

Coaches Corner

By Alan Rosenfeld

Happy Mother's Day to everyone this Sunday. Thank you everyone for being flexible with the pool changes the first week of the season. The heater has been fixed at El Dorado and we will have practice as normally schedule this coming week. As a reminder we will send out email and text messages about practice changes and only about half the families have verified their SMS numbers. If you haven't gotten a text about the pool this year then you need to go into your account and verify your SMS so you can get put into the system.

I am always so excited about the start of the new season and getting to see everyone again along with getting to know all the new swimmers and families that are now joining the Dolphin family. I have been very impressed with how well everyone has done so far in practice. This coming week we will be working on backstroke and introducing breaststroke for the 7 and up swimmers.

Birthdays of Note

The Dry Diggins Dolphins would like to wish a very happy birthday to the following swimmers this week:

Max Stupek

Ella Triplett

Sophia Scarabosio

Ethan Bishop

Quotes of the Week

One 11-12 to another "Nice abs dude!"

Practice Schedule

This Week the practice schedule flips so

A-L will be Tuesday, Thursday

M-Z will be Monday, Wednesday, Friday

Please only attend on the days you are assigned to come.

Board Bulletin

Please keep an eye out for team emails over the course of the season. This is one of the best ways we have to contact you and will be sending out important information you can have everything you need to know about job signups, meet signups, or other team events.

Our Chipotle fundraiser will be this Tuesday the 10th. You should have already gotten an email detailing how to participate.

Meet sign ups are open on the website. If you log in you should see a list of all the meets where you can attend or decline your attendance. Please let me know if you are planning on going or not so I can seed the meets. The meets will close on Friday the week before the meet but you can sign up for the whole season if you already know your schedule. You can always make changes if your plans end up changing.