

Dry Diggins Digest

Issue 5
June 3, 2018

Meet Recap

Congratulations on a great time trials meet. We had over 340 best times achieved and everything ran relatively smoothly. I would like to thank all the parent volunteers that helped us put on the meet. We cannot run anything without you. The results are posted on the website under the swim meet results tab on our web site. If you see anything off about any of the results please let me know so I can try and correct them. We do not have ribbons for time trials but starting next week when our dual meets start we will start to have ribbons in the folders on Mondays.

Coaches Corner

By Alan Rosenfeld

Our first meet of the season is this Saturday against the Lifetime Sugar Bears. They are a smaller team so hopefully the meet will be done around the same time as our time trials meet. We will have relays on Saturday so please be attentive and make sure your swimmers are behind the blocks in plenty of time so that the relay teams can be put together.

If you got a DQ this week it will be in your swimmer files on Monday. Please come and talk to a coach so we can discuss how you got DQ'd and how you can improve. DQ's although frustrating at times are important for swimmer development. They allow the swimmers to get better by learning what they need to improve.

Meet signups for the Lifetime meet have closed. If you are still planning on attending the meet this weekend please let me know via email or in person by Monday evening.

Lessons

The Dry Diggins Dolphins are offering private lessons for anyone that wants a bit of extra individual work. These lessons can be used for young children just learning how to swim or swim team members looking for an extra leg up. If interested please email dddswimlessons@gmail.com.

Birthdays of Note

The Dry Diggins Dolphins would like to wish a very happy birthday to the following swimmers and coaches this week:

Emmerson Weidert

Drew Bennett

Bailey Bowers

Chris Bishop

Madison Harbert

Michael Ogden

Blake Johnson

Bailey Weston

Coen Pfeiffer

Gavin Gabbard

Board Bulletin

Team Unify send out automatic reminders for signups for meets. When you get them, it is a good reminder to double check that your swimmer is signed up for the meet and you have signed up for a volunteer shift.

Our team picture will be taken this week before the lifetime meet. Picture order forms are in your swimmer folders.

Please remember to check your swimmer files daily. The files will contain messages from the team as well as ribbons, messages from your buddy, DQ slips, or other information.

Swimmers of the Week

4-28-18

6 and Under
Gavin Gabbard
London Romney

7-8
Jacob White
Evangeline Gonzalez

9-10
Tristian Tilford
Alice Ripley

11-12
Nolan Maciel
Amelia Maciel

13-14
Seamus Carroll
Lauren Chandler

15-18
Karson Leos
Gemma Meadows

