

# Aquatics

at Round Hill Country Club

## American Red Cross **BLENDED LIFEGUARD COURSES**

Students will complete online courses at home before the in class pool sessions  
Open to Members and Non-Members

### Re-Certification Classes

*Classes will cover lifeguarding, rescue breathing, choking & CPR for adults, children and infants, AED and first aid.*

- Class #1 - Sunday, February 9 (10-2pm)
- Class #2 - Sunday, February 23 (10-2pm)
- Class #3 - Sunday, March 15 (1-5pm)
- Class #4 - Friday, April 4 (1-5pm)
- Class #5 - Sunday, May 3 (1-5pm)

**Cost per Class: \$150**

### Full Certification Classes

*Classes will cover lifeguarding, rescue breathing, choking & CPR for adults, children and infants, AED and first aid.*

Session #1 - March 1, 8, 15

Session #2 - April 4-6

Session #3 - April 19, 26, May 3

Session #4 - May 3, 10, 17

**10:00 a.m. – 2:00 p.m.**

(except class #4. Check Swim website for those times)

**Cost: \$265**

To enroll in the lifeguard training course, you must be at least 15 years of age before the last scheduled class session.

To register visit [www.rhswim.com](http://www.rhswim.com)