

# Dry Diggins Digest

Issue 8  
June 19, 2015

## Meet Recap

Congratulations Dolphins for winning our third meet of the season 1862 to 744. Because of the fair this week, many swimmers needed to leave early or did not attend so I am impressed how everyone stepped up and swam in relays and individual events even when they aren't normally events that they would swim. We had the same number of DQ's as Arden Manor this week which considering we had 100 more swimmers than they did is a great accomplishment. Our DQ percentage also dropped down to 5 percent from 12 percent last week.

The results are posted on the website and can be found [here](#).

The Roseville Sugar Bears are coming next week so please commit by this evening so I can begin to seed the meet on Monday.

## Coaches Corner

By Alan Rosenfeld

I would like to wish everyone a happy father's day and I hope you all have a fun Sunday.

Congratulations on another successful home meet. This was the first meet that we actually hosted and I was thrilled with how well it went. We didn't have any major issues with meet operations and everyone stepped up volunteer duties when Arden Manor didn't have enough timers to cover all of their lanes.

The 50<sup>th</sup> celebration was last Sunday and it was a fantastic event. It was amazing for me to see how many different families the dolphins have affected over the years and finally getting to meet Coach Kenworthy in person.

This third meet means that the season is already over halfway over. I have had a fantastic time coaching all of you this season and I am very proud of each and every one of you.

## Board Bulletin

### Checks

Please make sure all checks are written out to GRA or Gold Rush Aquatics. The bank will return any checks not written out this way. Thank you.

### Dolphin Buddies

The dolphin buddies program is now in full swing. If you have any issues with the buddy program please let Coach Megan know at practice and she will work to remedy the problem.

### Swim-A-Thon

Our annual Swim-A-Thon fundraiser is this Friday June 24th. This is our fundraiser for the swim season and is a lot of fun so I encourage everyone to come and stop by on Friday afternoon at Union Mine. Information has been placed in your swimmer files along with packets all last week and there will be more emails about this event during the week.

### Junior Dolphin Meet Swim

Our Junior Dolphin program has been fantastic this year and this weekend June 25<sup>th</sup> the Junior Dolphins will get the opportunity to swim the 25 freestyle at the meet against the Sugar Bears. We will be sending out more information as the week progresses on information about how to sign up.

## Quotes of the Week

Rylan Larsson (Junior Dolphins) "I'm a human donut!" Coach Megan "What do you mean?" Rylan, "Ebba puts me in the oven and bakes me and I turn into a human donut!"

Ethan Schneider (Junior Dolphins) *watching Darby Daughtry (6) swim* "Darby's killing it"

Coach Dylan *after the 50<sup>th</sup> Celebration* "Where are my shoes!?!?"

## Birthdays of Note

The Dry Diggins Dolphins would like to wish a very happy birthday to the following swimmers and coaches this week:

Bean Salerno

Clara Walker

Jonah Langdon

Marcus Holifield-Helm

## Swimmers of the Week 6-15-15

6 and Under

LJ Garel

Penelope Sowa

7-8

Henry Metropolis

Emma Johnson

9-10

Cruz Lopez

Olivia Stanton

11-12

Will Beyers

Fiona Baumgartner

13-14

Logan Dourough

Abbey Sanders

15-18

Dominic Aguilera

Violet Maguire

