

Dry Diggins Digest

Issue 10
July 11, 2021

Meet Recap

Thank you all for a great meet over the weekend. Despite the high temperatures everyone swam exceptionally well, and the meet went efficiently ending before 11:30. Congratulations on another victory over the Cordova Blue Marlins. We won the meet 1,529 to 1,296. We had well over 50 percent best times achieved and over 120 swimmers got at least one best time. Our DQ's also dropped by a significant margin so congratulations on a great well rounded team victory. The results are on the website by following [this link](#) or by going to the meet results tab.

Coach's Corner

By Alan Rosenfeld

As the end of season rapidly approaches, I always like to reflect on where we started at the beginning of the year and see everyone's improvement. I am so proud of how everyone handled the modifications to the season and how well everyone did overall. Dolphins is always a special time for me and getting the opportunity to coach this season is something I do not take for granted.

This last week we will be working on details for our last meet of the season as well as celebrating the family aspect and dolphin spirit that makes our team so unique and successful. We will have relays to end practices and have various spirit activities throughout the week.

Thank you again for this season. I have had a great time working with all of you and I am looking forward to seeing you all for a great last week of the season.

Board Bulletin

Last chance to order online team wear is today 7/11. If you miss that deadline the team wear tent will be up at Champs for final team wear purchases of the season.

The Coaches vs Parent relay will be at the conclusion of the Champs meet on 7/17. The coaches have never lost this relay but there is always a first time.

The Awards ceremony will be on Monday 7/19 at 6PM at the El Dorado High School Multipurpose room. There we will hand out participation medals, individual awards, and celebrate the conclusion of the Dolphin season.

If anyone lost a wad of money in the parking lot at the meet yesterday, please let me know so it can be returned to you.

Spirit Week Activities

Monday-Team building activities after practice
Tuesday- Silly Sock Day (wear your silliest socks to practice and even swim in them if you wish)
Wednesday- Age Group Posters after practice
Thursday-Twin Day (dress up with another swimmer and twin at practice)
Friday-Blue out with nail painting after practice

Birthdays of Note

The Dry Diggins Dolphins would like to wish a very happy birthday to the following swimmers and coaches this week:

Daisy Billingsley

Brooke Phillips