

Meet Recap

Congratulations on winning the first meet of the season against Rio Linda 1,606 to 1,016. I was very impressed with how well everyone adapted to the new meet format and I want to thank everyone for helping the meet go off without a hitch. Meet results are located on the website under the swim meets drop down tab once you are logged into the site. I have set up the meet sign in for the meet this coming weekend so please register your swimmers for the meet by Thursday 6/17.

Coaches Corner

By Alan Rosenfeld

I am impressed every year with how amazing the dolphins are at racing at meets. It is always a lot of fun for me to watch everyone succeed and see the smiles on kids faces when they get a best time. As you probably noticed these virtual meets will go very quickly so it is important that both parents and swimmers are paying attention to the meet progress, so races aren't skipped. We will be talking about DQ's this week so if you got a DQ please come and talk to a coach about what happened so you can learn from the mistake and fix it for next week. A DQ is a learning experience and are useful tools in the steps to get better each and every week. On the results page you can see what the DQ was for and coaches can help explain what the DQ means if you don't know.

Birthdays of Note

The Dry Diggins Dolphins would like to wish a very happy birthday to the following swimmers and coaches this week:

Coen Pfiffer

Gavin Gabbard

Merrwynn Padovan

Lilly Hallock

Jacob White

Swim-A-Thon

The Swim-A-Thon will be held on June 23rd during practice this year. Each age group will have an opportunity to swim laps to help fundraise for the team this year. We will have prizes for the most laps swum and other fun things on that day. Stay tuned for more information.

Practice Schedule Update

We will not have practice on Tuesday June 8th due to the Union Mine pool being shut down to rebalance chemicals. We will have normal practice on Monday and resume on Wednesday morning as normally scheduled.

Quotes of the Week

"Is that a sea slug?"-6-year-old

"Don't look at other people. Just focus on yourself!"- 6-year-old to his brother before 25 fly

Board Bulletin

Ribbons from the meet will be available for pick up in the Warden tent at the next meet on June 12th

Team pictures will be on June 25th during practice. More information will be coming soon.

Congratulations to Derek Bennet for winning the Tie-Dye Raffle this year.

Team wear can be ordered by going to this link <http://gold-rush-aquatics-inc.square.site> or by following the link on the website by clicking on the team wear tab located in the dropdown menu under 2021 season.

Also a massive thank you to all the volunteers who helped the meet run smoothly. Amy Pooley our volunteer coordinator has done a great job and if you ever have any questions please email her at volunteercoordinator@drydigginsdolphins.com

