

<b>WEST ISLAND SCHOOL Team Training Schedule</b>					
<b>SQUADS</b>	<b>Mon PM</b>	<b>Tue PM</b>	<b>Wed PM</b>	<b>Thu PM</b>	<b>Fri PM</b>
<b>Gold WIS - EDWARD BORJA</b>					
<b>Swim</b>	1835-2035		1835-2035		1830-2030
<b>Silver 1 WIS - ARNON SERAG</b>					
<b>Swim</b>	1835-1935		1835-1935		1830-1930
<b>Silver 2 WIS - ARNON SERAG</b>					
<b>Swim</b>	1935-2035		1935-2035		1930-2030
<b>Bronze WIS - CARLI BOTHA</b>					
<b>Swim</b>		1830 - 1930		1830-1930	
<b>CLUB TRAINING SQUAD - JEFFREY PADILLA</b>					
<b>Swim</b>		1930- 2030		1930- 2030	