**Warmup Assignments**

**Warmup Session 1**

**4:30-4:50 p.m.**

NCAP Girls’ Pool: Lanes 1-7

PAC/UN Girls’ Pool: Lanes 8-10

 Boys’ Pool: Lanes 1-4

YASD/DRAG Boys’ Pool: Lane 5-8

**Warmup Session 2**

**4:50-5:10 p.m.**

TORP Girls’ Pool: Lanes 1-4

PAC/HEAL Girls’ Pool: Lanes 5-6

DCPR Girls’ Pool: Lanes 7-10

 Boys’ Pool: Lanes 1-8