

Coaches Corner

By Alan Rosenfeld

Week 2 is in the books, and I have been very impressed with everyone's progress so far this season. We go back to full practices this week and I am excited to have the full team practicing together. The practice schedule does change so please take that into account when you are planning your evenings.

Week 3 is an important week with the introduction to butterfly for 7–10-year-old swimmers and finishing up breaststroke introduction before we start our standard stroke rotations for the rest of the year. The first meet is coming up rapidly on June 4th so please sign up online if you haven't done that already.

Birthdays of Note

The Dry Diggins Dolphins would like to wish a very happy birthday to the following swimmers this week:

Sophia Rushing

Jia Dickson

Ellisyn Eyrisch

Dylan Thomas

Fun Science Update

There is a lunar eclipse tonight from 8:29PM to 9:53 pm. This will turn the moon a shade of red and with the sky clear tonight it is an excellent chance to see it without having to stay up too late.

Practice Schedule

May 15th- May 27th @ El Dorado High School (All swimmers every day)

4:00-4:30 **6 and under**

4:30-5:15 **7-8**

5:15-6:15 **9-10**

6:15-7:15 **11-12**

7:15=8:15 **13 and up**

Board Bulletin

Our Chipotle fundraiser was an amazing success raising 635 dollars for our team. Thank you all for participating in this tasty event.

Monday May 16th at 6:15pm is the opportunity to get trained for stroke and turn for the season. It is a great job which allows you to watch every swim as well as getting prime tent position on the deck. If you are considering volunteering to be a stroke and turn judge this season this is a great opportunity to get your questions answered.

Quotes of the Week

7-8-year old after doing pull ups on the block. "I am doing sit ups!"