

Dry Diggins Digest

Issue 5
June 2, 2019

Meet Recap

Congratulations on a great time trials meet. I was so impressed with how everyone was willing to swim every event to the best of their ability and how everything ran relatively smoothly. I would like to thank all the parent volunteers that helped us put on the meet. We cannot run anything without you. The results are posted on the website under the swim meet results tab on our web site. If you see anything off about any of the results please let me know so I can try and correct them. We do not have ribbons for time trials but starting next week when our dual meets start we will start to have ribbons in the folders on Mondays.

Coaches Corner

By Alan Rosenfeld

Our first meet of the season is our first home meet of the season against Cordova Blue Marlins. This is one of our most competitive meets and I am looking forward to seeing everyone swim their best. We will have relays on Saturday so please be attentive and make sure your swimmers are behind the blocks in plenty of time so that the relay teams can be put together.

Meet signups for the Cordova meet have closed. If you are still planning on attending the meet this weekend please let me know via email or in person by Monday evening. As a reminder, sign ups close the Friday night a week before the meet.

Practice Schedule

The Practice Schedule is now changing to our summer schedule. This means that we will now have Morning practice at Union Mine. Afternoon practice does not change times with the exception of Junior Dolphins starting on Monday from 3:30-4:00.

Mornings @ Union Mine Monday-Friday

13 and up	8:00-9:15
11-12	9:00-10:15
9-10	10:15-11:15
7-8	11:15-12:00
6 and under	11:30-12:00

Drop in clinic will be on Tuesday and Thursday from 12:00-12:30 @ Union Mine

Afternoons @ El Dorado Monday-Thursday

Junior Dolphins	3:30-4:00
6 and under	4:00-4:30
7-8	4:00-4:45
9-10	4:45-5:45
11-12	5:45-6:45
13 and up	6:45-7:45

Lessons

The Dry Diggins Dolphins are offering private lessons for anyone that wants a bit of extra individual work. These lessons can be used for young children just learning how to swim or swim team members looking for an extra leg up. If interested please email dddswimlessons@gmail.com.

Birthdays of Note

The Dry Diggins Dolphins would like to wish a very happy birthday to the following swimmers and coaches this week:

Nolan Maciel
Emmerson Weidert
Drew Bennett
Patrick Farrell
Bailey Bowers
Chris Bishop
Blake Johnson
Coen Pfeiffer

Board Bulletin

Team Unify send out automatic reminders for signups for meets. When you get them, it is a good reminder to double check that your swimmer is signed up for the meet and you have signed up for a volunteer shift.

As a reminder the Swim-A-Thon and boat regatta are rapidly approaching. There is will be more information about these events in the coming weeks but do put the evening of June 19th on your calendar so you don't miss the fun filled evening.

Please remember to check your swimmer files daily. The files will contain messages from the team as well as ribbons, messages from your buddy, DQ slips, or other information.

Swim buddies have been assigned. Please check the buddy binder located on deck by the swimmer files.

