



**2020 / 2021 TIME STANDARDS**  
**JUNIOR & DEVELOPMENT SWIMMERS**

<b>GIRLS</b>		<b>JUNIOR STANDARDS</b>			<b>DEVELOPMENT STANDARDS</b>		
<b>9-10</b>							
<b>EVENT</b>	<b>LCM</b>	<b>SCM</b>	<b>SCY</b>	<b>LCM</b>	<b>SCM</b>	<b>SCY</b>	
50 Free	N/A	N/A	N/A	37.29	36.19	32.89	
100 Free	N/A	N/A	N/A	1:23.19	1:20.89	1:13.39	
200 Free	N/A	N/A	N/A	3:02.39	2:56.79	2:40.39	
400 Free	N/A	N/A	N/A	6:13.89	6:05.39	6:56.39	
800/1000	N/A	N/A	N/A	N/A	N/A	N/A	
50 Back	N/A	N/A	N/A	44.49	42.99	38.99	
100 Back	N/A	N/A	N/A	1:36.79	1:32.39	1:23.79	
200 Back	N/A	N/A	N/A	N/A	N/A	N/A	
50 Brst	N/A	N/A	N/A	50.09	47.49	42.99	
100 Brst	N/A	N/A	N/A	1:48.49	1:44.09	1:34.39	
200 Brst	N/A	N/A	N/A	N/A	N/A	N/A	
50 Fly	N/A	N/A	N/A	42.49	41.49	37.69	
100 Fly	N/A	N/A	N/A	1:38.79	1:36.19	1:27.29	
200 Fly	N/A	N/A	N/A	N/A	N/A	N/A	
200 IM	N/A	N/A	N/A	3:21.59	3:16.39	2:58.19	
400 IM	N/A	N/A	N/A	N/A	N/A	N/A	

<b>GIRLS</b>		<b>JUNIOR STANDARDS</b>			<b>DEVELOPMENT STANDARDS</b>		
<b>11-12</b>							
<b>EVENT</b>	<b>LCM</b>	<b>SCM</b>	<b>SCY</b>	<b>LCM</b>	<b>SCM</b>	<b>SCY</b>	
50 Free	31.30	30.23	27.23	34.11	33.31	30.00	
100 Free	1:08.01	1:05.32	59.82	1:10.88	1:09.28	1:02.41	
200 Free	2:29.11	2:25.91	2:11.45	2:35.40	2:32.20	2:17.11	
400 Free	5:14.24	5:07.84	5:52.08	5:27.50	5:21.10	6:06.94	
800/1000	N/A	N/A	N/A	N/A	N/A	N/A	
50 Back	35.51	34.90	31.45	38.70	38.10	34.32	
100 Back	1:19.75	1:18.54	1:10.76	1:26.93	1:25.73	1:17.23	
200 Back	2:52.93	2:50.53	2:33.63	3:08.49	3:06.09	2:47.64	
50 Brst	40.45	39.45	35.54	44.09	43.09	38.81	
100 Brst	1:29.91	1:27.90	1:19.19	1:38.00	1:36.00	1:26.48	
200 Brst	3:13.35	3:09.34	2:50.58	3:30.75	3:26.75	3:06.26	
50 Fly	33.32	32.61	29.38	36.32	35.61	32.09	
100 Fly	1:15.45	1:14.04	1:06.71	1:22.24	1:20.83	1:12.82	
200 Fly	2:54.42	2:51.61	2:34.31	3:10.12	3:07.31	2:48.75	
200 IM	2:49.43	2:46.23	2:29.75	3:04.68	3:01.48	2:43.49	
400 IM	6:06.62	6:00.22	5:24.52	6:39.62	6:33.22	5:54.25	



**2020 / 2021 TIME STANDARDS**  
**JUNIOR & DEVELOPMENT SWIMMERS**

<b>GIRLS 13-14</b>	<b>JUNIOR STANDARDS</b>			<b>DEVELOPMENT STANDARDS</b>		
<b>EVENT</b>	<b>LCM</b>	<b>SCM</b>	<b>SCY</b>	<b>LCM</b>	<b>SCM</b>	<b>SCY</b>
50 Free	28.82	28.01	25.24	31.41	30.60	27.57
100 Free	1:03.29	1:01.68	55.57	1:08.99	1:07.39	1:00.71
200 Free	2:19.26	2:16.06	2:02.57	2:31.80	2:28.60	2:13.87
400 Free	4:54.39	4:47.99	5:29.84	5:20.89	5:14.49	5:59.54
800/1000	10:02.36	9:49.56	11:14.91	10:56.57	10:43.77	12:15.65
50 Back	32.75	32.14	28.96	N/A	N/A	N/A
100 Back	1:12.75	1:11.54	1:04.45	1:19.30	1:18.09	1:10.36
200 Back	2:37.18	2:34.78	2:19.44	2:51.33	2:48.93	2:32.18
50 Brst	36.94	35.93	32.36	N/A	N/A	N/A
100 Brst	1:23.73	1:21.73	1:13.63	1:28.32	1:26.31	1:17.76
200 Brst	3:03.08	2:59.08	2:41.33	3:13.65	3:09.65	2:50.85
50 Fly	30.58	29.87	26.91	N/A	N/A	N/A
100 Fly	1:08.74	1:07.33	1:00.66	1:14.93	1:13.53	1:06.24
200 Fly	2:37.02	2:34.21	2:18.93	2:51.15	2:48.34	2:31.66
200 IM	2:40.93	2:37.73	2:22.09	2:55.41	2:52.21	2:35.14
400 IM	5:39.07	5:32.67	4:59.70	6:09.59	6:03.18	5:27.19

<b>GIRLS 15-17</b>	<b>JUNIOR STANDARDS</b>			<b>DEVELOPMENT STANDARDS</b>		
<b>EVENT</b>	<b>LCM</b>	<b>SCM</b>	<b>SCY</b>	<b>LCM</b>	<b>SCM</b>	<b>SCY</b>
50 Free	27.88	27.07	24.39	30.39	29.58	26.65
100 Free	1:02.59	1:00.99	54.94	1:08.69	1:07.09	1:00.44
200 Free	2:15.71	2:12.51	1:59.37	2:27.93	2:24.73	2:10.38
400 Free	4:46.61	4:40.21	5:21.13	5:12.40	5:06.00	5:50.02
800/1000	9:47.06	9:34.25	10:57.77	10:39.89	10:27.09	11:56.96
50 Back	32.15	31.54	28.42	N/A	N/A	N/A
100 Back	1:11.42	1:10.21	1:03.26	1:17.85	1:16.64	1:09.05
200 Back	2:34.34	2:31.93	2:16.88	2:48.23	2:45.82	2:29.39
50 Brst	35.93	34.92	31.46	N/A	N/A	N/A
100 Brst	1:20.37	1:18.37	1:10.60	1:28.60	1:26.59	1:18.01
200 Brst	2:54.43	2:50.43	2:33.54	3:10.13	3:06.12	2:47.68
50 Fly	29.96	29.26	26.36	N/A	N/A	N/A
100 Fly	1:09.33	1:07.92	1:01.19	1:15.57	1:14.16	1:06.81
200 Fly	2:32.77	2:29.96	2:15.10	2:46.52	2:43.71	2:27.49
200 IM	2:33.63	2:30.43	2:15.52	2:47.46	2:44.26	2:27.98
400 IM	5:29.77	5:23.37	4:51.32	5:59.45	5:53.05	5:18.06



**2020 / 2021 TIME STANDARDS**  
**JUNIOR & DEVELOPMENT SWIMMERS**

<b>BOYS 9-10</b>	<b>JUNIOR STANDARDS</b>			<b>DEVELOPMENT STANDARDS</b>		
<b>EVENT</b>	<b>LCM</b>	<b>SCM</b>	<b>SCY</b>	<b>LCM</b>	<b>SCM</b>	<b>SCY</b>
50 Free	N/A	N/A	N/A	36.69	35.69	32.39
100 Free	N/A	N/A	N/A	1:22.39	1:19.59	1:12.19
200 Free	N/A	N/A	N/A	2:55.89	2:51.19	2:35.29
400 Free	N/A	N/A	N/A	6:07.59	6:00.09	6:50.29
1500/1650	N/A	N/A	N/A	N/A	N/A	N/A
50 Back	N/A	N/A	N/A	44.29	42.79	38.79
100 Back	N/A	N/A	N/A	1:33.69	1:30.59	1:22.09
200 Back	N/A	N/A	N/A	N/A	N/A	N/A
50 Brst	N/A	N/A	N/A	49.19	47.29	42.89
100 Brst	N/A	N/A	N/A	1:46.69	1:41.69	1:32.19
200 Brst	N/A	N/A	N/A	N/A	N/A	N/A
50 Fly	N/A	N/A	N/A	41.89	40.99	37.19
100 Fly	N/A	N/A	N/A	1:38.09	1:35.69	1:26.79
200 Fly	N/A	N/A	N/A	N/A	N/A	N/A
200 IM	N/A	N/A	N/A	3:20.89	3:17.68	2:58.09
400 IM	N/A	N/A	N/A	N/A	N/A	N/A

<b>BOYS 11-12</b>	<b>JUNIOR STANDARDS</b>			<b>DEVELOPMENT STANDARDS</b>		
<b>EVENT</b>	<b>LCM</b>	<b>SCM</b>	<b>SCY</b>	<b>LCM</b>	<b>SCM</b>	<b>SCY</b>
50 Free	29.49	28.27	25.84	32.14	31.33	28.23
100 Free	1:05.08	1:03.47	57.18	1:10.93	1:09.33	1:02.45
200 Free	2:23.36	2:20.16	2:06.27	2:36.26	2:33.06	2:17.89
400 Free	5:04.72	4:58.32	5:41.42	5:32.14	5:25.74	6:12.14
1500/1650	N/A	N/A	N/A	N/A	N/A	N/A
50 Back	34.22	33.61	30.28	37.30	36.60	33.06
100 Back	1:16.95	1:15.75	1:08.24	1:23.87	1:22.67	1:14.47
200 Back	2:47.76	2:45.35	2:28.97	3:02.86	3:00.46	2:42.57
50 Brst	38.23	37.22	33.54	41.67	40.67	36.63
100 Brst	1:22.74	1:20.73	1:12.73	1:30.19	1:28.18	1:19.45
200 Brst	2:56.21	2:52.21	2:35.14	3:12.07	3:08.06	2:49.43
50 Fly	31.71	31.01	27.93	34.56	33.85	30.50
100 Fly	1:11.61	1:10.20	1:03.25	1:18.05	1:16.64	1:09.05
200 Fly	2:40.97	2:38.16	2:22.49	2:55.46	2:52.65	2:35.54
200 IM	2:45.10	2:41.90	2:25.77	2:59.96	2:56.76	2:39.24
400 IM	5:52.20	5:45.80	5:11.53	6:23.90	6:17.50	5:40.09



**2020 / 2021 TIME STANDARDS  
JUNIOR & DEVELOPMENT SWIMMERS**

<b>BOYS 13-14</b>		<b>JUNIOR STANDARDS</b>			<b>DEVELOPMENT STANDARDS</b>		
<b>EVENT</b>	<b>LCM</b>	<b>SCM</b>	<b>SCY</b>	<b>LCM</b>	<b>SCM</b>	<b>SCY</b>	
50 Free	26.67	25.87	23.30	29.07	28.26	25.46	
100 Free	59.03	57.42	51.73	1:04.34	1:02.74	56.52	
200 Free	2:10.29	2:07.08	1:54.49	2:22.01	2:18.81	2:05.05	
400 Free	4:39.16	4:32.76	5:12.78	5:04.28	4:57.87	5:40.92	
1500/1650	18:25.54	18:01.53	18:03.86	20:05.04	19:41.03	19:41.41	
50 Back	31.03	30.42	27.41	N/A	N/A	N/A	
100 Back	1:08.61	1:07.40	1:00.72	1:14.78	1:13.57	1:06.28	
200 Back	2:28.82	2:26.41	2:11.90	2:42.21	2:39.81	2:23.97	
50 Brst	34.06	33.06	29.78	N/A	N/A	N/A	
100 Brst	1:15.83	1:13.82	1:06.51	1:22.65	1:20.65	1:12.65	
200 Brst	2:44.75	2:40.75	2:24.81	2:59.58	2:55.58	2:38.18	
50 Fly	28.66	27.96	25.18	N/A	N/A	N/A	
100 Fly	1:04.23	1:02.83	56.60	1:10.01	1:08.60	1:01.81	
200 Fly	2:27.12	2:24.31	2:10.01	2:40.36	2:37.56	2:21.94	
200 IM	2:29.39	2:26.18	2:11.70	2:42.83	2:39.63	2:23.81	
400 IM	5:20.09	5:13.68	4:42.60	5:48.90	5:42.50	5:08.55	

<b>BOYS 15-17</b>		<b>JUNIOR STANDARDS</b>			<b>DEVELOPMENT STANDARDS</b>		
<b>EVENT</b>	<b>LCM</b>	<b>SCM</b>	<b>SCY</b>	<b>LCM</b>	<b>SCM</b>	<b>SCY</b>	
50 Free	25.01	24.21	21.81	27.26	26.46	23.83	
100 Free	55.30	53.69	48.37	1:00.28	58.67	52.86	
200 Free	2:01.71	1:58.50	1:46.76	2:12.66	2:09.46	1:56.63	
400 Free	4:22.97	4:16.57	4:54.64	4:46.64	4:40.24	5:21.16	
1500/1650	17:42.81	17:18.80	17:21.97	19:18.46	18:54.46	18:55.74	
50 Back	28.77	28.16	25.37	N/A	N/A	N/A	
100 Back	1:03.66	1:02.45	0:56.27	1:09.39	1:08.18	1:01.43	
200 Back	2:19.31	2:16.90	2:03.34	2:31.85	2:29.44	2:14.63	
50 Brst	31.83	30.82	27.77	N/A	N/A	N/A	
100 Brst	1:10.56	1:08.56	1:01.76	1:16.91	1:14.90	1:07.48	
200 Brst	2:32.14	2:28.13	2:13.45	2:45.83	2:41.83	2:25.79	
50 Fly	26.78	26.08	23.49	N/A	N/A	N/A	
100 Fly	59.43	58.03	52.27	1:04.78	1:03.38	57.09	
200 Fly	2:17.78	2:14.97	2:01.60	2:30.18	2:27.37	2:12.77	
200 IM	2:17.41	2:14.21	2:00.90	2:29.78	2:26.58	2:12.05	
400 IM	4:54.41	4:48.01	4:19.46	5:20.91	5:14.51	4:43.34	