

# Dry Diggins Digest

Issue 6  
June 10, 2018

## Meet Recap

Congratulations for winning the meet against Lifetime by 1,923 to 412. Although we were a much larger team we also won 73 out of 84 events and had over 120 swimmers get a least one best time. Overall, we had a best time percentage of 41% over all swims which is actually better than the 38% best time percentage during time trials. We also got significantly fewer DQ's and we will continue to work on those issues as the season progresses. This week will have a much tougher challenge against Orangevale who is a much larger team.

## Coaches Corner

By Alan Rosenfeld

I am very impressed how everyone swam this week. It was a much colder day which makes it difficult sometimes to swim your best, but I am impressed how you all stepped up and swam well.

We had a few missed races and relays this week. Please make sure that you are paying attention to how quickly the meet is progressing and always double check with coaches about your relay status. Relays will sometimes change at scratch due to scratches so please check out with coaches before you leave the meet just in case you were put into a freestyle relay.

## Birthdays of Note

The Dry Diggins Dolphins would like to wish a very happy birthday to the following swimmers and coaches this week:

Penelope Sowa  
Jacob White  
Abigail Beasley  
Emma Frazer  
Besty Yost  
Mateo Van Thull

## Board Bulletin

Whistle Stop Yogurt is continuing their sponsorship of DDD by giving out yogurt coupons to kids that get at least one best time during the dual meet season. These slips will be in your boxes on Monday or Tuesday.

Our Swim-A-Thon is on June 21<sup>st</sup>. Please work on getting donations and mark that date on your calendar for the Swim-A-Thon. It is always a great time and it is our major fundraiser for the season.

We are looking for the perfect design to our 2018 Champs shirt. Swimmers are encouraged to submit a design that the coaches will review and select this year's design. Detailed information will be put in the family folders this week.

Our next home meet is on June 30<sup>th</sup> against Arden Manor. The annual boat regatta will be occurring after the meet is over. The boat regatta rules are on the third page of the digest.

Senior recognition and parent versus coaches' relays will be at the conclusion of the Auburn meet on July 14<sup>th</sup>.

## Lessons

The Dry Diggins Dolphins are offering private lessons for anyone that wants a bit of extra individual work. These lessons can be used for young children just learning how to swim or swim team members looking for an extra leg up. If interested please email [ddswimlessons@gmail.com](mailto:ddswimlessons@gmail.com)

## **Swimmers of the Week**

### **6-04-17**

6 and Under  
Josylin Cobb  
Cameron Gray

7-8  
Hazel Fortin  
Van Warren

9-10  
Addi Bowman  
Raymond Cerruti

11-12  
Brooke Bowers  
Theo Meadows

13-14  
Hannah Elzinga  
DJ Kraus

15-18  
Claire Bacco



# Boat Regatta Rules and Regulations

1. **BOATS MUST BE MADE OF CARDBOARD ONLY!** There are only two participants allowed per boat. This can be a team of one parent and one child, two siblings, or any combination of two from our dolphin team family, you choose. The boat may be sealed with tape, caulk, or glue.
2. Wax coated cardboard and concrete column tubing is not allowed.
3. Boats may not contain any floating device. (No rubber rafts, inner tubes, balloons, etc.)
4. If the boat has a cockpit, it must be big enough to escape from if the boat capsizes.
5. The boats dimensions must be no larger than 8ft. x 4ft. x 4ft.
6. The boat must have sides (no rafts) and both contestants have to fit inside.
7. No latex paints allowed as they will leak into the pool.
8. Boat paddles may be provided.
9. No one may interfere with the progress of any contestant.