***PARENTS, SPECTATORS, AND VOLUNTEERS:***

*The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: integrity, respect, dependability, effort, fairness, and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character." Parents are expected to remember that this is a recreational program focused on swimmer development over the win/loss. Stay positive at all time and show support for all of the swimmers.*

**I, as a parent member of the Castlewood Dragons, do therefore agree:**

* Parents need to remember that children participate to have fun and the sport is for the kids, not the parents.
* Parents will teach their swimmers to play fair and to resolve conflicts without resorting to hostility or violence.
* Parents will teach and expect their swimmers to treat team mates, coaches, officials, volunteers and spectators with respect, regardless of background or ability.
* Parents (and guests) will be a positive role model for their swimmers and encourage good sportsmanship
* Parents are expected to cheer and encourage the swimmers during the meets.
* Parents should demonstrate good sportsmanship at all times. This includes showing respect to officials, coaches and swimmers of both teams and other meet workers.
* Parents are not to coach from the sidelines. Please leave the coaching to the coaches.
* Parents are not to handle any problems with disqualifications or other official meet decisions. You need to let the coaches know if there is a problem and let them handle it. (Under no circumstances should a parent approach the officials or other meet workers.)
* Parents are not to talk to the officials.
* The coaches (or the team manager, in cases of escalations) must handle all conflicts.
* Parents should arrange a time to speak to the coach to discuss any concerns, at a mutually agreeable time.
* Parents failing to comply with the above guidelines may result in suspension from meets and swim team events.
* Parents will demand a sports environment for their swimmers that is free from violence, drugs, tobacco, and alcohol, and I will refrain from their use at all team events.

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PARENT NAME & SIGNATURE DATE

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PARENT NAME & SIGNATURE DATE

***PLAYERS CODE OF CONDUCT:***

*The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: integrity, respect, dependability, effort, fairness, and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character." Players should work hard to be a good teammate by working hard to improve their skills, but developing the six core principles in their lives at home, at school, and in the pool, is even more important.*

Swimmers **shall…**

* Respect all coaches, swimmers, meet officials, volunteers, spectators, and opponents.
* Treat others kindly and fairly – be a good teammate
* Give 100% of your effort in practice and at meets, all of the time
* Display good sportsmanship and team play at all times.
* Follow the direction of the Coaches and volunteers.
* Be on time and ready to swim for all meets and practices.
* Follow safety rules and do not engage in behavior that may endanger others at the pool.
* Take care of team equipment
* Leave other swimmer’s equipment alone unless you have permission to use it
* Show respect for the sport of swimming, and your teammates by knowing and following the rules of the pool, by controlling your emotions when calls don’t go your way and by respecting the decisions of the coaches and meet officials.

Swimmers **shall not…**

* Use abusive or profane language.
* Taunt or embarrass any other swimmer.
* Use aggressive behavior toward another swimmer, coach, parent or volunteer (this includes: dunking, hitting, kicking, tackling, pushing, intentional tripping, and throwing things)
* Abuse, mistreat or mishandle any team/pool equipment or property (e.g.hanging on the lane lines, jumping on or throwing the pool chairs)

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SWIMMERS NAME AND SIGNATURE

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SWIMMERS NAME AND SIGNATURE (2ND CHILD)

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SWIMMERS NAME AND SIGNATURE (3RD CHILD)

***CONSEQUENCES FOR CASTLEWOOD DRAGON TEAM MEMBERS:***

All members of the team are subject to consequences which may lead to discipline or possible termination of membership, as determined necessary by the Castlewood Dragons Board of Directors due to failure to comply with the Code of Conduct. All members agree to abide by these rules as part of their registration in the program. It is the responsibility of all members to be familiar with the guidelines set forth in the Code of Conduct. I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

* Verbal or written warning by a meet official, coach, and/or President of the board of directors.
* Suspension from practice and/or meet with written documentation of incident.
* Removal from the team, with no refund (after week one)

Disciplinary Policy for Coaches:

The Board of Directors will review all reported incidents of behavior considered detrimental to the team. The Board will act on a simple majority vote with a Three Strikes & You’re out rule.

* First Incident: Verbal warning and removal from that day’s event (must leave the pool)
* Second Incident: Written warning with a 1 week suspension from all team activities (must NOT attend)
* Third Incident: One season suspension

A second season suspension will result in a lifetime ban from all Castlewood Dragon activities. Any swimmer, parent or coach that has been ejected from a meet or practice must leave the pool area for the remainder of the team activity and retire to the parking lot.

Any threat made by a manager/coach, parent, swimmer, any other person will not be tolerated. Threats will draw a punishment of an immediate 1-year suspension from the

Castlewood Dragons Swim Team.

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SWIMMERS SIGNATURES

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SWIMMERS NAMES

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PARENT NAME & SIGNATURE

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COACH NAME & SIGNATURE

PARENTS ARE EXPECTED TO REVIEW THIS

DOCUMENT AND DISCUSS IT WITH YOUR

CHILD-SWIMMER TO ENSURE THAT THEY

ALSO UNDERSTAND WHAT IS EXPECTED.

ALL MEMBERS AGREE TO THIS CODE OF CONDUCT PRIOR TO THE FIRST DAY OF PRACTICE.