



PIRANHAS NEWS

Website: www.sunprairiepiranhas.com

Important Dates:

Meet This Week:

Baraboo Away:

Date: Saturday, July 15th
 Arrive at FAC: 5:45 am
 Buses leave promptly: 6:00 am
 Arrive on Deck: 7:15 am
 Warm ups: 7:30 am
 Meet start time: 8:00 am
 Theme: Disney

Thank You Volunteers!!!!

We want to send all our volunteers from the Cross Plains home meet a big thank you, You helped Saturday's meet run so smoothly. We were worried about running late but we finished early and we couldn't have done it without all of our awesome volunteers. We had a few people step up and take on additional roles and we really appreciate that.

Thank you,
 Cori and Nicky

A Message from your Head Coach!

Hi Families,

Great job this weekend! Cross Plains is the hardest team and we really made them work! It was a lot of fun watching and cheering for all of the close events. Now we need to save up some energy and come at them even stronger at conference! We have been working really hard at practice every day and it is very important to attend practice to be able to swim as well as you can at your final meet!

One thing we can work on is to be respectful to everyone. As teammates we need to treat each other with respect. We are the Piranhas family and we should treat each other that way. Also, we can be more respectful to other teams. Please remind your swimmer to stay in the water until everyone is finished, and to congratulate the swimmer on their left and right side. This is basic swimming etiquette you see at all levels in the sport. It is better to be the team known as a respectful team than the non-respectful winning team.

Finally, please start preparing your schedules for the last week of the season. The coaches do not know who is going to be going to conference or the invite meet until after the last meet has been swum. This means you should keep your schedule open so your child has the opportunity to do either.

Coach Sydney

Consider Volunteering for Open Board Positions!

- Open Positions:
- Co-Vice President (3-years; transition VP to Pres. to Past Pres.)
 - Co-Volunteer Coordinators
 - Co-Concessions Coordinators
 - Treasurer

Our team is only successful due to the volunteer effort of our swim families. Please consider being part of the Piranhas board next year and helping to lead another successful season!

As a board member, you will have fulfilled your meet volunteer commitments for the year and you also get to register your swimmer early for next season to be sure you get a spot in the age group you need.

The board generally meets once a month for a few months before the season starts just to prepare. During the season the time commitment really is to just fulfill the duties of whatever position held.

We have a great group of people on our board and we encourage you to join the group for a fun and fulfilling 2018 swim season! Please feel free to talk with any of the current board members if you have questions in general or about specific positions!

A Message from the Social Chairs!



Banners for Invitational and Conference will be completed next week! We are looking for parents or older swimmers to help each age group (U8, 9-10, 11-12, 13-14, 15+) with the decorating of the banners by the swimmers. It's easy – a white sheet and supplies are provided. If you'd like to help coordinate, please email Chris and Julie at social@sunprairiepiranhas.com by the end of this week. Banners need to be completed by Thursday, July 20. Thank you!!

Julie Hoffman and Chris Sydown

Burracho's Fundraiser	Tuesday 7/11 4:00 pm—8:00 pm
Mallards Baseball game	Tuesday 7/21 7:05 pm
Tri County Invitational (Sun Prairie FAC)	Tuesday 7/25 5:45 pm-10:00 pm
Spaghetti Dinner & Family Relays – Sun Prairie High School	Thursday 7/27 5:00 pm—8:00 pm
Conference Meet - Cross Plains (Middleton HS)	Saturday and Sunday 7/29 and 7/30
End of Season Banquet - Cardinal Heights (CHUMS)	Monday 7/31 6:00 pm—10:00 pm

2017 Remaining Schedule:

- July 15th at Baraboo - Disney Theme
- July 19th Mazomanie (Weds) - Pirates Theme
- July 25th Invitational - Piranha Theme
- July 29-30 Conference (Middleton)
- Day 1 - Superheros Theme
- Day 2 - Swimopoly Theme

Meet Signup Deadlines:

- Conference: July 20th
- Invitational: July 22nd

Conference Week Practice

To allow for all conference swimmers to practice together our coaches have asked that we only hold morning practices the final week. This will allow for relay teams to work on timing with all swimmers.

- Monday: Current Schedule (All Swimmers)
- Tuesday: Morning only (Invitational Meet)
- Weds - Fri: Morning only (conference swimmers)

Reminder the Spaghetti Dinner and Family relays on Thursday from 5-8pm

Volunteers for Conference!

We are still looking to fill the last two slots, please go to the conference [event page](#) on the Piranhas website and use the Job Signup button to put your name in.

Thank you to everyone who has signed up to volunteer at the conference meet. It is great to see our families helping at this meet.

For more info on Conference, please use the website below:

[Tri-Conference Website](#)

Deadline Approaching Conference Apparel

Conference apparel can be ordered on the Conference Website. [Click here](#) to go to the conference apparel website. The order deadline is July 12th in order to guarantee delivery before the Conference Meet.

Tri-county Conference Meet:

Sign-up if your athlete can attend! [Click Here](#)
 Even if your athlete is only going to swim in one relay, other athletes are dependent on their attendance to swim, please be aware of this as you sign-up for Conference

- Maximum of 4 events per swimmer
- Team can submit up to 3 relays per event (12 swimmers in both the Medley and Free)
- Team can submit 3 swimmers per individual event
- Lineups for individual events are generally selected by the fastest 3 swimmers available
- Final say in relays and lineups are up to the lead coach's discretion
- Coaches will try to include as many swimmers as possible in at least one relay, but due to our team size, this isn't always feasible
- A preliminary lineup will go out about a week before Conference (subject to change based on final dual meet)
- Final lineup will be revealed the week of Conference

All families are highly encouraged to attend Conference, it's a great experience whether you're swimming or not, and we need all the cheerleaders we can get!

Tri-county Invitational Meet:

Sign-up if your athlete can attend! [Click Here](#)

- There are no relay events at this event
- Athletes can swim in up to 3 events of their choosing
- This meet is for swimmers that are not going to Conference in an individual event
- Relay only swimmers are eligible
- Medals and ribbons are provided to top 6 swimmers in each event