

# Life Time Best Times!

We like to recognize those swimmers who have dropped anything larger than a second. I want to show the biggest improvement of the week at the top of the list. **FOR INDIAN LAKES MEET**, it was probably the best showing for Best Times, except the first meet and Time Trials mixed together. With this many swimmers dropping about a second or more! And just the halfway point of the season?? Great job from our swimmers. They are doing so well. It is hard to keep dropping time, but with the work we do during the first weeks, building strokes, improving technique and getting stronger (individually & as a team) it is going great! **Now an extra week to prepare!**

## Swim Meet

Time Trials & Timberlake (combined)		Cheshire Forest	Larchmont	Indian Lakes	Riverwalk	Cavalier YCC
Over 10 seconds!	Over 10 seconds!	Over 10 seconds!	Over 10 seconds!	Over 10 seconds!	Over 10 seconds!	Over 10 seconds!
45.45 - Tyler Swartz	14.32 - Johnny Blaz	16.62 - Matthew Echaniz	26.94 - Jai Johnson	37.11 - Grayson Roberts		
36.73 - Katie Foxworth	14.30 - Jonathan Bermudez	16.39 - Tyler Swartz (correction)	12.87 - Kellan Marks	24.42 - Kellan Marks		
28.87 - Makennan Warra	14.04 - Landon Bermudez	16.04 - James Echaniz	5 to 10 seconds!	13.04 - Andrew Crouch		
27.44 - Kellan Marks	13.48 - Isabel Echaniz	15.50 - Matthew Echaniz	7.49 - Kason Sloat	10.28 - Kellan Marks		
25.37 - Jackson Roberts	13.01 - Alex Packer	13.34 - Russell Abrams	6.74 - Ella Sloat	5 to 10 seconds!		
23.02 - Pevtan Barker	11.80 - James Echaniz	11.27 - AJ Bertini	5.56 - James Echaniz	9.81 - Ella Sloat		
18.79 - Melanie Hall	11.65 - Katie Foxworth	10.57 - Lillian Crouch	5.11 - Harley Sloat	8.13 - Benjamin Dillon		
14.87 - Makennan Warra	11.53 - Isabel Echaniz	5 to 10 seconds!	1 to 5 seconds	6.87 - Katie Foxworth		
14.48 - Matthew Echaniz	10.51 - Grayson Roberts	9.98 - Michael Irwin	4.01 - Kason Sloat	6.33 - Jackson Roberts		
14.48 - Jackson Roberts	10.46 - Caleb Hebert	8.89 - Katie Foxworth	3.59 - AJ Bertini	5.77 - Caleb Hebert		
5 to 10 seconds!	5 to 10 seconds!	8.59 - Ben Bermudez	3.54 - Gigi Swatts	5.60 - Alex Packer		
5.30 - Harley Sloat	6.10 - Maddie Gordon	8.40 - Sasha Dinsmore	3.23 - Cooper Swartz	1 to 5 seconds		
9.93 - Lillian Crouch	5.95 - Kellan Marks	7.26 - Caleb Hebert	2.73 - Luke Dinsmore	4.90 - Kason Sloat		
9.38 - Adrianna Blaz	5.53 - Greyson Roy	6.65 - Harley Sloat	2.50 - Molly Weber	4.70 - Anthony Bertini		
8.65 - Gabe Bush	5.51 - Savannah Hyde	6.26 - Molly Weber	2.39 - Quinton Jackson	4.52 - Riley Dillon		
7.04 - Landon Bermudez	5.50 - Luke MacDermod	6.23 - Russell Abrams	2.01 - Tyler Swartz	4.50 - Carson Worst		
6.63 - Michael Irwin	5.04 - Landry Dillon	6.10 - Harley Sloat	1.65 - Gracie Sanoba	4.47 - Darla Vangen		
6.40 - Lacey Jackson	5.02 - Russell Abrams	5.91 - Jackson Roy	1.53 - Liam Abenir	4.41 - Addison Hayden		
6.39 - Michael Irwin	1 to 5 seconds	5.79 - Gavin Williams	1.44 - Benjamin Bermudez	4.11 - Caleb Hebert		
1 to 5 seconds	2.05 - Ben Bemudez	5.76 - Johnny Blaz	1.27 - Molly Weber	4.00 - Kason Sloat		
5.00 - Chloe Swatts	1.95 - Vance Sanoba	5.66 - Carson Bernstein	0.99 - Jonathan Bermudez	3.92 - Russell Abrams		
4.82 - Michael Mullen	1.94 - Peyton Barker	5.60 - Savannah Hyde	0.87 - Johnny Blaz	3.81 - Isabel Echaniz		
4.73 - Trey Houser	1.89 - Joseph Beauchamp	5.47 - Isabel Echaniz		3.80 - Matthew Echaniz		
4.57 - Keleigh Griffin	1.87 - Melanie Hall	5.36 - Savannah Hyde		3.29 - Cameron Bernstein		
4.40 - Lexi Williams	1.82 - Jonathan Bermudez	5.36 - Greyson Roy		3.24 - Katie Foxworth		
4.36 - Jackson Roberts	1.78 - Paige Anthony	1 to 5 seconds		2.96 - Savannah Hyde		
4.31 - Michael Irwin	1.76 - Paige Anthony	4.84 - Cooper Swartz		2.81 - Benjamin Bermudez		
4.12 - Ben Dillon	1.76 - Michael Beauchamp	4.51 - James Echaniz		2.77 - Ella Sloat		
3.92 - Riley Dillon	1.72 - Paige Anthony	4.50 - Quinton Jackson		2.54 - Benjamin Bermudez		
3.86 - Savannah Hyde	1.71 - Jacob Bush	3.92 - Johnny Blaz		2.50 - Michael Mullen		
3.85 - Luke Dinsmore	1.67 - Ben Bermudez	3.53 - Alex Packer		2.40 - Jackson Roberts		
3.79 - Caleb Hebert	1.64 - Quinton Jackson	3.31 - Caleb Hebert		2.36 - Lillian Crouch		
3.77 - Keleigh Griffin	1.62 - Jai Johnson	2.84 - Jonathan Bermudez		2.34 - Harley Sloat		
3.72 - Kellan Marks	1.56 - Emily Neff	2.66 - Cooper Swartz		2.26 - Darla Vangen		
3.69 - Sasha Dinsmore	1.52 - Logan Turchetta	2.50 - Gracie Sanoba		2.26 - Benjamin Bermudez		
3.53 - Ben Bermudez	1.51 - Carson Bernstein	2.46 - Gracie Sanoba		2.25 - Carson Bernstein		
3.30 - Ethan MacDermod	1.48 - Russell Abrams	2.36 - Luke Dinsmore		2.19 - Johnny Blaz		
3.25 - Ethan MacDermod	1.48 - Matt MacDermod	2.30 - Keleigh Griffin		2.08 - Tyler Swartz		
3.19 - Jackson Roy	1.44 - Trey Houser	2.18 - Logan Turchetta		2.04 - Ella Abenir		
3.04 - Gabe Bush	1.35 - Elaina Tenfelde	2.15 - Pevtan Barker		2.01 - Chloe Swatts		
2.98 - Addison Hayden	1.33 - Chloe Swatts	2.13 - Landry Dillon		2.00 - Gigi Swatts		
2.91 - Houston Dillon	1.32 - Sasha Dinsmore	2.06 - Caleb Hebert		1.94 - Alex Packer		
2.86 - Melanie Hall	1.29 - Addison Hayden	2.04 - Kason Sloat		1.92 - Gracie Sanoba		
2.85 - Addison Hayden	1.28 - Vance Sanoba	2.04 - Joseph Beauchamp		1.81 - Peyton Barker		
2.84 - Adrianna Blaz	1.27 - Lexi Williams	1.84 - Tyler Swartz		1.79 - Isabella Jackson		
2.80 - Ben Dillon	1.26 - Elaina Tenfelde	1.77 - Chloe Swatts		1.68 - Melanie Hall		
2.75 - Kason Sloat	1.23 - Matthew Dillon	1.76 - Ben Bermudez		1.68 - Benjamin Dillon		
2.74 - Sasha Dinsmore	1.22 - Makennan Warra	1.52 - Keleigh Griffin		1.64 - Vance Sanoba		
2.49 - Katie Foxworth	1.20 - Andrew Crouch	1.47 - Gabe Bush		1.60 - Makennan Warra		
2.47 - Jackson Roy	1.17 - Gavin Williams	1.40 - Darla Vangen		1.57 - Jonathan Bermudez		
2.34 - Andrew Crouch	1.12 - Sasha Dinsmore	1.39 - Vance Sanoba		1.53 - Russell Abrams		
2.33 - Emily Neff	1.11 - Michael Irwin	1.35 - Matthew Dillon		1.50 - Peyton Barker		
2.28 - Emily Neff	1.10 - Carson Bernstein	1.27 - Joseph Beauchamp		1.45 - Matthew Echaniz		
2.27 - Keleigh Griffin	1.06 - Gabe Bush	1.26 - Landry Dillon		1.39 - Cooper Swartz		
2.27 - Isabel Echaniz	1.05 - Melanie Hall	1.21 - Alex Packer		1.37 - Luke MacDermod		
2.26 - Quinton Jackson	1.05 - Gabe Bush	1.13 - Collin Bernstein		1.31 - Logan Turchetta		
2.17 - Maddie Gordon	1.04 - Addison Hayden	1.12 - Savannah Hyde		1.26 - Cameron Bernstein		
2.16 - Keleigh Griffin	1.00 - Gavin Williams	1.05 - Paige Anthony		1.21 - Keleigh Griffin		
2.10 - Lexi Williams	1.00 - Adrianna Blaz	0.93 - Elaina Tenfelde		1.21 - Harley Sloat		
2.09 - Gigi Swatts	0.98 - Gabe Bush	0.90 - Maddie Gordon		1.17 - Jonathan Bermudez		
2.09 - Collin Bernstein	0.97 - Elaina Tenfelde	0.87 - Jai Johnson		1.14 - Alex Packer		
2.08 - Paige Anthony				1.11 - Grayson Roberts		
				1.04 - Emily Neff		
				1.04 - Andrew Crouch		
				0.99 - Jonathan Bermudez		
				0.93 - Sasha Dinsmore		
				0.93 - Lacey Jackson		
				0.85 - Jacob Neff		
				0.82 - Houston Dillon		