

Volunteers are the only way we can run home meets. No volunteers = no meets!

If you're looking to volunteer at a meet, here are some of the basic positions and information that may help you decide which positions are best for you (or another adult in your family, if you are more of a voluntell instead of a volunteer).

- Pre- or Post-Meet Positions: Good for parents like me who work and can't always be at swim meets when they start, or might not be able to make evenings but mornings or afternoons work well. These include:
  - Ribbon Alphabetizing, which is done the next morning.
  - [Non-COVID year: Slice & Dice, where you cut up veggies and other stuff for our concessions. Usually needs to be done the night before the meet, and delivered to the pool well before the meet begins.]
  - Set-up, which is done between 4-6 PM on meet days and includes helping carry in foodstuffs and set up concessions, moving lawn chairs, etc.
  - Clean Up, which is just like it sounds. If you're a night owl, help put the pool grounds back to their original glory and ready for the next morning
  - Baking God/Goddess, while not on the official sign-up, still important. Bake something before the meet to sell at concessions! Handheld items like cookies, cupcakes, and Rice Krispy Treats, are preferred.
  
- 1st Half of Meet Positions
  - Timer, a front-row seat to the action. Stand by the blocks at one lane and start a stopwatch with every event. Get to know the other timers with you. Stop the stopwatch when the swimmer returns. Write down the swimmer's time. Repeat!
  - Back-up Timer, where you hold two stopwatches and start them with every heat of every event. Then you watch and see if one of the timers needs to swap a stopwatch with you!
  - Runner, for those of you who don't like to stand still. Collecting DQ (disqualification) sheets from judges and the timers' sheets, and bringing them to the Computer.
  - Ribbons, which is like it sounds - put stickers onto ribbons. A little less in-the-action/around-all-the-people for you introverts.
  - Concessions, where extroverts blossom. Take money and orders, help make Lakeridge Noodles, and meet pretty much everyone on the grounds as they shuffle through for sustenance.
  - Timing Console Operator, if you're not afraid of electronics and you want a great view of the starting blocks. Takes a little training, but you get food and drink for your troubles!

- 2nd Half of Meet Positions:
  - Same as above!
  
- Full Meet Position: Stroke & Turn Official, which takes some training and are for those of you who love rules. Watch the swimmers to make sure their strokes and turns are correct, and not be afraid to sign a DQ slip if they're not.
  - You get breaks, food and drink for having one of the hardest jobs but also one of the most valuable.