualification period is March 1, 2019 through the entry deadline.

**USA-S IDs:** Only USA-S registered athletes should have an ID number in the Meet Entry File.

**TIMES:** No Times (NT) are not allowed. Submit entry times in SCY times (preferred). If the swimmer or swimmers do not have a short course yards qualifying times, then a qualifying long course meters or short course meters time may be used. Events will be seeded with yard times as the fastest times followed by short course meter times and then long course meter times. Entries must be made using actual times. Time conversion is not permitted.

Entered times must be the swimmer's BEST time achieved during the qualifying period.

**TIME STANDARDS:** Swimmers/Relays must have equaled or bettered the minimum time standard: Appendix 2.



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**ENTRY FEES:** \$4 per individual event  
\$16 per relay  
\$5 surcharge per athlete

**Mail to Pam Fulton**  
**1738 St. Route 202**  
**Troy, Ohio 45373**

A check or Purchase Order must be presented before the first event of the meet.

Checks are made payable to Southwest Ohio YMCA Swim League.

**ENTRY DEADLINE:** Monday, March 9, 2020 8:00 PM

**ENTRY PROCEDURE:** Entries are submitted online to

<http://ymca.ymcacompetitiveswim.org/YMCANatsEntry.asp?M=SWOYSL-Champ>

### **LATE ENTRY:**

**Deck entries will not be accepted.**

Late Entries (prior to the meet)

**All errors must be found and reported by 5 PM Thursday or no adjustment will be made. Check the online psych sheet carefully.**

Exception 1. A swimmer, who is not entered or incorrectly entered by the fault of the meet entry chairperson, may be properly placed in the appropriate events.

Exception 2a. A swimmer, otherwise qualified, who was mistakenly not entered by his/her entry chairperson, may be deck entered up to 5 PM Thursday, provided he/she pays the appropriate entry fee plus a \$25.00/swimmer processing charge to the meet host. The coach is the only one who may make these changes.

Exception 2b. Coaches may add an event to a swimmer already entered in the meet by 5 PM Thursday provided it is not over the entry limit and he/she pays the appropriate entry fee plus a \$25.00/swimmer processing charge. They may not exchange events.

### **VOLUNTEERS/OFFICIALS/TIMERS**

#### **OFFICIALS AND TIMERS:**

The Meet Director will prepare the workers assignment list approximately 30 days in advance of the Championship. The assignments will be posted on the league website.

The required YMCA work assignments are determined by the number of swimmers entered by each team in last year's championship meet. If you expect significant changes, please contact the Meet Director. All YMCAs must provide the assigned



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workers as designated by the Meet Director. Failure to provide the assigned officials/workers for any session of this meet may disallow that team's swimmers from further participation in the meet. IT IS THE DUTY OF THE ASSIGNED TEAM TO CONTACT OTHER TEAMS FOR HELP IN FULFILLING ASSIGNMENTS. It is not the duty of the Meet Director. Please notify the Meet Director of any substitution.

Meet officials are not assigned but are voluntarily sought. The meet director will email officiating information. Officials who would like to work this meet should contact the meet director at [jsaxton@rendigs.com](mailto:jsaxton@rendigs.com)

All officials must be dressed in white shirts and navy-blue pants, shorts, or skirts.

### MEET CHECK-IN PROCEDURE

**Coaches** – Check in table for coaches will be in the upstairs lobby prior to entering pool deck. Only coaches with current certifications will be granted entrance to the deck. You will receive your heat sheet at the time of check in.

**Swimmers** – Swimmers will check in at the swimmers check in table in the lobby upstairs prior to entering the pool deck.

**Officials and other meet workers** – Check in upstairs and then report to the hospitality room and check in again. Officials must report to the hospitality room to receive credit for working the meet.

**Timers** – Timers sign in upstairs and then sign in again in the hallway off the pool deck.

**EVENT CHECK-IN:** All events are preseeded. We ask for scratches in the 1000 free and 1650 free. These events may be reseeded if it will help the timeline.

**COACHES MEETING/SCRATCH MEETING:** Notes for the coaches meeting will be emailed prior to the meet. If there is need for a meeting at the meet, all teams will be notified.

**OFFICIALS AND TIMERS MEETING:** Meetings for officials and timers will be held prior to each session. The Meet Director will email the schedule for meetings at least two (2) days prior to the meet.



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### CHAMPIONSHIP PROCEDURES AND OPERATIONS

#### CHAMPIONSHIP COMMITTEE:

By League rules, all meets shall have a committee designated before the beginning of the meet. The meet committee shall consist of: SWOYSL Executive Committee members in attendance, Meet Director, Meet Referee, one (1) coach, one (1) swimmer entered in the meet and the Regional Representative.

The committee may become involved in protests and disputes concerning technical matters, matters of eligibility, and other appropriate subjects, but in no case, may the meet committee become involved in protests concerning judgment decisions by deck officials.

#### RULES:

The meet will run under YMCA Rules that Govern Competitive Sports, Addendum to the YMCA Rules that Govern Competitive Sports, USA-S Technical Rules, and Southwest Ohio YMCA Swim League rules.

#### MEET FORMAT:

The meet will swim using a Prelim Finals format for 11 & over individual events with top 18 (plus 2 alternates) advancing. Exception: Friday evening events, 1000 free, 1650 free, and all 8 & under events and 9-10 events are timed finals. Swimmer's age will be determined as of December 1, 2019. Senior events require that the swimmer be 12 on the first day of YMCA Short Course Nationals (April 1, 2020).

Except for those stated in this document or outlined in the Southwest Ohio YMCA Swim League "Rules and Regulations for Competitive Swimming Meets" issued October 1998, the current USA Swimming Rules will govern this meet.

All Preliminary and timed Final events will be pre-seeded to ensure a minimum of three (3) swimmers in all heats. However, an entire event will NOT be re-seeded to maintain this minimum should there be scratches and/or no-shows. Combining of heats where the opportunity arises may be performed at the discretion of the Meet Referee, Administrative Referee and/or Meet Director.

#### **The following SCRATCH RULE will be strictly enforced for all events with finals:**

Those swimmers in the top 24 places of the initial posting of an event's preliminary results MUST scratch if they do not plan to return for Finals. Scratches MUST utilize a Scratch Form obtained from the scratch table and signed by the swimmer's coach. To be accepted, these Scratch Forms MUST be turned in at the scratch table within 30 minutes of the announcement of that event's results. After 30 minutes, the results are official.





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For failure to compete in a Consolation and/or Championship Finals Event in which a swimmer is seeded, the swimmer will:

- A. Miss his/her next individual event (prior swims not affected) –or– if the event missed is his/her last event, a \$25.00 fine will be imposed on the team.
- B. Exceptions: No penalties shall apply for failure to compete in Finals if the referee is notified in the event of injury or illness and accepts the proof thereof, or it is determined by the referee that failure to compete is caused by circumstances beyond the control of the athlete.

### **Declaration of Intent to Scratch:**

Within 30 minutes of the announcement of an event's results, a swimmer may declare that he/she may not compete in the Finals of that event pending the results of subsequent Preliminary events. The swimmer must declare his/her final intentions within 30 minutes of the completion of their last individual event. If the swimmer does not return to confirm the scratch, the swimmer will be seeded into the Finals event and penalties set forth for failure to compete will apply.

### **Seeding for Finals:**

Finals events will be seeded based on the OFFICIAL preliminary results. AFTER the results are official, any scratches made known to the Administrative Referee will result in the entire event being re-seeded if and only if there is enough time to do so prior to the events being swum. Once the consolation heat has swum, there will be no alternate in the championship heat.

**DECLARED FALSE START:** An athlete may also withdraw from a heat or swim-off by electing to take a declared false start. Such declaration must be made known to the Deck Referee before the heat or swim off is announced. A declared false start counts as an event swum for the athlete and will be counted in the maximum number of events allowed for each athlete.

**EVENT SEEDING:** Events will be seeded Slowest to Fastest, except for the following events: 1650 free, 1000 free, 500 free and 400 IM. The Meet Referee/Administrative Official reserve the right to combine heats. We swim 1 heat girls and 1 heat boys 1000 and 1650 at night.



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**SCRATCH PROCEDURES FOR PRELIMINARY EVENTS:** An athlete is considered entered an event unless he/she scratches from that event. If an athlete does not scratch from an event and does not swim the event, that event still counts toward the athlete's total number of events for the meet.

**NO SHOW:** Because the meet is preseeded, an athlete who is seeded in an event (Prelims) and fails to compete (i.e., a "no show") will have no penalty.

**WARM-UP SAFETY PROCEDURES:** Teams will be assigned lanes for warm-ups. During designated warm-up sessions, athletes may only enter the competition pools from the starting end. Athletes are expected to use a three-point entry in which they sit on the side of the pool then slide into the pool gently, with one hand on the wall. The exception is during specific warm-up periods when sprint lanes are designated for practicing racing starts.

**SWIMMERS REPORT DIRECTLY TO THE BLOCKS:** All swimmers are expected to report directly to their respective blocks for their events. Be sure to check the heat sheet for Friday evening session and AM sessions.

**Two Pools -** Note that **Friday evening and AM sessions** will be using **two (2) pools** with all odd HEATS competing in the balcony pool and all even HEATS competing in the scoreboard pool.

**STARTS:** 'Fly-over' starts will be used for Friday evening and AM sessions at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.

**SWIM-OFFS:** In the event a swim-off is necessary, the Meet Referee will set a time for the swim-off which will not be any later than 45 minutes after the last heat of any event in which any of the swimmers in the swim-off is competing. (USA Swimming Rule 102.5.2)

### **PROTEST PROCEDURE:**

A person with standing, that is, a coach or YMCA supervisor whose team is competing in the meet, may only initiate protests. The Championship committee will arbitrate protests, eligibility issues, safety rules and other issues

Protests the judgment decisions of starters, stroke, turn, place and relay take-off judges can only be considered by the Referee and the Referee's decisions will be final USA-S Rule 102.23).

**CONDUCT AND RESTRICTIONS:** The Meet Referee reserves the right to dismiss any swimmer, coach and/or spectator from the competition due to inappropriate conduct.

- Deck access is limited to only registered and approved coaches, swimmers, timers, designated meet workers and working officials.



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- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Glass, Food, and Chairs are not permitted on deck.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Massage tables are not permitted.
- Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.
- Swimmers are not permitted in the spectator stands
- Shaving is not permitted in any areas of the facility.
- Each team may assign 2 parents from the 8 & under age group to help shepherd the 8 & unders on deck. (All other 8 & under parents are upstairs unless they are working the meet.) Names of parent helpers should be sent to Terri Shannon (shannot1@miamioh.edu)
- No swimmers or parents allowed in the leisure pool area.
- The hallway between the pool and locker rooms is not to be used as a swimmer holding area.
- There is no food allowed on the pool deck. It may be confiscated.
- Beverages are allowed. No glass containers.
- No coolers are allowed in the natatorium
- **Each team is responsible for its team area and is expected to leave its area clean after each session.**
- Under no circumstances will camera zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during the competition and warm-up.
- Operation of a drone, or any other flying apparatus is prohibited over the venue (pools athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present

senior



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### AWARDS AND RECOGNITION

#### SCORING: 18 places

Individual 22-19-18-17-16-15-14-13-12-10-8-7-6-5-4-3-2-1  
Events:  
Relay Events: 44-38-36-34-32-30-28-26-24-20-16-14-12-10-8-6-4-2  
Remember: Only the A, B, and C relays per team per event can score. D, E, etc. relays will not be scored under ANY circumstances, including disqualification of the team's A, B, or C relays.

#### AWARDS:

Individual Medals: 1<sup>st</sup> through 9<sup>th</sup> place  
Events: Ribbons: 10<sup>th</sup> through 18<sup>th</sup> place  
Relay Medals: 1<sup>st</sup> through 3<sup>rd</sup> place  
Events: Ribbons: 4<sup>th</sup> through 18<sup>th</sup> place

High Point Age group team high point plaques for both girls and boys will  
Plaques: be awarded. (Scored by age group events. i.e. Senior events will not count.)

Heat Ribbons: Heat ribbons will be awarded to all heat winners in the 8 & Under and 9 - 10 age groups.

Banner: First place  
Plaques: Second and Third place  
Coach of the Year: One (1) award voted on by coaches.

#### SPECTATORS

**ADMISSION FEE:** No admission fee.

**HEAT SHEETS/PROGRAMS:** \$10 for Friday, Saturday AM and Sunday AM sessions. In addition, you receive a coupon for the Finals heat sheet.

\$5 for PM sessions (2 Day)

**CONCESSION STAND:** Pro Shop has salads, sandwiches, and drinks.

**ATHLETE APPAREL:** Swimville will be in the upstairs lobby.



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### **LIABILITY, SAFETY, AND EMERGENCY PROCEDURES**

**INSURANCE:** Each Association participating in this meet must have insurance coverage for representative(s) including leadership and participants who will be in attendance for the period of travel from their Association to the meet, during the entire period of the meet and return to their Association. Appendix 3 must be signed by each association participating in the meet.

#### **LIABILITY LIMITS:**

- In granting of the USA-S/OH LSC approval, it is understood and agreed that USA Swimming and OH LSC shall be free and held harmless from any liabilities or claims for damages arising due to injuries to anyone during the conduct of the meet.
- In granting the YMCA Sanctioning, it is understood and agreed that YMCA of the USA shall be free and held harmless from any liabilities or claims for damages arising due to injuries to anyone during the conduct of the meet.

**EMERGENCIES:** The facility personnel will handle all emergencies at the meet. These individuals will provide CPR and first aid as needed and will ensure that individuals with serious injuries are transported immediately to the nearest hospital for further treatment. Defibrillators will be on site.

Any coach, athlete or official who recognizes an emergency should immediately inform the facility's personnel and then make sure the vicinity of the emergency is clear for the emergency personnel to do their job.

**LIGHTNING POLICY:** The National Lightning Safety Institute, National Athletic Trainers Association, American College of Emergency Physicians, USA Swimming, and YMCA of the USA all recommend or require closing an indoor pool during an electrical storm. This policy will be followed at the meet.

**UNACCOMPANIED ATHLETE:** Each athlete must have a certified coach responsible for him/her while on the pool deck. The coach of the athlete must authorize in writing a coach from another team to represent their team and be responsible for the swimmer(s).



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**CONCUSSION AWARENESS:** This meet will follow the YMCA of USA Concussion procedure. Anyone who observes or has knowledge of a potential head injury should immediately notify lifeguards and/or hired medical personnel. Once the injury report is completed, the lifeguard and/or hired medical personnel will notify the Event Staff, the athlete’s coaching staff, and the Meet Director.

If a head injury occurs, the action plan below will be followed:

1. Athlete is removed immediately from participation by the Meet Director
2. Athlete must be evaluated by a licensed health care professional experienced in identifying and treating concussions. In addition, the athlete must follow the laws that are in effect within the authority where the meet is held.
3. The coaching staff will inform the athlete’s parents or guardians about the possible concussion and give or send them the fact sheet on concussion.
4. The athlete will not be allowed back to warm-up or compete until a health care professional, experienced in evaluating concussions determines that the athlete is symptom-free and is OK to return to participation.

### LODGING AND RESTAURANTS

Restaurants –

<http://www.miami.muohio.edu/about-miami/visiting-miami/restaurants.html>

Lodging information –

<https://www.miami.muohio.edu/about-miami/visiting-miami/accommodations.html>

### PARKING

Event parking will be available in the parking garage located next to the Recreational Sports Center. Charge \$5 per entry. There is limited street parking around the Rec Center. You will need to pay any meters, and you must park in a legal parking space. The South RSC Parking Lot is for Rec Center patrons only and will not be available for swimmer drop offs. Check the website for any other parking information.

### DEVOTIONS

DEVOTIONS	Thursday	Friday	Saturday	Sunday
AM	xxxx	xxxx	CFY	RCDB
PM	xxxx	xxxx	CY	MCY
FINALS	xxxx	BASH	KEY	ABLY



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### APPENDIX 1: Order of Events

Girls	Age	Friday Events	Boys		Girls	Age	Sunday AM	Boys
101	Senior	800 Free Relay	102					
103	9 - 10	200 Freestyle	104					
105	13 - 14	400 IM	106					
107	15 & over	400 IM	108					
109	11 - 12	500 Freestyle	110					
111	13 - 14	500 Freestyle	112					
113	15 & over	500 Freestyle	114					
Girls	Age	Saturday AM	Boys		Girls	Age	Sunday AM	Boys
201	Senior	400 Medley Relay	202		301	15 & over	400 Free Relay	302
203	11 - 12	100 IM	204		303	11 - 12	100 Backstroke	304
205	15 & over	50 Freestyle	206		305	13 - 14	200 Backstroke	306
207	13 - 14	50 Freestyle	208		307	15 & over	200 Backstroke	308
209	11 - 12	50 Freestyle	210		309	11 - 12	50 Butterfly	310
211	15 & over	200 Butterfly	212		311	13 - 14	100 Butterfly	312
213	13 - 14	200 Butterfly	214		313	15 & over	100 Butterfly	314
215	11 - 12	100 Butterfly	216		315	11 - 12	100 Freestyle	316
217	15 & over	100 Backstroke	218		317	13 - 14	100 Freestyle	318
219	13 - 14	100 Backstroke	220		319	15 & over	100 Freestyle	320
221	11 - 12	50 Backstroke	222		321	11 - 12	200 IM	322
223	15 & over	200 Freestyle	224		323	13 - 14	200 IM	324
225	13 - 14	200 Freestyle	226		325	15 & over	200 IM	326
227	11 - 12	200 Freestyle	228		327	11 - 12	50 Breast	328
229	15 & over	200 Breast	230		329	13 - 14	100 Breast	330
231	13 - 14	200 Breast	232		331	15 & over	100 Breast	332
233	11 - 12	100 Breast	234		333	11 - 12	200 Medley Relay	334
235	15 & over	200 Free Relay	236		335	13 - 14	200 Medley Relay	336
237	13 - 14	200 Free Relay	238		337	15 & over	200 Medley Relay	338
239	11 - 12	200 Free Relay	240		339	Senior	1650 Freestyle	340
241	Senior	1000 Freestyle	242					
Girls	Age	Saturday PM	Boys		Girls	Age	Sunday PM	Boys
251	8 & Under	50 Freestyle	252		351	8 & Under	100 IM	352
253	9 - 10	100 Freestyle	254		353	9 - 10	100 IM	354
255	8 & Under	25 Backstroke	256		355	8 & Under	50 Backstroke	356
257	9 - 10	50 Backstroke	258		357	9 - 10	100 Backstroke	358
259	8 & Under	50 Breast	260		359	8 & Under	25 Freestyle	360
261	9 - 10	100 Breast	262		361	9 - 10	50 Freestyle	362
263	8 & Under	25 Butterfly	264		363	8 & Under	50 Butterfly	364
265	9 - 10	50 Butterfly	266		365	9 - 10	100 Butterfly	366
267	8 & Under	100 Freestyle	268		367	8 & Under	25 Breast	368
269	9 - 10	200 IM	270		369	9 - 10	50 Breast	370
271	8 & Under	100 Free Relay	272		371	8 & Under	100 Medley Relay	372
273	9 - 10	200 Free Relay	274		373	9 - 10	200 Medley Relay	374



## 2020 SWOYSL AA CHAMPIONSHIP MARCH 13, 14, 15, 2020

### APPENDIX 1: ORDER OF EVENTS (CONTINUED)

Event 243 Swum only at Finals – limit – one (1) entry per team

AA Order of Events for Finals				
Girls	Age	Saturday Finals	Boys	Heats per gender
241	Senior	1000 Freestyle	242	1
243*	Senior	Mixed 200 Medley Relay	xx	all
203	11-12	100 IM	204	2
205	15 & over	50 Freestyle	206	2
207	13-14	50 Freestyle	208	2
209	11-12	50 Freestyle	210	2
211	15 & over	200 Butterfly	212	2
213	13-14	200 Butterfly	214	2
215	11-12	100 Butterfly	216	2
217	15 & over	100 Backstroke	218	2
219	13-14	100 Backstroke	220	2
221	11-12	50 Backstroke	222	2
223	15 & over	200 Freestyle	224	2
225	13-14	200 Freestyle	226	2
227	11-12	200 Freestyle	228	2
229	15 & over	200 Breaststroke	230	2
231	13-14	200 Breaststroke	232	2
233	11-12	100 Breaststroke	234	2
Girls	Age	Sunday Finals	Boys	
339	Senior	1650 Freestyle	340	1
303	11-12	100 Backstroke	304	2
305	13-14	200 Backstroke	306	2
307	15 & over	200 Backstroke	308	2
309	11-12	50 Butterfly	310	2
311	13-14	100 Butterfly	312	2
313	15 & over	100 Butterfly	314	2
315	11-12	100 Freestyle	316	2
317	13-14	100 Freestyle	318	2
319	15 & over	100 Freestyle	320	2
321	11-12	200 IM	322	2
323	13-14	200 IM	324	2
325	15 & over	200 IM	326	2
327	11-12	50 Breaststroke	328	2
329	13-14	100 Breaststroke	330	2
331	15 & over	100 Breaststroke	332	2





## 2020 SWOYSL AA CHAMPIONSHIP MARCH 13, 14, 15, 2020

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### **APPENDIX 2: QUALIFYING TIMES**

Qualifying standards for the meet are posted on the league website [www.swyswim.org](http://www.swyswim.org).

They are also attached to the end of this document.

**NOTE: A valid qualifying time for the 1000 free is acceptable as a valid qualifying time for the 1650 free. Please enter an S behind the entry time forcing that time to be seeded slower than the 1650 times.**

**The reverse is also true. A valid qualifying time for the 1650 free is acceptable as a qualifying time for the 1000 free. Please enter an S behind the entry time forcing that time to be seeded slower than the 1000 times.**

11.11.19

**2019 - 2020  
QUALIFYING TIMES  
TIMES FOR 25 YARD COURSES**

\* an asterisk to the right of a time indicates that the time is new this year

<b>National</b>	<b>Girls Zone</b>	<b>AA</b>	<b>8 and Under Event</b>	<b>AA</b>	<b>Boys Zone</b>	<b>National</b>
		:17.69	25 Free	:17.89		
	:30.39	:39.99 *	50 Free	:39.99 *	:30.69 *	
	1:07.69 *	1:29.99	100 Free	1:29.99	1:08.19	
		:21.39	25 Back	:21.69 *		
	:35.79	:47.99	50 Back	:48.99	:36.29	
		:23.99	25 Breast	:24.59 *		
	:40.29	:53.99	50 Breast	:55.49	:42.29	
		:20.49 *	25 Fly	:21.19 *		
	:34.39	:46.99	50 Fly	:47.99	:35.19	
	1:17.59	1:42.59	100 IM	1:43.99	1:19.09	
		1:17.99	100 Free Relay	1:17.99		
		1:28.99	100 Medley Relay	1:28.99 *		
<b>National</b>	<b>Girls Zone</b>	<b>AA</b>	<b>9 and 10 Event</b>	<b>AA</b>	<b>Boys Zone</b>	<b>National</b>
	:30.39	:32.39 *	50 Free	:32.39 *	:30.69 *	
	1:07.69 *	1:12.89 *	100 Free	1:14.39 *	1:08.19	
	2:30.09 *	2:40.99	200 Free	2:43.99	2:31.09 *	
	:35.79	:38.49	50 Back	:39.49	:36.29	
	1:18.39	1:28.89 *	100 Back	1:28.99	1:19.49 *	
	:40.29 *	:43.49	50 Breast	:45.49	:42.29	
	1:29.39 *	1:34.99	100 Breast	1:35.59	1:30.59 *	
	:34.39 *	:37.79	50 Fly	:38.39	:35.19 *	
	1:20.59 *	1:30.99	100 Fly	1:30.99	1:23.59 *	
	1:17.59	1:22.69	100 IM	1:24.99	1:19.09 *	
	2:48.19 *	3:03.99	200 IM	3:04.99	2:49.99 *	
	2:09.89	2:17.49	200 Free Relay	2:19.99	2:14.39	
	2:25.99	2:36.39	200 Medley Relay	2:35.99	2:31.39	

11.11.19

**2019 - 2020  
QUALIFYING TIMES  
TIMES FOR 25 YARD COURSES**

\* an asterisk to the right of a time indicates that the time is new this year

<b>National</b>	<b>Girls</b>		<b>11 and 12</b>	<b>Boys</b>		<b>National</b>
	<b>Zone</b>	<b>AA</b>		<b>Zone</b>	<b>AA</b>	
:24.69	:27.09	:28.89	50 Free	:29.49	:26.99 *	:22.09
:53.39	:59.59	1:03.59	100 Free	1:04.89	:59.59	:48.19
1:55.39 *	2:11.49 *	2:19.89	200 Free	2:22.99	2:12.59	1:45.19
5:07.69	5:49.99 *	6:12.99	500 Free	6:17.99	5:49.29	4:45.49
	:31.49	34.59	50 Back	:35.29	:31.89 *	
:59.09 *	1:08.09	1:14.99	100 Back	1:15.99	1:08.69 *	:53.89
	:35.79	:38.89	50 Breast	:40.29	:35.69	
1:07.89	1:18.69	1:24.49	100 Breast	1:25.99	1:19.69	1:00.89
	:30.09	:32.89	50 Fly	:33.69	:30.29 *	
:58.69 *	1:09.49	1:17.99	100 Fly	1:19.09	1:09.99 *	:52.79
	1:08.69	1:13.79	100 IM	1:14.99	1:08.59 *	
2:09.79	2:30.29 *	2:35.99	200 IM	2:37.99	2:32.09	1:57.79
1:39.69	1:54.19	2:01.19	200 Free Relay	2:03.89	1:55.09	1:29.49
1:50.99	2:07.89	2:16.99	200 Medley Relay	2:19.59	2:10.99	1:39.79

<b>National</b>	<b>Girls</b>		<b>13 and 14</b>	<b>Boys</b>		<b>National</b>
	<b>Zone</b>	<b>AA</b>		<b>Zone</b>	<b>AA</b>	
:24.69	:25.99 *	:27.09	50 Free	:25.69	:24.19	:22.09
:53.39	:56.09 *	:59.09	100 Free	:56.49	:52.79	:48.19
1:55.39 *	2:03.29	2:09.99	200 Free	2:03.49	1:56.09	1:45.19 *
5:07.69	5:32.39	5:49.99	500 Free	5:35.99	5:15.89	4:45.49
:59.09 *	1:03.49 *	1:08.39	100 Back	1:06.79	1:00.69	:53.89 *
2:07.29 *	2:14.29	2:27.99	200 Back	2:20.19	2:05.39	1:56.59
1:07.89	1:12.69 *	1:18.79	100 Breast	1:17.39	1:08.89	1:00.89 *
2:27.59	2:33.39	2:48.79	200 Breast	2:38.29	2:20.99	2:12.69 *
:58.69 *	1:03.89	1:08.59	100 Fly	1:05.99	:59.49	:52.79 *
2:10.79	2:20.29 *	2:30.59	200 Fly	2:22.29	2:08.99	1:57.79 *
2:09.79 *	2:20.49	2:29.19	200 IM	2:23.59 *	2:11.09	1:57.79 *
4:36.59	4:57.99	5:22.79	400 IM	5:05.49	4:35.99	4:14.99
1:39.69	1:47.69 *	1:56.39	200 Free Relay	1:51.99	1:42.69	1:29.49
1:50.99	2:00.59 *	2:11.39	200 Medley Relay	2:04.49	1:55.89	1:39.79 *

11.11.19

**2019 - 2020  
QUALIFYING TIMES  
TIMES FOR 25 YARD COURSES**

\* an asterisk to the right of a time indicates that the time is new this year

<b>National</b>	<b>Girls Zone</b>	<b>AA</b>	<b>15 and Over</b>	<b>AA</b>	<b>Boys Zone</b>	<b>National</b>
:24.69	:25.49	:25.99 *	50 Free	:23.19	:22.59	:22.09
:53.39	:55.19 *	:56.59	100 Free	:50.79	:49.19	:48.19
1:55.39 *	1:59.79	2:02.49	200 Free	1:52.69	1:48.99	1:45.19 *
5:07.69	5:27.79	5:30.09	500 Free	5:09.99	5:03.49	4:45.49
:59.09 *	1:02.49 *	1:04.79	100 Back	:59.79	:56.99	:53.89 *
1:07.89	1:11.09	1:15.39 *	100 Breast	1:07.69	1:03.39	1:00.89 *
:58.69 *	1:01.19	1:04.79	100 Fly	:56.79	:55.09 *	:52.79 *
2:09.79 *	2:16.09 *	2:22.19 *	200 IM	2:09.39	2:03.49	1:57.79 *
1:39.69	1:44.69	1:49.79	200 Free Relay	1:38.09	1:33.49 *	1:29.49
3:35.59	3:49.39	3:55.09	400 Free Relay	3:38.99	3:28.29	3:13.89
1:50.99	1:56.39	2:06.29	200 Medley Relay	1:53.09	1:45.99	1:39.79 *

  

<b>National</b>	<b>Girls Zone</b>	<b>AA</b>	<b>Senior</b>	<b>AA</b>	<b>Boys Zone</b>	<b>National</b>
10:27.99	11:32.99	11:59.99	1000 Free	11:17.79	10:54.29	9:46.99
17:32.99	19:05.99	20:00.89	1650 Free	18:38.39	17:59.99 *	16:22.99
	:29.29		50 Back		:26.99	
2:07.29 *	2:14.29	2:22.09	200 Back	2:11.99	2:05.39	1:56.59
	:33.09		50 Breast		:29.89	
2:27.59	2:33.39	2:42.89	200 Breast	2:29.09	2:20.99	2:12.69 *
	:28.19		50 Fly		:25.59	
2:10.79	2:20.29 *	2:27.29	200 Fly	2:16.99	2:08.99 *	1:57.79 *
4:36.59	4:57.99	5:05.99	400 IM	4:49.99	4:35.99 *	4:14.99
7:46.99	8:23.59	8:51.99	800 Free Relay	7:59.99	7:49.59	7:04.09 *
4:00.39	4:12.59	4:29.09	400 Medley Relay	4:06.79	3:50.99	3:37.19



# 2020 SWOYSL AA CHAMPIONSHIP MARCH 13, 14, 15, 2020

## APPENDIX 3: YMCA SANCTIONED MEET DECLARATION FORM

(SAMPLE) A completed form will be sent when you enter online

(Note: Return signed Declaration form to the Meet Director)

### YMCA Sanctioned Meet Declaration Form

(Return signed form to the meet director)

Participating YMCA: [YMCA\_NAME]

YMCA Address: [YMCA\_ADDRESS]

Meet Name: [2020 SWOYSL AA CHAMPIONSHIPS]

Meet Date(s): [March 13, 2020] - [March 15, 2020]

Meet Host: [YMCA of Greater Cincinnati]

Meet Location: [Miami University]-----

We the undersigned attest to the following:

**SWIMMERS** - All swimmers representing the YMCA above are full privilege members of the YMCA and meet all eligibility requirements.

**COACHES** - All coaches representing the YMCA above hold current certifications in CPR Pro, First Aid, Coaches Safety Training and Principles of YMCA Competitive Swimming and Diving and have completed the annual YMCA coach registration online.

**INSURANCE** - Our Association now has insurance coverage for representative(s) including leadership and participants who will be in attendance at the [2020 SWOYSL AA CHAMPIONSHIPS] for the entire period of the meet. I hereby certify that YMCA has a minimum of \$1,000,000/\$2,000,000 in liability insurance that covers our coaches and swimmers during their participation in the [2020 SWOYSL AA CHAMPIONSHIPS].

**RELEASE** - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, YMCA of Greater Cincinnati], their agents, representatives or assigns, and the [Miami University] for any and all injuries which may be suffered by participants at the [2020 SWOYSL AA CHAMPIONSHIPS]. Furthermore we understand that the YMCA of the USA and [YMCA of Greater Cincinnati] are not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.

\_\_\_\_\_  
Name and Signature of Head Coach

\_\_\_\_\_  
Name and Signature of YMCA Executive Director



## 2020 SWOYSL AA CHAMPIONSHIP MARCH 13, 14, 15, 2020

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### APPENDIX 4 - SENIOR PICTURES

## Senior Pictures at AA Championships!!

If your team has a graduating High School Senior this year, let's recognize them at our AA Championships meet in March.

Below are the instructions for picture type and information about your Senior(s) that we require. If it's easier for Head Coaches or a team representative to capture all information and then email together, that works for us.

#### **INSTRUCTIONS:**

**All information (including picture) is to be emailed to Steve Connock ([sconnock@me.com](mailto:sconnock@me.com)) NO LATER THAN FEBRUARY 8, 2020. If you miss the deadline, you will not be included.**

Please forward the following information for each of your graduating Seniors for special recognition during 2019 AA Championships @ Miami:

1. Senior Picture (any format)
2. YMCA Name
3. Senior's First and Last Name
4. University/College Name (Undecided if not known)

Here is the slide example that will be displayed on Miami's Scoreboard.

- Your YMCA colors will be coordinated for the slides.
- PLEASE, PLEASE double check your senior graduating roster to insure ALL Seniors are included and that ALL information is accurate.

*NOTE: The league is not responsible for spelling, missing data, etc. so quadruple check your own submission(s) to guarantee it's correct.. You wouldn't want your name spelled incorrectly would you?!?*