

STAT Winter Champs December 10-12, 2021 Jeff Rouse Swim and Sport Center

In compliance with sanction **#VS-22-45** STAT Swim Team agrees to comply and enforce all health and safety mandates and guidelines of USA Swimming, the Commonwealth of Virginia, and Stafford County.

Capacity Limits:

- Swimmers – 400
- Coaches – 25
- Officials – 10
- Timers – 16 (one head timer and two timers per lane)
- Meet Management (Meet Director Marshals, Hospitality, Vendor Staff) – 18
- Facility Staff – 7

If the number of swimmers in each session is below the 400, additional coaches, officials or other personnel *may* be permitted, with the approval of the Meet Director/Meet Referee/Facility Management, but the overall goal would be to maintain ~500 individuals in the facility at any one time.

No Spectators will be allowed in the facility. Live streaming will be available.

COVID Rules:

- Swimmers shall wear their mask to the blocks. A PVC stand will be available to place the mask during the event.
- Swimmers shall wear their mask when receiving feedback from coaches.
- Swimmers may not watch the meet from the deck, they must watch from their place in the grandstand.
- Coaches/Officials/Volunteers must wear masks unless actively eating/drinking.
- 6 Swimmers per lane for warm-up/cool-down.
- Coaches seating in the alcove - none in the walkway
- Meet Marshals/COVID Marshals to enforce masks, social distancing, swimmer safety in the warm-up/cool down pool and on deck.
- Meet Director, Meet Referee, and/or Facility Management reserves the right to place additional restrictions as may become necessary.

Flow:

- 8 Swimmers behind blocks - will place mask on stand and swim event
- Swimmers will exit by starting blocks, put on mask and walk towards the grandstands after completion of the race
- We will be doing Dive Over Starts. Once following heat dives in Swimmers will exit put on their mask and proceed to the grandstands. Once the finished heat is gone from the blocks, the next heat will begin to line-up behind the blocks.

Warm Up:

- 1st Warm Up will line up at the Start end of the pool
- 2nd Warm Up will line up at the Shallow end of the pool