

The sting!



Week of June 13th, 2011

Stingrays Take Opener from Mazomanie

Every so often, we get great weather for the Stingray season opener. By all accounts, 2011 wasn't one of those years. Nonetheless, the Stingrays shook off the rust and icicles to swim to a 539-122 victory over the Mazomanie Barracudas.

Congratulations to all the first time Stingrays who braved the elements and stuck with it. Warmer days are ahead. Congratulations are also in order for Hannah Aegerter, who used the first meet of the season to set the team record for the Girls 9-10 100 Meter IM with a time of 1:25.31. There were other swimmers who got off to a big start with four first places finishes – nine in all. They were: Hannah Aegerter, Jacob Aegerter, Ian Bohachek, Kristin Hartung, Karley Licking, Makenna Licking, Samantha Roll, Derek Uselman, and Jackson Uselman.

In regards to this weekend's meet with the Riptide from Baraboo, there was a time not too long ago when this was THE meet of the year (some might argue bigger than conference). Those who were around when the Stingrays finally broke Baraboo's gi-diculous five year winning streak will remember the excitement of that day. We're a big team. They're a big team. Some of the intensity of the past may be gone, but Baraboo-Cross Plains is always a great meet.

June 18th – Home Meet Vs. Baraboo

Here comes Baraboo! Stingray warm-ups start at 7:10am. As each team only gets 20 minutes of warm-up time, swimmers should be "on deck" and ready to swim when warm-ups begin.

Reminder: Sign In and Out for Meets

All swimmers need to indicate whether or not they will be attending a Saturday meet by the end of practice on the proceeding Tuesday. The sign in/out form listing all swimmers and meets is available in the pool office.

Coach's Corner

What a great meet this weekend, Stingrays! Despite the cold weather and water we swam very well for our first meet of the season. We had a number of outstanding swims and picked up right where we left off from last season. We are up against our Tri-County Conference rivals this weekend, the Baraboo Riptide, and we would like as many swimmers at the meet this weekend as possible so please remember to sign in and out for the meets by Tuesday this week. This week during practice we will continue to focus on getting swimmers ready for competition so do your best to get to practice. We are planning to have "Pirate Theme" this weekend so bust out your best pirate attire, rrrrrr matey! If you have any questions about anything, please let the coaches know. Keep up the great work and see you at the pool bright and early for our first week of morning practices.

GO STING!

Team Suits

Middleton Sports & Fitness is the preferred vendor for Stingray team suits. Fittings can be done at their Middleton location on University Avenue across from Walgreen's.

Middleton Sports & Fitness
6649 University Avenue
Middleton, WI 53562
P.608.836.3931

Middleton Sports & Fitness will be at the meet in Cross Plains on Saturday. If you have been meaning to get down there, wait no longer. Middleton Sports & Fitness will come to us! They will have their usual traveling array of goggles, suits, and clothing.

Meet & Food Signup Clarification

There appears to be some confusion regarding the club requirements for food donations and volunteer sign up.

Food Concession Donation – one item per season (not per meet) but more is welcomed.

Meet Volunteer Sign Up- Each family must commit to one job per home meet. If your son/daughter is not swimming in the meet then you do not have to volunteer for a job. It takes all of us to help our meets run smoothly. Thank you for donating food and volunteering.

Mentor/Buddy Program

We will be pairing any 8 & under swimmer with a 15-18 year old swimmer to give encouragement. We have 4 pairs right now. If you would like your 8 and under swimmer to be paired with a 15-18 year old swimmer, then please go to i-volunteer and enter their name. Same thing with any 15-18 year old swimmer who would like to be a buddy. The deadline to be a part of this program is Wednesday, June 15th.

Picture Day

Friday, June 17th

Team pictures will be taken during the June 17th practice at 8:00 am. **Please remember to wear your team suit.**

Noah's Ark

Thursday, June 23rd

The Stingrays are going to Noah's Ark again this year on June 23rd. We will be taking a bus from practice at 9:45 and returning about 6:00. The cost this year for the entrance into Noah's Ark, a hot dog lunch, and the bus ride is \$25 per person. Any child 10 and under is required to have a chaperon. I will have sign up slips at the pool starting Monday, June 13th. The permission slips and money need to be turned in to the Virnig folder no later than Tues, June 21st. Please contact Kathy Virnig at 798-0613 or jvirnig@tds.net with any questions or concerns.

Meet Schedule

Sat. June 18 Baraboo
Sat. June 25 Sauk Prairie
Sat. July 2 @Sun Prairie
Sat. July 9 @Mount Horeb
Sat. July 16 Spring Green
Sat. July 23 Wisconsin Dells
Sat. July 30 Conference Prelims @ Baraboo
Sun. July 31 Conference Finals @ Baraboo

2011 Daily Practice Times

6:00-7:45 am (13 & over)
7:30-9:00 am (9 to 12)
8:45-9:45 am (8 & under)

Stingray Website

Be sure to check the Stingrays official web site, www.crossplainsstingrays.com, for up-to-date information throughout the season.

Volunteer Signups

Need to volunteer or check what you volunteered for? See the Stingray website or go to <http://crossplainsstingrays.i-volunteeronline.com>. Click on the Re-Send Confirmation Link to get an email with what you have volunteered for.

2011 Meet and Special Event Calendar

A complete list of meets and special events can be found on the Stingray website at: <http://www.crossplainsstingrays.com/calendar>

Questions About Swim Team or New to the Team?

The General and FAQs section of the team website contains several documents for families new to the Stingrays and swimming in general. Look for it at: <http://www.crossplainsstingrays.com/faqs-2>.