

Dry Diggins Digest

Issue 4
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Coaches Corner

By Alan Rosenfeld

The first meet of the season is coming up this weekend as well as the transition into morning practices at Union Mine. I hope everyone is having a nice Memorial Day weekend and practice will start up on Tuesday June 1st at Union Mine following the new summer schedule.

Please remember to sign up for meets if you are planning to attend. The deadline for the first week is Wednesday June 2nd so please go to the website and sign up if you are planning to attend. As of right now we only have 88 swimmers sign up for the meet and 93 undeclared. If you have any issues signing up for the meet please let me know and I can help you. Signing up is pretty simple, either follow the link in the email you got earlier in the week or go to the website, log on and click edit commitment down by the first meet in the events box at the bottom of the page.

Birthdays of Note

The Dry Diggins Dolphins would like to wish a very happy birthday to the following swimmers this week:

Emmerson Weidert
Drew Bennett
Chris Bishop
Bailey Bowers

Practice Schedule

Practice will begin at Union Mine on Tuesday June 1st. All swimmers will have practice every day.

13 and up	(8:30) 8:45-10:00
11-12	(9:45) 10:00-11:00
9-10	(10:45) 11:00-11:45
7-8	(11:30) 11:45-12:15
6 and under	12:15-12:45

For 7 and up swimmers they will have a dryland conditioning period for 15 minutes before practice officially begins. That time is marked by the parentheses.

Board Bulletin

Thank you for helping our team earn 635 dollars from the Chipotle fundraiser. You are all awesome and that is a really impressive number. Don't forget to order teamwear for our first meet of the season this weekend.

You should have gotten an email about the Tie-Dye hoodie raffle. As a reminder send in your entries either via posting a photo of your swimmer in their hoodie to our Facebook page or email a photo to Willow Lyons at willow.lyons@gmail.com

Meet Procedure

As our first meet of the season is rapidly approaching, I wanted to let everyone know how the meets are going to work this year. With virtual meets a few things are going to change. The first and most obvious will be that all the events are going to run mixed gender. This means that all swimmers in the age group will swim together seeded based on time. Relays will still be separate genders, but the boys will be racing the girls. This means that the meet will go a bit quicker than normal and swimmers should pay close attention so they don't miss their races.

The second change this year is that the meet will be broken up into two separate sessions. The first session will be all the 10 and under swimmers who will swim from 7:30-10:30. This is a tentative time, and I will send out an updated timeline when the meet is seeded. The 11 and up session will begin immediately after the 10 and under session so tentatively 10:30-1:30. Check in for 10 and under swimmers will be at 7:00AM like usual with the meet starting at 8AM. Check in for the 11 and up swimmers will be at 10:00AM with the meet starting around 11AM. If I determine that the timelines will be radically different, I will let everyone know but I expect this to be accurate.

The meets will be scored by taking the results from our meet and combining them with the results from our opponent. Once that is done, I will upload the results to the website and as usual send an update about the results in the digest that Sunday.