This year's participating teams will be:

* Orinda Country Club
* Roundhill Country Club
* Scottsdale Swim Club
* Blackhawk
* Rancho Colorados
* Springbrook

Location: Springbrook Swim Club

3200 Stanley Blvd.

Lafayette, CA 94549

Date and Time: Sunday, July 14, 2019

**Please do not arrive for set up prior to 7:15 am – as the gate will not be opened until that time.** Warm-ups begin @ 7:45 am and lanes and times are designated below.

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| **Warm-Up Schedule** | | | |
|  | **7:45-8:05 am** | **8:05-8:25 am** | **8:25-8:45 am** |
| **Lanes 1-4** | Rancho Colorados | Round Hill | Blackhawk |
| **Lanes 5-8** | Springbrook | Scottsdale | Orinda Country Club |

***8:30 am - Mandatory Shift #1 Clerk of the Course Meeting @ the Clerk***

***8:45 am - Mandatory Coaches Meeting at the desk***

***8:45 am - Mandatory Stroke and Turn Meeting under the slide***

***10:45 am - Mandatory Shift #2 Clerk of the Course Meeting @ the Clerk***

\*Meet Begins @ 9:00 am

Team Areas: Team areas will be marked and include:

* Grassy area behind the volleyball court
* Tiered turf areas to the right of the pool
* Grassy area near the BBQs.
* **Please share map included with your Coaches and Participants.**

Shade structures and tents are recommended and not provided.

