

## Swim-A-Thon Recap

Thank you all for a successful swim-a-thon on Thursday. Thank you to all the parents for volunteering to count laps, help with set up, the prize table and the barbeque afterward. The swimmers with the most laps per age group are listed below and those swimmers will get to be coach for a day in their age group sometime over the next two weeks.

## Birthdays of Note

The Dry Diggins Dolphins would like to wish a very happy birthday to the following swimmers and coaches this week:

London Romney

Paisley Scott

Jayna Round

## Coaches Corner

By Alan Rosenfeld

I hope everyone is having a nice 4<sup>th</sup> of July weekend and is ready for the last sprint to the finish for the dolphin season. I am always blown away by how fast the summer goes and when we get back in the water on Tuesday we only have 3 weeks left of the entire season.

## Remaining Schedule

Here is the schedule for the rest of the season

Friday July 1<sup>st</sup>-Monday July 4<sup>th</sup>-No Practice for 4<sup>th</sup> of July Break

July 9<sup>th</sup>-Swim Meet @ Woodland

July 16<sup>th</sup>-Last Home meet of the season vs Orangevale

July 16<sup>th</sup>-Junior Dolphin Race during Orangevale Meet

July 16<sup>th</sup>- Senior Recognition during Orangevale Meet

July 16<sup>th</sup>-Parents vs Coaches Relay during Orangevale Meet

July 18-22<sup>nd</sup> Spirit Week before Champs

July 21<sup>st</sup>-Champs Rally (Afternoon at Union Mine)

July 23<sup>rd</sup> Champs @ Woodland

July 24<sup>th</sup>= End of Year Awards Ceremony

## Board Bulletin

Please remember to have your parent lap lane wavers filled out and turned in if you want to swim in the parent lap lanes during practice. That is also the same wavier that must be filled out if you would like to participate in the parent vs coaches relay at the conclusion of our meet against Orangevale.

Swim-A-Thon rewards will be given out at the last home meet of the season on July 16<sup>th</sup>. If you know that you will not be attending that met please let me know and I will pass along the information so you will get your rewards.

## **Swim-A-Thon Lap Winners**

6 and Under-

Paisley Scott-44 Laps

Clayton Stigall-51 Laps

7-8

Daisy Billingsly-111 Laps

Reily Jorgensen-70 Laps

9-10

Josilyn Cobb-218 Laps

Wyatt Little-236 Laps

11-12

Meredith Little-220 Laps

Caleb Hodnett-260 Laps

13-14

Hannah Musgrove-266 Laps

Ethan Bishop-150 Laps

15-18

Jordan Burke-278 Laps

Chris Bishop-250 Laps

