

Dry Diggins Digest

Issue 9
June 29, 2014

Meet Recap

I would like to thank everyone for being patient with all the issues at the meet yesterday. The pump is broken at Union Mine, and although the YMCA has ordered the part to fix it, it will not come in until Monday at the latest. Because of this practice will be held at El Dorado High School on Monday and Tuesday.

Coach's Corner

By Alan Rosenfeld

Most of you that attended the meet yesterday noticed that I was in an ankle brace and crutches. I tore about 12 ligaments in my right ankle and will be in the brace for the next six weeks or so. I will probably be on crutches for the rest of the season. This will not affect my attendance on deck or my enthusiasm for the great season that we have had so far. Remember that there is no practice on Friday because of 4th of July and I hope that everyone has a great relaxing weekend.

Birthdays of Note

The Dry Diggins Dolphins would like to wish a very happy birthday to the following swimmers and coaches this week:

Colin Carnahan
Alex de Gaust
Hollyn Krieger
Linden Krieger
David Lewin

Board Bulletin

File folders will now be on the deck at Union Mine. Please check your family file for important information, team cap orders if you haven't picked them up yet, or ribbons after meets. This is also a great

place to leave messages for your Dolphin Buddy. However, please remember no food in the swimmer files.

A Nintendo DS was found at Union Mine after practice a few weeks ago. If this is yours please see a coach and describe it to get it back.

The Dolphin Board is working on a solution to the cancellation on Saturday. They are weighing multiple options and will keep everyone informed when they make the decision. Although this situation is unfortunate, they are working diligently to find a solution and will keep you updated on their progress.

The annual Dry Diggins Dolphins Boat Regatta is coming up. The rules are posted below. The Fourth of July weekend is a great time to start working on the cardboard boat that will make you the champion.

Quotes of the Week

Swimmer to coach Sean: "How old are you?"
Coach Sean "18 and I am going to college."
Swimmer "So you're going to be a dad?"

Swimmer at the end of practice: "Another Set??? This is the end!!!"

Swimmer at Swim-A-Thon: "Why can't every swim practice be like this?"

Practice Schedule Monday and Tuesday

6 and under	3:15-3:45
7-8	3:45-4:30
Jr Dolphins	4:30-5:00
9-10	5:00-6:00
11-12	6:00-7:00
13 and up	7:00-8:00

There will be no dry land on Tuesday and all practices will be held at El Dorado High School

Swimmers of the Week

6-5-14

6 an Under
Mason Schneider
Lauren Dorrough

7-8
Landis Mount
Alora Koutnik

9-10
Sammy McVeigh
Nieva Parsons

11-12
Logan Bunce
Mel Lyons

13-14
Phillip Taylor
Bean Salerno

15-18
Jarrod Tart
Emily Moore

2014 Dry Diggins Dolphins Boat Regatta Rules and Regulations

- 1. BOATS MUST BE MADE OF CARDBOARD ONLY!** There are only two participants allowed per boat. This can be a team of one parent and one child, two siblings, or any combination of two from our dolphin team family, you choose. The boat may be sealed with tape, caulk, or glue.
2. Wax coated cardboard and concrete column tubing is not allowed.
3. Boats may not contain any floating device. (No rubber rafts, inner tubes, balloons, etc.)
4. If the boat has a cockpit, it must be big enough to escape from if the boat capsizes.
5. The boats dimensions must be no larger than 8ft. x 4ft. x 4ft.
6. The boat must have sides (no rafts) and both contestants have to fit inside.
7. No latex paints allowed as they will leak into the pool.
8. Boat paddles may be provided.
9. No one may interfere with the progress of any contestant.