# Dry Diggins Digest

Issue 9
June 21, 2015

## Meet Recap

Congratulations Dolphins for winning our third meet of the season 1650.5 to 1237.5. We had a lot of swimmers miss the meet because they were sick or at the fair and I am very impressed with how everyone stepped up and swam well. The meet results can be found on the website here. This win has guaranteed another winning season with only one more league meet to go against Arden Manor on the 27th before we get ready for championships on July 18th.

## Coaches Corner

By Alan Rosenfeld

I would like to wish a happy father's day to everyone and I hope that you all have a great Sunday.

Congratulations on another successful home meet. We had a lot of people scratch in the morning because of illness and everyone did a great job filling in and not missing relays.

This week our individual DQ percentage dropped from 7% to 4%. I am thrilled with this result and all of you have been working hard in practice to achieve this. We will continue to work hard to eventually bring this number down to 0. We also had over 100 swimmers get a best time and many others get very close.

Meet signups have closed for the Arden Manor meet on June 27th. This is an away meet so I don't have as much control over seeding the meet as I did the past two weeks so if you are attending and haven't committed you need to let me know before Monday afternoon so I can add you to the meet.

Because this is our last meet of the season, if you have any specific requests for events please let coach Alan know on Monday and he will do his best to acquiesce them. Handwritten requests are easier for him to remember and do as opposed to shouting what you want across the deck.

## Board Bulletin

**Meet Ribbon Update:**

The ribbons from the Auburn meet along with the ribbons from the meet this weekend will be in your folders on Monday.

**Swim-A-Thon**

Our annual Swim-A-Thon fundraiser is this Friday June 26th at Union Mine. Please check out page three for more details about this important fundraiser for our team and sign up online. You should have gotten more information in your swimmer files over the past week. If you have a barbeque that you are willing to donate on June 26th please let Stephanie Thayer know at fannieanneangel@yahoo.com

**Coaching Update:**

You may have noticed a new face on deck the past week. This is Coach Shelby, just having finished her second year at UC Davis and she will be with us for the rest of the season. However, this week is Coach Eric's last week on deck because he will be starting his EMT program in July. He will still be at the Arden Manor meet and Boys vs. Girls, but if you could take some time and to say goodbye and wish him luck I am sure he would appreciate it.

## Birthdays of Note

The Dry Diggins Dolphins would like to wish a very happy birthday to the following swimmers and coaches this week:

Miranda Salerno
Clara Walker
Marcus Holifield-Helm

# Quotes of the Week

Cammie Bailey (17)-Are these 100's?
Coach Alan: "Yes"
Cammie Bailey- "What is life?"

Coach Alan- "Your turn Lucas"
Lucas (5) - "I am not Lucas, I am a water fox"

Maya (6) and Emily (6) *on kickboards* – "We are floating jelly beans!"

Asha (7) *after her sister Jia (11) hugged coach Sean*- "Did she (Jia) just hug you?"
Coach Sean- "Yes"
Asha - "Ugh"

# Swimmers of the Week 6-20-15

6 and Under
LJ Garel
Ryan Jalquin

7-8
Koa Stevens
Maggie Hopson

9-10
Liam Maguire
Mallory Morgan

11-12
Mark Barsotti
Annabel Maguire

13-14
Nick Watkins
Quinn Carroll

15-18
Dominic Aguilera
Emily Moore

# Our annual Swim-A-Thon fundraiser is this week! The event takes place on Friday, June 26, from 4:30 – 8pm at Union Mine.

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HERE'S HOW IT WORKS –

- The assigned times are listed here. If you cannot make your time, don't worry about it. Come and jump in the pool for the time you can make!

| | |
|---|---|
| Ages 8 and under | 4:30 – 5:30pm |
| Ages 9 – 12 | 5:30 – 6:30pm |
| Ages 13 and up | 6:30 – 7:30pm |

- Parents are needed to help count laps done by children (other than your child).
- Children with the highest laps, per age group, will receive prizes. The grand prize will go to the most laps completed, per age group, and they will get to be **"Coach For a Day."** The swim workout will need to be approved by your coach prior to the swim day.
- The potluck will begin at 5:30pm and will go until 8pm.
- Please bring a potluck item as follows:

| | |
|---|---|
| Last Name A – J | Salad or Fruit Dish |
| Last Name K – R | Side Dish |
| Last Name S – Z | Dessert |

We look forward to seeing you at the Swim-A-Thon on Friday evening!

Mindy Hopson & Stefanie Thayer!