

WESTERN FAIRFAX DEVELOPMENTAL LEAGUE RULES AND GUIDELINES

PURPOSE

The primary purpose of the Western Fairfax Developmental League is to provide developmental level swimmers a competitive experience in a meet environment. A secondary purpose is to afford all swimmers an opportunity to compete in the Individual Medley event in preparation for competition in the Northern Virginia Swimming League (NVSL) Divisional and All-Star meets.

RULES AND REGULATIONS

1. Developmental meets will be held on Monday evenings at 6:00 p.m. In the case of a postponed meet due to inclement weather or the mutual agreement of the team representatives, a make-up meet will be held on the following Tuesday evening at 6:00 p.m., or as agreed upon by the team representatives. Officials and visiting swimmers should arrive at the meet location not later than 5:30 p.m. on the day of the meet. Visitor warm-up will begin not later than 5:40 p.m. and will not last more than 15 minutes.
2. The host team representative will contact the visiting team representative prior to the scheduled meet (preferably 48-72 hours in advance) to verify the meet location and start time, coordinate special events (i.e. kickboard) and discuss any exceptions or special considerations for the meet. The visiting team will send their meet entry file to the home team no later than 5:00 p.m. on the Sunday prior to the meet; the home team will reciprocate to allow the visiting team to have backup.
3. Conduct of the meet:
 - (a) Meets will be seeded, but not scored. The home team will print time cards for all swimmers; the visiting team will supplement the home team's card stock.
 - (b) Events will be conducted in order per the Order of Events ([see WFDL 2017 Order of Events.pdf](#)). **EXCEPTION: On the 4th meet of the season, the IM Events, 45-53, will be held at the beginning of the meet.**
 - (c) Individual Medley swimmers will be afforded additional time just prior to the first Individual Medley event to warm-up.
 - (d) The host team will provide an announcer. It is encouraged that they announce the top three (3) finishers and the winning time in each event.
4. Eligibility:
 - (a) Swimmers who placed first in any event in NVSL competition during the current season, may not officially compete in developmental meets.
 - (b) Swimmers who placed second or third in an event in NVSL competition during the current season, may not officially compete in that event in developmental meets. These swimmers may officially compete in all other events in developmental meets.

- (c) “Fluke Rule”: If a swimmer placed first in an event in NVSL competition during the current season by a fluke (i.e. swimmer was the only entrant and/or finisher in that event), that shall not disqualify him/her from officially competing in subsequent developmental meets.
- (d) All swimmers, regardless of results in NVSL competition during the current season, may compete in the Individual Medley event.
- (e) All entrants in the 6 & under Kickboard event need to be able to get across the pool unassisted. Swimmers who enter this event will not be allowed to participate in any other event during that given meet.

5. Entries:

- (a) Each eligible swimmer may swim not more than two (2) individual events and the individual medley.
- (b) UNOFFICIAL SWIMMERS will swim **separate from OFFICIAL SWIMMERS as listed in the Order of Events**. UNOFFICIAL SWIMMERS will be marked as exhibition swimmers on their time cards and will not be considered for places or awarded ribbons in that event.

6. Awards:

- (a) First through sixth place ribbons will be awarded in each event. Each team will provide ribbons and prepare ribbon backs for their swimmers.
- (b) Individual teams may, at their discretion, provide “PARTICIPATION” and/or “PERSONAL BEST” ribbons.

7. Disqualifications:

- (a) Swimmers will be judged by the same criteria used in NVSL competition, except that, one (1) false start warning will be given before a swimmer is disqualified.
- (b) No disqualifications will be written for kickboard.

**** Changes approved for 2017 are marked in red.**

Revised: 21 March 2017

WESTERN FAIRFAX DEVELOPMENTAL LEAGUE ORDER OF EVENTS

BOYS		EVENT	GIRLS	
HEATS	EVENT #		EVENT #	HEATS
	1	6 & Under 25m Freestyle	2	
	3	7 - 8 25m Freestyle	4	
	Unofficial	8 & under 25m Freestyle	Unofficial	
	5	9 - 10 50m Freestyle	6	
	7	11 -12 50m Freestyle	8	
	9	13 -14 50m Freestyle	10	
	11	15 - 18 50 m Freestyle	12	
	Unofficial	9 & Up 50m Freestyle	Unofficial	
	Unofficial	6& Under 25m Kickboard	Unofficial	
	13	6 & Under 25m Backstroke	14	
	15	7 - 8 25m Backstroke	16	
	Unofficial	8 & under 25m Backstroke	Unofficial	
	17	9 - 10 50m Backstroke	18	
	19	11 - 12 50m Backstroke	20	
	21	13 - 14 50m Backstroke	22	
	23	15 - 18 50m Backstroke	24	
	Unofficial	9 & Up 50m Backstroke	Unofficial	
	25	8 & Under 25m Breaststroke	26	
	Unofficial	8 & under 25m Breaststroke	Unofficial	
	27	9 - 10 50m Breaststroke	28	
	29	11 - 12 50m Breaststroke	30	
	31	13 - 14 50m Breaststroke	32	
	33	15 - 18 50m Breaststroke	34	
	Unofficial	9 & Up 50m Breaststroke	Unofficial	
	35	8 & Under 25m Butterfly	36	
	37	9 - 10 25m Butterfly	38	
	Unofficial	10 & Under 25m Butterfly	Unofficial	
	39	11 - 12 50m Butterfly	40	
	41	13 - 14 50m Butterfly	42	
	43	15 - 18 50m Butterfly	44	
	Unofficial	11 & Up 50m Butterfly	Unofficial	
	45	8 & Under 100m Individual Medley	46	
	47	9 - 10 100m Individual Medley	48	
	49	11 - 12 100m Individual Medley	50	
	51	13 - 14 100m Individual Medley	52	
	53	15 - 18 100m Individual Medley	54	