

Coaches Corner

By Alan Rosenfeld

I hope everyone has a great 4th of July break. There are only two weeks of the season remaining after we get back from the July 4th holiday and I am looking forward to getting back to work. We will not have practice on July 3rd and 4th due to the holiday.

Please make sure to sign in or out for champs this coming week. I will need to submit the meet entries by Monday afternoon July 10th so I will not be able to add anyone after that deadline. If you have any questions about your eligibility for league championships please don't hesitate to ask.

Quotes of the Week

Easten Frazier (5) - "Why is there smoke in my goggles?"

Birthdays of Note

The Dry Diggins Dolphins would like to wish a very happy birthday to the following swimmers and coaches this week:

Mikayla Chandler

David Lewin

Ginetta Cappelli

Aiden Bennett

Board Bulletin

Please make sure to check your swimmer files daily. This is the place where we can communicate information along with ribbons from the meets and notes or other things from your swim buddy.

Dolphin Dance and Celebration!

We are going to celebrate our incredible season in the Organ Room at El Dorado County Fairgrounds. From 6:00-6:45, we will have an ice cream social.

Last names A-B bring a case of water bottles,

Last names C-M bring a gallon of ice cream, Last names N-Z bring a topping or two. If you are serving ice cream, please bring an ice cream scooper. We will also have an exciting auction taking place, in addition to a hula hoop and dance party. Come celebrate with us!

Lessons

The Dry Diggins Dolphins are offering private lessons for anyone that wants a bit of extra individual work. These lessons can be used for young children just learning how to swim or swim team members looking for an extra leg up. If interested please email ddswimlessons@gmail.com.

\$100 for four 30 min private lessons

trained and experienced coaches,
a truly great deal with local experts

Lesson time slots are from 2:00pm - 4:00pm

A : May 30-June 2 (T-F due to Memorial Day)

B : June 5-8

C : June 12-15

D : June 19-22

E : June 26-29

F : July 3-6

G : July 10-13

H : July 17-20

I : July 24-28



Email ddswimlessons@gmail.com
with dates interested and
child's name and skill level